

THE NATIONAL HEALTH AND MORBIDITY SURVEY 2012

W.P. KUALA LUMPUR

*Global School-Based Student
Health Survey 2012*

**THE NATIONAL HEALTH
AND
MORBIDITY SURVEY
2012**

(NMRR-11-974-10401)

**WILAYAH PERSEKUTUAN
KUALA LUMPUR
GLOBAL SCHOOL-BASED STUDENT
HEALTH SURVEY 2012**

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Executive Summary

The 2012 W.P. Kuala Lumpur GSHS was conducted from 23 February to 26 April 2012 involving Form 1 to 5 students from 14 schools throughout W.P. Kuala Lumpur. The survey used a two-stage cluster sampling design. The objectives of this study were to determine the prevalence of health-related behaviours, risky behaviours and protective factors among secondary school students in Malaysia. The survey was administered using self-administered questionnaire. The response rates at school levels was 100 % with a students' response rate was 86.1 % (1,773 of 2,060 students responded).

Key Findings

About 59.7% had their first drink of alcohol before the age of 14 years. The prevalence of current alcohol use was 7.2% and substantially almost half of them got their alcoholic drinks from their own families or bought themselves. Drunkenness was reported in 6.8% of the students. In relation to dietary behaviour, 9.2% of the students were at risk of becoming underweight, while 11.4% at risk of becoming obese. In the past 30 days, only 26.0% of the students consumed fruits and vegetables at least five times daily and almost one third of them drank carbonated drinks at least once daily. As for drug use, 98.6% of the students reported never use drug with 22 students reported used drugs in their lifetime.

Overall, 2.0% of the students reported brushing their teeth less than once daily and 85.0% brushed at least twice daily. Only 59.6% of students reported using fluoridated toothpaste. In the past 30 days, 3.7% never or rarely wash their hands after using the toilet and 12.3% never or rarely used soap when washing their hands. Suicidal ideation, suicidal plan, and attempted suicide were noted among 10.3%, 7.6% and 6.6% of the students. The inability to sleep at night due to worry was noted among 6.1% of the students, while loneliness was found in 9.6% and 3.4% reported having no close friend. With regards to physical activity, 25.5% of the students were found to be active, in the past seven days while almost half of them were engaged in sedentary activities. Parental or guardian supervision was reported in 12.1% of the students, while less than half of them claimed of both having parental or guardian connectedness and bonding. Truancy was reported in 27.0% of the students.

This study found that 8.9% of students ever had sex. About 7.9% of the students were current cigarette smokers. Among those who ever smoked, 67.9% first tried a cigarette before the age of 14 years. Almost half of the students reported exposure to secondhand smoke from parents or guardians who used any form of tobacco. Notably, 25.3% and 26.3% of the students were physically attacked and involved in a physical fight respectively, with 32.5% were had serious injury. Have been bullied was reported in 15.6% of the students, while 10.3% had been physically abused at home.

Recommendations

In cognizance of the findings, the following recommendations are made:

- i. Use of creative and innovative approaches such as engaging social media to promote healthy life styles particularly on increasing physical activity, reducing unhealthy fast food consumption and increasing consumption of fruits and vegetables, need to be explored.
- ii. The habit of taking breakfast among students need to be promoted through approaches such as allocating specific time for breakfast in school.
- iii. Sexual reproductive health education at homes, school and community should be strengthened.
- iv. Psychosocial factors that contribute to mental health problems particularly suicidal behaviors need to be further explored.

1.0 INTRODUCTION

In 2001, the WHO in collaboration with UNAIDS, UNESCO, UNICEF, and with technical assistance from the U.S. Centers for Disease Control and Prevention (CDC), initiated the development of the Global School-based Student Health Survey (GSHS). Since 2003, Ministries of Health and Education around the world have been using the GSHS to periodically monitor the prevalence of important health risk behaviours and protective factors among students. To date, more than 100 countries have completed a GSHS. This report describes results from the first GSHS conducted in W.P. Kuala Lumpur by the Ministry of Health Malaysia from 23 February until 26 April 2012.

The purpose of the GSHS is to provide accurate data on health behaviours and protective factors among students to:

- Help countries develop priorities, establish programmes, and advocate for resources for school health and youth health programmes and policies;
- Establish trends in the prevalence of health behaviours and protective factors for use in evaluation of school health and youth health promotion; and
- Allow countries, international agencies, and others to make comparisons across and within countries regarding the prevalence of health behaviours and protective factors.

The GSHS is a school-based survey conducted primarily among students aged 12-17 years. It measures behaviours and protective factors related to the leading causes of mortality and morbidity among youth and adults in Malaysia:

- Alcohol consumption
- Dietary behaviours
- Drug use
- Hygiene (including oral hygiene)
- Mental health problems
- Physical activity
- Protective factors
- Sexual behaviours that contribute to HIV infection, other STIs, and unintended pregnancy
- Tobacco use
- Violence and unintentional injury

1.1 Policies and Programmes for Adolescents in School

The government of Malaysia has developed various policies and programmes for adolescents and schoolchildren in the country as follows:

1.1.1 Adolescent Health Policy

The Adolescent Health Policy was developed in 2001(1). The objectives of the policy are to support the development of resilient adolescents through promotion of healthy and responsible living, preventing the health consequences of risk behaviours through promotion of wellness and provision of appropriate health care services, and promotion of active adolescent participation in health promotion and preventive activities.

1.1.2 Medical and Oral Healthcare Policy

The provision of medical and oral healthcare services to government or government aided educational institutions is mentioned in the Education Act 39, Chapter 12, section 64 and 65 (2). In line with this Act, the Ministry of Health provides comprehensive medical and oral healthcare to schoolchildren. Medical healthcare includes regular health screening and vaccination to the students while for oral healthcare, both oral health promotion and curative services are provided. In 2009, the School Health Teams visited 98.5% of secondary schools throughout Malaysia and provided services to 98% of Form 3 students. In addition to that, 75.6% of secondary school students were rendered oral healthcare through the school incremental oral healthcare programme.

The *Rancangan Kesihatan Sekolah* (School Health Programme), first established in 1967 was replaced by the *Program Bersepadu Sekolah Sihat* (Health Promoting School Programme) in 1997. This programme further strengthened the delivery of healthcare services to schoolchildren, while integrating other components towards a healthy school environment (4).

1.1.3 Mental Health Programme

In Malaysia, the initiative to improve the mental health of schoolchildren first started in 2011 and is targeted to be implemented in stages. This initiative, known as the Healthy Mind Programme focuses on early identification of students at risk through screening, early detection of symptoms, identification of stress factors, counseling and early referral to the psychiatrist, where necessary (5).

1.1.4 Tobacco Control Policy and Regulation

To curb tobacco consumption among adolescents in Malaysia, the Control of Tobacco Products Regulations 2004 (CTPR), sub-regulations 11 and 13 were enforced (6). The sub-regulations 11, 1(j) states that "No person shall smoke in any area in an educational institution or a higher educational institution". In addition, sub-regulation 13, states that "A person under 18 years who smokes, chews, buy or has in his possession any tobacco products, whether for his own consumption or not, commit an offence and shall on conviction be liable to a fine not exceeding one thousand ringgit".

1.1.5 National Nutrition Policy

The National Nutrition Policy is aimed at ensuring nutritional wellbeing of the population (7). Under this policy, the Healthy School Canteen Management Guide was published in 2011(8). This guideline serves as a reference for school canteen operators in providing a supportive environment for the sale of nutritious foods and beverages in schools. In 2012, the Guidelines for Healthy Eating in Schools was established to ensure obese and malnourished students are referred for appropriate management (9).

1.1.6 Policies Related to Social Issues

The National Child Policy (10) and the National Child Protection Policy (11) emphasize on the right of the child for survival, development, protection, rehabilitation and participation. These policies are in line with the Convention on the Rights of the Child (CRC) (12) and Child Act 2001(13). In line with the Child Act 2001, school authorities can refer students in need of protection to the Welfare Department who act as the "Protector" for the child.

In 2009, the National Policy on Social and Reproductive Health Education was introduced (14). In line with this policy, several modules have been developed to empower school children on sexual reproductive health knowledge and skills.

1.1.7 Other Related Activities

A national committee, the *Jawatankuasa 3K* (3K Committee) was established by the Ministry of Education in 2007 to focus on issues related to cleanliness, health and safety in schools (15). Subsequent to this, committees at various levels (states, district and school) were formed to monitor the activities within the scope of these committees.

Various circulars also exist towards ensuring the health, safety and wellbeing of the schoolchildren. To address issues like bullying, violence and drug abuse, *Surat Pekeliling Ikhtisas Bil.8/2010: Garis Panduan Mencegah dan Menangani Perbuatan Buli Dalam Kalangan Murid di Sekolah* (16) and *Surat Pekeliling Ikhtisas Bil.6/2000: Menangani Masalah Keselamatan, Dadah Dan Gengster* (17) were circulated.

Parent-Teacher Associations (PTA) also play a major role towards the success of programmes for the adolescents in school. In recognition of this, the Ministry of Education has established PTAs in all schools (18).

1.2 Research in Adolescent Health

A national study, the Youth Behaviour Risk Factor Surveillance (YBRFS) was conducted by the Institute for Health Behavioural Research in 2010. This study involved 4,088 students in Forms 1, 2 and 4 from 50 secondary schools (19). The Global Youth Tobacco Surveys were conducted in 2003 and 2009, to obtain information on tobacco consumption and its determinants (20, 21). Regional epidemiological oral health surveys for schoolchildren in Peninsular Malaysia were conducted in 1970 and 1988, while national level oral health surveys for schoolchildren were conducted in 1997 and 2007 (22, 23, 24, 25, 26). In addition to these national level studies, various smaller studies have been conducted to investigate risk behaviours and other health aspects among adolescents (27, 28).

2.0 METHODS

The 2012 W.P. Kuala Lumpur GSHS employed a two-stage cluster sampling design to produce a representative sample of students in Forms 1 to 5. The first-stage sampling frame consisted of all schools containing any of Forms 1 to 5. Schools were selected with probability proportional to school enrolment size. A total of 14 schools were selected to participate in the W.P. Kuala Lumpur GSHS. The second stage of sampling consisted of systematic random sampling of selected classrooms from each participating schools. All classrooms in each selected school were included in the sampling frame. All students in the sampled classrooms were eligible to participate in the GSHS.

A weighting factor was applied to each student record to adjust for non-response and for the varying probabilities of selection. The weight used for estimation is given by:

$$W = W1 * W2 * f1 * f2 * f3$$

- W1** = the inverse of the probability of selecting the school
- W2** = the inverse of the probability of selecting the classroom within the school
- f1** = a school-level non-response adjustment factor calculated by school size category (small, medium, large). The factor was calculated in terms of school enrollment instead of number of schools.
- f2** = a student-level non-response adjustment factor calculated by class
- f3** = a post-stratification adjustment factor calculated by class

The weighted results can be used to make important inferences about the priority health-risk behaviours and protective factors of all students in Forms 1 to 5.

For the 2012 W.P. Kuala Lumpur GSHS, 1773 questionnaires were completed in 14 schools. The school response rate was 100%, the student response rate was 86.1%, and the overall response rate was 86.1%.

The data set was cleaned and edited for inconsistencies. Missing data were not statistically imputed. Software that takes into consideration the complex sample design was used to compute prevalence estimates and 95% confidence intervals. GSHS data is representative of all students attending Forms 1 to 5 in W.P. Kuala Lumpur.

Data collection was conducted from 23 February to 26 April 2012. Approvals from both the Ministry of Health Research and Ethics Committee and Ministry of Education Ethics Committee were obtained prior to the survey implementation. Following that, approval from relevant Ministry of Education officials at state, district and selected school levels were obtained. Parental consent forms were distributed to all students from selected classes and non-consented students were considered as non-response.

Survey procedures were designed to protect student privacy by allowing for anonymous and voluntary participation. Students completed the self-administered questionnaire during two classroom periods and recorded their responses directly on a computer-scannable answer sheet. A team of data collectors were specially trained to conduct the GSHS. The data collectors included temporary staff and officials from the Institute for Public Health and Institute for Health Behavioural Research, Ministry of Health Malaysia.

The GSHS questionnaire contained 77 questions addressing the following topics:

- Alcohol consumption
- Dietary behaviours
- Drug use
- Hygiene (including oral hygiene)
- Mental health problems
- Physical activity
- Protective factors
- Sexual behaviours that contribute to HIV infection, other STIs, and unintended pregnancy
- Tobacco use
- Violence and unintentional injury

A bilingual questionnaire was developed based on the standard questionnaire used by the Global School-based Student Health Survey with additional local questions. A technical expert committee in the areas covered under GSHS was formed to finalize the questions.

2.1 Variable Definition

i. Alcohol Consumption

- Current alcohol use** : drinking at least one drink containing alcohol on one or more days during the past 30 days.
- A drink** : a glass of wine, tuak, lihing, bahar, ijuk or toddy; a bottle of beer; a small glass of liquor; or a mixed drink. Drinking alcohol does not include drinking a few sips of wine for religious purposes.
- Drunk** : Some signs of being really drunk are staggering when walking, not being able to speak right, and throwing up.

ii. Dietary Behavior

- At risk of becoming underweight** : body mass index below-2SD from median by age and sex.
- At risk of becoming overweight** : body mass index above+1SD from median by age and sex.
- At risk of becoming obese** : body mass index above+2SD by age and sex.
- Carbonated soft drinks** : includes Coca Cola, Sprite, and Pepsi (except diet soft drinks).
- Plain water** : includes mineral water, boiled water, or tap water.
- Fast food restaurant** : includes McDonalds, KFC and Pizza Hut.
- Breakfast** : a meal before 9.00 am.

iii. Drug Use

- Drug use** : includes taking of heroin, morphine, glue, methamphetamines, ecstasy, syabu, ice, ganja (except prescribed medicine).
- Ever used drug** : had used drug(s) at least once in their lifetime.
- Current use of/currently using drug** : had used drug(s) at least once in the past 30 days.

- iv. Physical Activity**
- Physical activity*** : any activity that increases the heart rate and makes one breathe hard. Examples of physical activities include sports, playing with friends, walking to school, running, fast walking, biking or dancing.
- Physically active*** : physically active for at least 60 minutes per day, for a minimum of five days per week (sum of all the time spent in any kind of physical activity each day).
- Sedentary behaviour*** : spent at least three hours or more per day during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities.
- v. Protective Factors**
- Truancy*** : missed class or school without permission for at least one day in the past 30 days.
- Peer support*** : students in their school were kind and helpful most of the time or always during the past 30 days.
- Parental or guardian supervision*** : parents or guardians had always or most of the time, checked to see if their homework was done in the past 30 days.
- Parental or guardian connectedness*** : parents or guardians had always or most of the time, understood their problems and worries in the past 30 days.
- Parental or guardian bonding*** : parents or guardians had always or most of the time, really knew what they were doing with their free time in the past 30 days.
- Parental or guardian respect for privacy*** : parents or guardians had never or rarely went through their things without their approval in the past 30 days.
- vi. Sexual Behaviour**
- Sexual intercourse*** : sexual acts of penetration of penis into vagina or anus.
- vii. Smoking**
- Current smoker*** : smoke cigarette or other tobacco products on one or more days in the past 30 days.
- Other tobacco products*** : tobacco products other than cigarettes including shisha/hookah, electronic cigarettes, snuff, chewing tobacco, pipes, curut, cigars, cigarillos or bidis.

viii. Violence and Unintentional Injury

- Physical attack** : occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two individuals or students of about the same strength or power choose to fight each other.
- Physical fight** : occurs when two individuals or students of about the same strength or power choose to fight each other.
- Serious injury** : injury resulting in student missing at least one full day of usual activities (such as school, sports, or a job) or requiring treatment by a doctor or medical personnel.
- Bullying** : occurs when a student or group of students say or do bad and unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.
- Physical abuse at home** : occurs when someone at home hit the student so hard that they left a mark or caused an injury.
- Verbal abuse at home** : occurs when someone at home says hurtful or insulting words to the student.

2.2. Objectives**2.2.1 General Objective**

To study the prevalence of health-related problems, risky behaviours and protective factors among secondary school students in W.P. Kuala Lumpur.

2.2.2 Specific Objectives

- i. To determine the prevalence of health-related problems such as poor personal hygiene, unhealthy dietary behaviours, physical inactivity, and mental health problems among students in W.P. Kuala Lumpur.
- ii. To identify the prevalence of risky behaviours in relation to alcohol consumption, tobacco use, illicit drug use, sexual behaviour and violence among students in W.P. Kuala Lumpur.
- iii. To assess the prevalence of protective factors against risky behaviours among students in W.P. Kuala Lumpur.

3.0 RESULTS

3.1 Socio-demographic Profile

Based on the Population and Housing Census Malaysia in 2010, the population of W.P. Kuala Lumpur accounted for was about 1.7 million (29). Adolescents between the ages of 10 to 20 years as 260 thousand or 15.5% of total population. In 2012, there were 107,547 students aged 12 to 17 years in a total of 97 secondary schools under Ministry of Education in W.P. Kuala Lumpur (30).

A total of 2,060 students from Form 1 to 5 were selected W.P. Kuala Lumpur from 14 randomly selected secondary schools and 1773 students or 86.1 % responding to our survey. 50.0% of the respondent were males (**Table 1.2**). About 21.0% were from Remove Class/Form 1, 20.1% were from Form 2, 19.8% were Form 3, 19.7% were Form 4 and the remaining 19.5% from Form 5 (**Table 1.3**). The ethnicity and parental marital status are shown in **Tables 1.4** and **1.5**.

3.2 Alcohol Consumption

Introduction

Worldwide, alcohol use causes 3% of deaths (1.8 million) annually, which is equal to 4% of the global disease burden. Across sub-regions of the world, the proportion of disease burden attributable to alcohol use is greatest in the Americas and Europe ranging from 8% to 18% of total burden for males and 2% to 4% of total burden for females. Besides the direct effects of intoxication and addiction, alcohol use causes about 20% to 30% of each of oesophageal cancer, liver disease, homicide and other intentional injuries, epilepsy, and motor vehicle accidents worldwide (31), and heavy alcohol use places one at greater risk for cardiovascular disease (32). In most countries, alcohol-related mortality is highest among 45 to 54 years, but the relationship between the age of initiation of alcohol use and the pattern of its use and abuse in adulthood makes the study of alcohol consumption among adolescents important (33). Intentional and unintentional injuries are far more common among youth and young adults. Unintentional injuries are the leading cause of death among 15 to 25 years and many of these injuries are related to alcohol use (34). Young people who drink are more likely to use tobacco and other drugs and engage in risky sexual behaviour, than those who do not drink (35, 36). Problems with alcohol can impair adolescents' psychological development and influence both the school environment and leisure time negatively (37).

Findings

The prevalence of current alcohol use among the student was 7.2% (95% CI: 4.34-11.79) (**Table 2.1.1**). Among students who ever consumed alcohol, 59.7% (95% CI: 50.44-68.29) had their first drink of alcohol before the age of 14 years (**Table 2.2.1**). Among the current drinkers, 24.8% (95% CI: 17.17-34.46) had drunk two or more drinks per day (**Table 2.3.1**). About, 4.7% (95% CI: 2.95-7.56) of the students reported drunkenness (**Table 2.4.1**). Overall, 1.9% (95% CI: 0.94-3.83) of the students got into trouble with their family and friends, missed school, or got into fights one or more times as a result of drinking alcohol (**Table 2.5.1**). Among current drinkers, 49.6% (95% CI: 32.94 -66.37) usually obtained alcohol drink from their family and purchases from shop [25.8% (95% CI: 15.73-39.21)] (**Table. 2.6.1**).

3.3 Dietary Behaviours

Introduction

Overweight in adolescence is associated with hyperlipidemia, raised blood pressure (hypertension), abnormal glucose tolerance, and adverse psychological and social consequences (38). These problems may persist into adulthood and increase the risks for coronary heart disease, diabetes, gallbladder disease, certain types of cancer, and osteoarthritis of the weight-bearing joints in later life. Nutritional deficiencies as a result of food insecurity (protein-energy malnutrition, iron, Vitamin A, and iodine deficiency) affect school participation and learning (39). Fruits and vegetables are good sources of complex carbohydrates, vitamins, minerals, and other substances which are important for good health. Dietary patterns that include higher intakes of fruits and vegetables are associated with several health benefits, including a decreased risk for some types of cancer (40).

Findings

Overall, 9.2% (95% CI: 6.71-12.47) of the students were at risk of becoming underweight (**Table 3.1**). About 27.3% (95% CI: 23.16-31.92) were at risk of becoming overweight (**Table 3.2**) while, 11.4% (95% CI: 8.18-15.62) were at risk of becoming obese (**Table 3.3**). In the past 30 days, 6.9% (95% CI: 4.74-9.87) of the students reported being hungry most of the time or always because there was not enough food in their home (**Table 3.4**). About, 42.4% (95% CI: 34.70-50.51) of the students reported consuming fruit at least twice daily. (**Table 3.5.1**) while, 27.2% (95% CI: 22.12-32.98) reported consuming vegetables at least three times daily (**Table 3.6.1**). A total of 26.0% (95% CI: 21.28-31.38) reported consuming both fruits and vegetables at least five times daily (**Table 3.6.2**). Generally, 30.0% (95% CI: 24.84-35.80) of students reported consuming soft drinks at least once daily (**Table 3.7.1**). A total of 7.2% (95% CI: 5.37-9.63) reported consuming food from a fast food restaurant at least three days in the past seven days (**Table 3.8.1**). About 59.2% (95% CI: 57.24-61.15) reported consumed plain water at least five times daily in the past 30 days (**Table 3.9**). Only 14.4% (95% CI: 12.02-17.24) reported they had a breakfast daily in the last seven days (**Table 3.10**). About 39.7% (95% CI: 36.23-43.21) of the students perceived they were slightly or very overweight. Females [47.5% (95% CI: 41.26-53.80)] were significantly more likely than males [31.8% (95% CI: 27.06-36.87)] to perceive their weight as slightly or very overweight (**Table 3.11.1**). Overall, 38.4% (95% CI: 34.91-42.01) reported trying to lose weight and it was significantly higher among females [45.2% (95% CI: 41.81-48.55)] than males [31.6% (24.61-39.61)] (**Table 3.12.1**). Overall, 75.0% (95% CI: 69.74-79.68) reported attempting to lose, gain or stay the same weight (**Table 3.12.2**).

3.4 Drug Use

Introduction

Globally, it is estimated that in 2010 between 153 million and 300 million people aged 15-64 (3.4-6.6 per cent of the world's population in that age group) had used an illicit substance at least once in the previous year. With estimated annual prevalence of cannabis use in 2010 ranging from 2.6 to 5 per cent of the adult population (between 119 million and 224 million estimated users aged 15-64), cannabis remains the world's most widely used illicit substance. In terms of prevalence, amphetamine-type stimulants (ATS) (excluding "ecstasy") remain second only to cannabis, with an estimated prevalence of 0.3-1.2 per cent in 2010 (between 14.3 million and 52.5 million users) (41).

Findings

Generally, 98.6% (97.47-99.23) of the students reported that they never use drug during their lifetime (**Table 4.1.1**). A total of 22 students reported ever used drugs in W.P. Kuala Lumpur (**Table 4.2.1**).

3.5 Hygiene (Including Oral Hygiene)

Introduction

Dental caries affect between 60-90% of children in developing countries and is the most prevalent oral disease among children in several Asian and Latin American countries. In Africa, the incidence of dental caries is expected to rise drastically in the near future due to increased sugar consumption and inadequate fluoride exposure (42). In Malaysia, findings from the recent epidemiological oral health survey of schoolchildren in 2007 showed that 80.4% of 12 years schoolchildren and 89.4% of 16 years children have unhealthy periodontal conditions (25, 26). In addition to causing pain and discomfort, poor oral health can affect children's ability to communicate and learn. More than 50 million school hours are lost annually because of oral health problems (43). In both developed and developing countries, many children do not have access to water fluoridation or professional dental care. Daily tooth cleaning or brushing with a fluoridated toothpaste can help prevent dental caries and periodontal disease (44). Diarrhoeal diseases kill nearly 2 million children every year. Hygiene education and the promotion of hand washing can reduce the number of diarrhoeal cases by 45% (45). About 400 million school aged children are infected with worms worldwide. These parasites consume nutrients from children they infect, cause abdominal pain and malfunction and can impair learning by slowing cognitive development (46).

Findings

Only 2.0% (95% CI: 1.17-3.24) of the students had brushed their teeth less than once daily in the past 30 days. A high prevalence of students reported brushing their teeth at least twice daily [85.0% (95% CI: 81.21-88.08)] (**Table 5.1.1**). Only 59.6% (95% CI: 53.88-65.01) reported use of fluoridated toothpaste and 30.6% (95% CI: 27.04-34.37) did not know whether their toothpaste contain fluoride (**Table 5.2**). About 5.5% (95% CI: 4.38-6.99) had missed class due to a toothache in the past 12 months. Significantly more males [7.4% (95% CI: 5.69-9.54)] missed class or school due to toothache than females [3.7% (95% CI: 3.03-4.52)] (**Table 5.3**). Only 44.1% (95% CI: 37.51-50.87) reported that they had their last dental visit in the past 12 months (**Table 5.4**). Overall, 15.6% (95% CI: 12.90-18.70) claimed that they avoided smiling or laughing due to the appearance of their teeth (**Table 5.5**). In the past 30 days, 5.3% (95% CI: 3.46-7.95) of the students never or rarely wash their hands before eating (**Table 5.6**). About 3.7% (95% CI: 2.74-4.92) reported never or rarely wash their hands after using the toilet (**Table 5.7**). A total of 12.3% (95% CI: 8.86-16.75) never or rarely used soap when washing their hands (**Table 5.8**).

3.6 Mental Health Problems

Introduction

Worldwide, approximately 20% of children and adolescents suffer from a disabling mental illness (47). Anxiety disorders, depression and other mood disorders, behavioural and cognitive disorders are among the most common mental health problems among adolescents (48). Half of all life time cases of mental disorders start by the age of 14 years. In Malaysia, the National Health and Morbidity Survey 2011 reported that prevalence of mental health problems among children and adolescent less than 16 years was 20.0% as compared to 19.4% in 2006 (49, 50). In every country and culture, there are children and adolescents who struggle with mental health problems. These young people are at high risk of delinquent behaviour, substance abuse, school failure, violent and criminal activities. Mental health problems among schoolchildren may lead to mental illness in adulthood. Suicide is the third leading cause of death among adolescents and worldwide, about 4 million adolescents attempt suicide each year (51, 52).

Findings

In the past 12 months, 9.6% (95% CI: 7.32-12.43) of the student had felt lonely most of the time or always (**Table 6.1**). Overall, 6.1% (95% CI: 4.02-9.06) were unable to sleep at night due to worry most of the time or always (**Table 6.2**). The prevalence of suicidal ideation was 10.3% (95% CI: 7.35-14.14) (**Table 6.3**). About 7.6% (95% CI: 5.65-10.18) had suicidal plan (**Table 6.4**) and 6.6% (95% CI: 4.35-9.96) had reported attempted suicide (**Table 6.5**). Overall, 3.4% (95% CI: 2.61-4.51) of the students had no close friend at all (**Table 6.6**).

3.7 Physical Activity

Introduction

Participating in adequate physical activity throughout the life span and maintaining normal weight are the most effective ways of preventing many chronic diseases, including cardiovascular disease and diabetes (53). The prevalence of type 2 diabetes is increasing globally and now is occurring during adolescence and childhood (54). Participating in adequate physical activity also helps build and maintain healthy bones and muscles, control weight, reduce blood pressure, ensure a healthy blood profile, reduce fat, and promote psychological wellbeing (55). It is estimated that about 60% of the world's population is not get enough physical activity. Patterns of physical activity acquired during childhood and adolescence are more likely to be maintained throughout the life span, thus sedentary behaviour adopted at a young age is likely to persist (56).

Findings

The prevalence of being physically active in the past seven days was 14.4% (95% CI: 10.67-19.26) (**Table 7.1**). Overall, 25.5% (95% CI: 19.67-32.38) had been physically active for at least five days in the past seven days (**Table 7.1.1**). About 33.0% (95% CI: 25.18-41.92) of students did not walk or ride a bicycle to or from school in the past seven days (**Table 7.2**). Overall, 59.0% (95% CI: 52.84-64.88) had engaged in sedentary activities (**Table 7.3.1**).

3.8 Protective Factors

Introduction

Adolescents who live in a social environment which provides meaningful relationships, encourages self-expression and also provides structure and boundaries, are less likely to initiate sex at a young age, less likely to experience depression, and less likely to use substances (57). Being liked and accepted by peers is crucial to young people's health development, and those who are not socially integrated are far more likely to exhibit difficulties with their physical and emotional health. Isolation from peers in adolescence can lead to feelings of loneliness and psychological symptoms. Interaction with friends tends to improve social skills and strengthen the ability to cope with stressful events (58). For most adolescents, school is the most important setting outside of the family. Adolescents who have a positive relationship with teachers and who have positive attitudes towards school are less likely to initiate sexual activity early, less likely to use substances, and less likely to experience depression. Parental bonding and connection are associated with lower levels of depression and suicidal ideation, alcohol use, sexual risk behaviours and violence (59).

Findings

The prevalence of truancy among the students in the past 30 days was 27.0% (95% CI: 19.43-36.11) (**Table 8.1**). Overall, 44.5% (37.00-52.18) reported of having peer support in the past 30 days (**Table 8.2**). Parental or guardian supervision was reported by 12.1% (9.57-15.09) of the students (**Table 8.3**) while, parental or guardian connectedness was reported by 33.1% (26.30-40.60) (**Table 8.4**). About 49.0% (44.79-53.28) reported of parental or guardian bonding (**Table 8.5**) and 77.0% (73.49-80.19) of the students reported having parental or guardian respect for privacy (**Table 8.6**).

3.9 Sexual Behaviours that Contribute to HIV Infection, Other STIs, and Unintended Pregnancy

Introduction

AIDS has killed more than 25 million people since 1981. As of 2011, an estimated 34 million people were living with HIV (60, 61). Young people between the ages of 15 and 24 years old are the most at risk group and accounted for 40% of those newly infected with HIV in 2009 (61, 62). Every day, 2,400 young people get infected with more than 5 million young people living with HIV/AIDS globally. Young people need to know ways of preventing sexual transmission of the virus such as through the usage of condom. Worldwide, about 16 million women between 15-19 years old give birth each year, and this is equivalent to 11% of all births (62). UNICEF reported 10-40% of young unmarried girls has had unintended pregnancies (62). Births to unmarried adolescent mothers are far more likely to be unintended and are more likely to end in induced abortion; and about 2.5 million adolescents have unsafe abortion every year (63). Adolescents faced a higher risk of complications and death as a result of pregnancy than older women.

Finding

The prevalence of students who had ever had sex was 8.9% (95% CI: 7.13-11.03) (**Table 9.1**).

3.10 Tobacco Use

Introduction

About 1.1 billion people worldwide smoke and the number of smokers continue to increase. Among these, about 84% live in developing and transitional economy countries. Currently 5 million people die each year from tobacco consumption, the second leading cause of death worldwide. If present consumption patterns continue, it is estimated that deaths from tobacco consumption will reach 10 million people per year by 2020 (64). The overwhelming majority of smokers begin tobacco use before they reach adulthood. Among those young people who smoke, nearly one quarter smoked their first cigarette before they reached the age of ten. Smokers have markedly increased risks of multiple cancers, particularly lung cancer, and are at far greater risk of heart disease, strokes, emphysema, and many other fatal and non-fatal diseases. If they chew tobacco, they are at risk for cancer of the lip, tongue and mouth. Children are at particular risk from adults' smoking. Adverse health effects include pneumonia and bronchitis, coughing and wheezing, worsening of asthma, middle ear disease, and possibly neuro-behavioural impairment and cardiovascular disease in adulthood. Many studies show that parental smoking is associated with higher youth smoking in youth (65).

Findings

The prevalence of current cigarettes smokers was 7.9% (95% CI: 5.36-11.49) with significantly more males [14.2% (95% CI: 10.45-19.05)] than females [1.6% (95% CI: 1.04-2.46)] (**Table 10.1.1**). Among those who ever smoked cigarettes, 67.9% (95% CI: 60.00-74.82) had first tried a cigarette before the age of 14 years (**Table 10.2.1**). Overall, 5.6% (95% CI: 3.83-8.26) currently smoked tobacco products other than cigarettes (**Table 10.3.1**). The prevalence of using shisha/hookah and in the past 30 days was 3.9% (95% CI: 2.48-6.15) (**Table 10.4**). Among those who smoked cigarettes in the past 12 months, 89.2% (95% CI: 82.35-93.55) had tried to stop smoking (**Table 10.5**). A total of 43.7% (95% CI: 39.32-48.21) reported having been exposed to people who smoked in their presence in the past seven days (**Table 10.6.1**). About 42.3% (95% CI: 38.53-46.24) had parents or guardians who used any form of tobacco including cigarettes (**Table 10.7**). Majority of the students, [87.2% (95% CI: 83.27-90.28)] reported they would definitely not smoke a cigarette the next 12 months and it was significantly higher among females [94.8% (95% CI: 92.41-96.50)] than males [79.5% (95% CI: 75.39-83.09)] (**Table 10.8**). Additionally, majority [86.9% (95% CI: 83.49-89.62)] reported they would definitely not smoke a cigarette if one of their best friends offered them cigarettes and this was significantly higher among females [94.4% (95% CI: 90.47-96.78)] than males [79.3% (95% CI: 76.15-82.07)] (**Table 10.9**). Among the non-smokers, 9.7% (95% CI: 7.71-12.05) were susceptible to smoking and this was significantly higher in males [13.4% (95% CI: 11.29-15.74)] than females [6.5% (95% CI: 4.14-9.95)] (**Table 10.10**).

3.11 Violence and Unintentional Injury

Introduction

Unintentional injuries is a major cause of death and disability among young children (66). Each year, about 875,000 children under the age of 18 years die from injuries and 10 to 30 million have their lives affected by injury. Injury is highly associated with age, and gender, in which males aged 10-14 years have 60% higher injury death rates than females. Teenagers aged 15-19 years have higher rates than those aged 10-14 years (64 compared to 29 per 100,000). Many unintentional injuries lead to permanent disability and brain damage, depression, substance abuse, suicide attempts, and the adoption of health risk behaviours. Victims of bullying have increased stress and a reduced ability to concentrate. Additionally, they are at increased risk for substance abuse, aggressive behavior and suicide attempts (67).

Findings

In the past 12 months, 25.3% (95% CI: 21.61-29.44) of the students had been physically attacked, and this is significantly more males [32.5% (95% CI: 26.27-39.32)] than females [18.2% (95% CI: 14.55-22.63)] reported this (**Table 11.1.1**). Overall, 26.3% (95% CI: 22.82-30.10) had been involved in a physical fight with significantly more males [34.2% (95% CI: 30.08-38.64)] than females [18.4% (95% CI: 15.24-22.13)] reporting this (**Table 11.2.1**). About 32.5% (95% CI: 28.75-36.43) of the students had been seriously injured, with significantly more males [39.2% (95% CI: 33.17-45.51)] than females [26.2% (95% CI: 21.72-31.29)] involved (**Table 11.3.1**). Among those who had been seriously injured, the two most common injuries were "a cut or stab wound" [26.4% (95% CI: 20.13-33.73)] and "broken bone or dislocated joint" [21.4% (95% CI: 18.03-25.22)] (**Table 11.4**). The two most common causes of serious injury were fall [34.8% (95% CI: 28.24-41.93)] and motor vehicle accidents [17.4% (95% CI: 10.14-28.28)] (**Table 11.5**). In the past 30 days, 15.6% (95% CI: 13.52-18.03) of the students had been bullied (**Table 11.6.1**). Reportedly, the two most common forms of bullying were "made fun because of body or face look" [22.4% (95% CI: 15.95-30.46)] and 16.9% (95% CI: 12.79-21.88) was 'made fun of with sexual jokes, comments or gestures' (**Table 11.7**). About 10.3% (95% CI: 7.60-13.77) of the students had been abused physically (**Table 11.8.1**) and 44.0% (95% CI: 39.39-48.70) had been abused verbally at home (**Table 11.9.1**) with significantly more females [52.8% (95% CI: 47.88-57.63)] than males [35.2% (95% CI: 30.61-40.15)] reporting this (**Table 11.9.1**).

4.0 DISCUSSION

The prevalence of current alcohol use in W.P. Kuala Lumpur was lower than the national prevalence (7.2% vs 8.9%). As in the other states, more than half of these students had their first drink before the age of 14 years and the prevalence was lower than the national prevalence (40.3% vs 63.5%). As in almost all the states, the most common source of alcoholic drink in W.P. Kuala Lumpur is the family. About half (51.2%) of current drinkers obtained their alcoholic drinks from their families and this prevalence was higher than the national figure (34.6%). Drunkenness among students in W.P. Kuala Lumpur was found to be lower than the national finding (4.7% vs 6.3%).

A higher prevalence of students are at risk of becoming underweight compared to the national finding (9.2% vs 8.8%). The prevalence for being at risk of overweight and obesity among were both observed to be higher compared to the national figures (27.3% vs 22.8% and 11.4% vs 9.5%, respectively). Consumption of fruit and vegetable was lower to than the national prevalence (26.0% vs 28.7%). The consumption of soft drinks and fast food were both observed to be higher compared to the national prevalence (30.0% vs 29.4% and 7.2% vs 6.0%, respectively). The prevalence of drinking plain water at least five times daily was higher than the finding at the national level (59.2% vs 54.8%). However less students took breakfast daily compared to the national prevalence (14.4% vs 19.2%).

The prevalence of students who never or rarely washed their hands before eating was almost similar to the national level (5.3% vs 5.0%), while the prevalence of those who never or rarely wash their hands after using the toilet and never or rarely used of soap when washing their hands were both lower than the national figures (3.7% vs 5.4% and 12.3% vs 13.7%, respectively). Majority of the students (85.0%) brushed their teeth at least twice daily and reportedly, the use of fluoridated toothpaste was almost similar compared to the national prevalence (59.6% vs 57.2%).

The prevalence of students who could not sleep at night due to worry was higher compared to the national finding (6.1% vs 5.4%). About 9.6% of students in W.P. Kuala Lumpur reported feeling lonely most of the time in the past 12 months and this figure is the highest in the country. More student mentioned they did not have friends compared to the national finding (3.4% vs 3.1%). The prevalence of suicidal ideation and plan were higher compared to the national figures (10.3% vs 7.9% and 7.6% vs 6.4%, respectively). However, the prevalence of suicidal attempt was almost similar to the national prevalence (6.6% vs 6.8%).

The prevalence of being physically active (spent at least 60 minutes daily on five or more days a week) was higher than the national figure (25.5% vs 22.7%). However, more students had engaged in sedentary activities such as watching television or playing computer game for at least three hours a day compared to the national prevalence (59.0% vs 47.3%).

Truancy among students was lower compared to the national prevalence (27.0% vs 30.9%). The prevalence of peer support was almost similar to the national finding (44.5% vs 44.3%). Parental or guardian bonding was higher than the national figure (49.0% vs 43.1%), while the prevalence of parental or guardian connectedness was almost similar to the national finding (33.1% vs 31.5%). However, parental or guardian supervision was lower than the national prevalence (12.1% vs 14.2%).

The prevalence of reported 'ever had sex' in W.P. Kuala Lumpur was higher compared to the national figure (8.9% vs 8.3%).

Reported current cigarette smokers was lower than the national prevalence (7.9% vs 11.5%), while current smokers of other tobacco products was almost similar to the national figure (5.6% vs 5.5%). Among those who ever smoked, about three quarters of them first tried a cigarette before the age of 14 years. The prevalence of exposure to secondhand smoke from people smoking in their presence and the reported prevalence of parents or guardians who used any form of tobacco were both almost similar to the national figures (43.7% vs 41.6% and 42.3% vs 40.2%, respectively). Among students who were non-smokers, the susceptibility to smoking was almost similar with the national prevalence (9.7% vs 9.6%).

Most of the violent behaviour assessed in this survey among the students in W.P. Kuala Lumpur was noted to be lower than the national levels.

5.0 CONCLUSION

In W.P. Kuala Lumpur, the prevalence of overweight and obesity were observed to be higher than the national figures. Additionally, in comparison to national level, consumption of fruits and vegetables were lower, while fast foods and soft drink consumption were noted to be higher, and more students missed breakfast daily. More students engaged in sedentary activities. Prevalence of 'ever had sex' and mental health problems particularly suicidal behaviour were also found to be higher than the national findings.

6.0 RECOMMENDATIONS

In cognizance of the findings, the following recommendations are made:

- i. Use of creative and innovative approaches such as engaging social media to promote healthy life styles particularly on increasing physical activity, reducing unhealthy fast food consumption and increasing consumption of fruits and vegetables, need to be explored.
- ii. The habit of taking breakfast among students need to be promoted through approaches such as allocating specific time for breakfast in school.
- iii. Sexual reproductive health education at homes, school and community should be strengthened.
- vi. Psychosocial factors that contribute to mental health problems particularly suicidal behaviors need to be further explored.

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APPENDIX 1 : TABLE OF FINDINGS

1.0 Socio-demographic Profile

Table 1.1: Students Form 1-5 by age group, W.P. Kuala Lumpur, 2012

Age	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
11 years	1	-	-	-	-	0	-	-	-	-	1	-	-	-	-			
12 years	8	-	-	-	-	2	-	-	-	6	-	-	-	-	-			
13 years	306	21058	19.6	15.82	23.94	152	9978	18.6	14.48	23.47	154	11080	20.6	16.71	25.13			
14 years	359	22748	21.1	17.34	25.49	167	11013	20.5	16.41	25.26	192	11734	21.8	16.38	28.45			
15 years	420	20833	19.3	17.33	21.55	193	11062	20.6	18.21	23.15	226	9725	18.1	13.88	23.21			
16 years	333	20000	18.6	15.79	21.72	139	10374	19.3	16.46	22.48	194	9626	17.9	14.35	22.10			
17 years	335	21777	20.2	15.57	25.85	141	10897	20.3	17.42	23.44	193	10816	20.1	12.73	30.29			
18 years or older	9	-	-	-	-	4	-	-	-	-	5	-	-	-	-			

Table 1.2: Students Form 1-5 by sex, W.P. Kuala Lumpur, 2012

Sex	Total				
	Unweighted Count	Estimated Population	95% CI		
			Lower	Upper	
Male	798	53775	50.0	40.32	59.68
Female	971	53781	50.0	40.32	59.68

Table 1.3: Students Form 1-5 by form, W.P. Kuala Lumpur, 2012

Form	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Remove Class/Form 1	329	22477	21.0	17.10	25.41	163	10579	19.8	15.72	24.61	165	11834	22.0	17.83	26.93			
Form 2	332	21542	20.1	16.33	24.44	160	10710	20.0	15.96	24.84	172	10832	20.2	14.99	26.60			
Form 3	438	21258	19.8	17.31	22.59	192	10742	20.1	18.19	22.14	246	10516	19.6	14.74	25.56			
Form 4	349	21092	19.7	16.66	23.07	141	10743	20.1	15.13	26.18	207	10303	19.2	16.16	22.63			
Form 5	317	20891	19.5	14.23	26.07	138	10689	20.0	14.28	27.26	179	10202	19.0	12.08	28.60			

Note:
 - Fewer than 30 cases

Table 1.4: Students Form 1-5 by ethnicity, W.P. Kuala Lumpur, 2012

Ethnicity	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Malay	1118	68480	63.7	46.33	78.11	481	32838	61.1	37.88	80.13	637	35642	66.5	53.15	77.60			
Chinese	427	25180	23.4	14.22	36.07	189	12428	23.1	12.91	37.87	237	12689	23.7	14.37	36.41			
Indian	189	11726	10.9	3.49	29.28	112	7433	13.8	2.53	49.77	76	4247	7.9	5.97	10.43			
Bumiputera	9	-	-	-	-	3	-	-	-	-	6	-	-	-	-			
Sabah	5	-	-	-	-	4	-	-	-	-	1	-	-	-	-			
Sarawak	20	-	-	-	-	9	-	-	-	-	11	-	-	-	-			
Others	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-			

Table 1.5: Students Form 1-5 by parental marital status, W.P. Kuala Lumpur, 2012

Parental Marital Status	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Married and living together	1514	91920	85.4	81.82	88.46	686	46004	85.5	80.45	89.49	827	45870	85.4	81.22	88.84			
Married but living apart	36	2216	2.1	1.65	2.57	18	1288	2.39	1.51	3.78	18	928	1.73	1.04	2.85			
Divorced	106	6381	5.9	4.18	8.35	40	2615	4.9	3.34	7.03	66	3765	7.0	4.77	10.19			
Widower	69	4252	4.0	2.71	5.74	29	2118	3.94	1.66	9.07	39	2070	3.9	2.59	5.70			
Separated	23	-	-	-	-	8	-	-	-	-	15	-	-	-	-			
Do not know	21	-	-	-	-	17	-	-	-	-	4	-	-	-	-			

Note:

- Fewer than 30 cases

2.0 Alcohol Consumption

Table 2.1: Number of days had at least one drink containing alcohol in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 day	1627	98979	92.8	88.21	95.66	729	49080	92.5	84.00	96.70	896	49788	93.0	89.20	95.54			
1 or 2 days	106	6225	5.8	3.82	8.82	43	2872	5.4	2.47	11.47	63	3353	6.3	3.43	11.17			
3 to 5 days	10	-	-	-	-	5	-	-	-	-	5	-	-	-	-			
6 to 9 days	5	-	-	-	-	4	-	-	-	-	1	-	-	-	-			
10 to 19 days	3	-	-	-	-	2	-	-	-	-	1	-	-	-	-			
20 to 29 days	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-			
all 30 days	5	-	-	-	-	4	-	-	-	-	1	-	-	-	-			

Table 2.1.1: Prevalence of drank at least one drink containing alcohol on one or more days in the past 30 days (current drinkers), students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	Lower	Upper	95% CI	Unweighted Count	Estimated Population	%	Lower	Upper	95% CI	Unweighted Count	Estimated Population	%	Lower	Upper	95% CI
Yes	129	7704	7.2	4.34	11.79	58	3959	7.5	3.30	16.00	71	3745	7.0	4.46	10.80			
No	1627	98979	92.8	88.21	95.66	729	49080	92.5	84.00	96.70	896	49788	93.0	89.20	95.54			

Table 2.2: Age when had first drink of alcohol, students Form 1-5, W.P. Kuala Lumpur, 2012

Age	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never had a drink of alcohol	1407	85750	82.3	74.52	88.03	625	42035	81.9	70.60	89.46	782	43716	82.7	75.14	88.38			
7 years or younger	36	2085	2.0	1.06	3.73	21	1273	2.5	1.23	4.95	15	812	1.5	0.66	3.54			
8 or 9 years	27	-	-	-	-	11	-	-	-	-	16	-	-	-	-			
10 or 11 years	46	2587	2.5	1.54	3.97	13	869	1.7	0.90	3.15	33	1717	3.3	1.90	5.51			
12 or 13 years	80	4736	4.5	3.24	6.34	32	2045	4.0	2.67	5.89	48	2691	5.1	2.93	8.71			
14 or 15 years	73	4171	4.0	2.71	5.88	28	1930	3.8	2.30	6.09	44	2177	4.1	2.51	6.69			
16 years or older	48	3283	3.1	1.41	6.88	32	2473	4.8	1.89	11.73	16	810	1.5	0.55	4.18			

Note:

- Fewer than 30 cases

Table 2.2.1: First drink of alcohol before the age of 14 years, among current drinker, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	189	11036	59.7	50.44	68.29	77	4907	52.7	41.13	64.00	112	6129	67.2	58.00	75.30			
No	121	7454	40.3	31.71	49.56	60	4403	47.3	36.00	58.87	60	2987	32.8	24.70	42.00			

Table 2.3: Number of drinks usually taken on the day that alcohol is consumed in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Drinks	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Did not drink alcohol in the past 30 days	1606	97615	91.2	85.54	94.81	719	48288	90.8	81.31	95.75	885	49217	91.6	85.04	95.45			
less than one drink	82	4773	4.5	2.54	7.72	32	2163	4.1	1.93	8.39	50	2610	4.9	2.49	9.28			
1 drink	39	2285	2.1	1.18	3.85	18	1143	2.2	0.79	5.69	21	1142	2.1	0.91	4.87			
2 drinks	14	-	-	-	-	6	-	-	-	-	8	-	-	-	-			
3 drinks	8	-	-	-	-	6	-	-	-	-	2	-	-	-	-			
4 drinks	2	-	-	-	-	1	-	-	-	-	1	-	-	-	-			
5 or more drinks	11	-	-	-	-	8	-	-	-	-	3	-	-	-	-			

Table 2.3.1: Prevalence of taking at least two drinks on the day that alcohol is consumed in the past 30 days, among current drinkers, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	35	2330	24.8	17.17	34.46	21	1572	32.2	24.61	40.94	14	758	16.8	7.65	33.01			
No	121	7057	75.2	65.54	82.83	50	3306	67.8	59.06	75.39	71	3752	83.2	66.99	92.35			

Note

- Fewer than 30 cases

Table 2.4: Number of times got drunk in their lifetime, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Times	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI			
			Lower	Upper					Lower	Upper					Lower	Upper		
0 time	1675	101656	95.3	92.44	97.05	743	49888	94.1	89.92	96.61	930	51658	96.4	94.29	97.73			
1 or 2 times	62	3800	3.6	2.08	6.03	33	2303	4.3	2.19	8.42	29	1497	2.8	1.73	4.47			
3 to 9 times	13	-	-	-	-	8	-	-	-	-	5	-	-	-	-			
10 or more times	8	-	-	-	-	4	-	-	-	-	4	-	-	-	-			

Table 2.4.1: Prevalence of drunkenness, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI			
			Lower	Upper					Lower	Upper					Lower	Upper		
Yes	83	5067	4.7	2.95	7.56	45	3127	5.9	3.39	10.08	38	1940	3.6	2.27	5.71			
No	1675	101656	95.3	92.44	97.05	743	49888	94.1	89.92	96.61	930	51658	96.4	94.29	97.73			

Table 2.5: Number of times “got into trouble with family or friends, missed school, or got into fight, as a result of drinking alcohol”, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Times	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI			
			Lower	Upper					Lower	Upper					Lower	Upper		
0 time	1714	104129	98.1	96.17	99.06	766	51612	98.0	92.96	99.45	947	52453	98.2	96.92	98.94			
1 or 2 times	24	-	-	-	-	11	-	-	-	-	13	-	-	-	-			
3 to 9 times	7	-	-	-	-	4	-	-	-	-	3	-	-	-	-			
10 or more times	2	-	-	-	-	1	-	-	-	-	1	-	-	-	-			

Table 2.5.1: Prevalence of ever “got into trouble with family or friends, missed school, or got into fights, as a result of drinking alcohol”, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI		Estimated Population	%	Unweighted Count	Estimated Population	95% CI			
			Lower	Upper					Lower	Upper					Lower	Upper		
Yes	33	2023	1.9	0.94	3.83	16	1054	2.0	0.55	7.04	17	969	1.8	1.06	3.08			
No	1714	104129	98.1	96.17	99.06	766	51612	98.0	92.96	99.45	947	52453	98.2	96.92	98.94			

Note

- Fewer than 30 cases

Table 2.6: Usual sources of obtaining alcohol in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Source	Total						Male						Female					
	Unweighted Count	Estimated Population	%		95% CI		Unweighted Count	Estimated Population	%		95% CI		Unweighted Count	Estimated Population	%		95% CI	
			Lower	Upper	Lower	Upper			Lower	Upper	Lower	Upper						
Did not drink alcohol in the past 30 days	1610	98095	91.5	87.19	94.49	724	48750	91.4	84.16	95.52	884	49235	91.6	87.14	94.63			
Bought in a store,shop or from street vendor	35	2340	2.2	0.92	5.09	23	1664	3.1	1.13	8.35	12	676	1.3	0.49	3.20			
Gave someone else money to buy it	2	-	-	-	-	2	-	-	-	-	6	-	-	-	-			
*Friends	16	-	-	-	-	10	-	-	-	-	56	-	-	-	-			
Family	82	4507	4.2	2.96	5.94	26	1623	3.0	1.23	7.36	2	139	0.3	0.05	1.34			
Stole or got it without permission	2	-	-	-	-	0	-	-	-	-	0	-	-	-	-			
Some other way	16	-	-	-	-	6	-	-	-	-	10	-	-	-	-			

Table 2.6.1: Usual sources of obtaining alcohol in the past 30 days, among current drinkers, students Form 1-5, W.P. Kuala Lumpur, 2012

Source	Total						Male						Female					
	Unweighted Count	Estimated Population	%		95% CI		Unweighted Count	Estimated Population	%		95% CI		Unweighted Count	Estimated Population	%		95% CI	
			Lower	Upper	Lower	Upper			Lower	Upper	Lower	Upper						
Store,shop/street vendor	35	2340	25.8	15.73	39.21	23	1664	36.3	21.08	54.89	12	676	15.0	7.98	26.50			
Gave someone else money to buy it	2	-	-	-	-	2	-	-	-	-	0	-	-	-	-			
Friends	16	-	-	-	-	10	-	-	-	-	6	-	-	-	-			
Family	82	4507	49.6	32.94	66.37	26	1623	35.4	14.16	64.62	2	139	3.1	0.63	13.79			
Stole/got without permission	2	-	-	-	-	0	-	-	-	-	0	-	-	-	-			
Some other way	16	-	-	-	-	6	-	-	-	-	10	-	-	-	-			

Note:
 - Fewer than 30 cases

3.0 Dietary Behaviours

Table 3.1: Prevalence of underweight among students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	148	9604	9.2	6.71	12.47	90	6070	11.7	8.02	16.76	58	3534	6.7	4.77	9.39			
No	1572	94862	90.8	87.53	93.29	680	45811	88.3	83.24	91.98	892	49050	93.3	90.61	95.23			

Table 3.2: Prevalence of overweight among students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	468	28541	27.3	23.16	31.92	227	15201	29.3	22.64	36.98	241	13340	25.4	22.65	28.30			
No	1252	75925	72.7	68.08	76.84	543	36681	70.7	63.02	77.36	709	39244	74.6	71.70	77.35			

Table 3.3: Prevalence of obesity among students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	192	11892	11.4	8.18	15.62	109	7360	14.2	9.61	20.45	83	4532	8.6	6.74	10.96			
No	1528	92574	88.6	84.38	91.82	661	44521	85.8	79.55	90.39	867	48053	91.4	89.04	93.26			

Table 3.4 : Prevalence* of students who had gone hungry because there was not enough food at home in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	662	39576	36.8	31.54	42.39	269	17900	33.3	27.41	39.73	391	21565	40.2	32.05	48.90			
Rarely	494	30239	28.1	24.81	31.68	243	16278	30.3	24.79	36.37	251	13961	26.0	22.65	29.69			
Sometimes	498	30334	28.2	22.89	34.21	233	15792	29.4	24.34	34.96	265	14542	27.1	19.68	36.06			
Most of the time	61	3821	3.6	2.73	4.61	24	1750	3.3	2.05	5.13	37	2070	3.9	2.74	5.41			
Always	54	3577	3.3	1.94	5.65	29	2055	3.8	1.89	7.57	25	2.8	1.57	5.06	2.8			
*Most of the time or always	115	7397	6.9	4.74	9.87	53	3805	7.1	4.17	11.75	62	3592	6.7	4.57	9.71			

Table 3.5: Frequency of fruit intake daily in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Did not eat fruit in the past 30 days	128	7929	7.4	5.58	9.71	51	3567	6.7	4.05	10.76	75	4251	7.9	6.14	10.17			
Less than 1 time per day	426	25820	24.0	18.79	30.22	199	13374	25.0	17.86	33.71	227	12447	23.2	19.01	27.98			
1 time per day	465	28082	26.2	23.41	29.10	192	13153	24.5	21.87	27.43	273	14929	27.8	24.00	31.99			
2 times per day	437	26502	24.7	15.87	36.28	192	12840	24.0	12.74	40.47	245	13662	25.5	18.67	33.69			
3 times per day	177	10684	10.0	7.67	12.82	92	6011	11.2	7.03	17.42	85	4673	8.7	6.86	11.00			
4 times per day	51	3014	2.8	2.14	3.67	26	3.1	2.03	4.59	3.1	25	2.6	1.84	3.56	2.6			
5 or more times per day	82	5341	5.0	3.48	7.06	43	3009	5.6	3.43	9.07	39	2331	4.3	2.82	6.63			

Table 3.5.1: Prevalence of fruit intake of at least twice daily in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	747	45541	42.4	34.70	50.51	353	23499	43.8	34.40	53.77	394	22042	41.1	34.23	48.28			
No	1019	61831	57.6	49.49	65.30	442	30094	56.2	46.23	65.60	575	31627	58.9	51.72	65.77			

Table 3.6: Daily frequency of vegetable intake in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Did not eat vegetables in the past 30 days	1001	6259	5.8	4.78	7.07	46	3179	5.9	5.05	6.93	54	3080	5.7	4.12	7.95			
Less than 1 time per day	223	13529	12.6	10.75	14.68	113	7687	14.3	11.40	17.81	110	5843	10.9	8.67	13.59			
1 time per day	444	26720	24.9	21.46	28.60	176	11997	22.3	17.33	28.30	268	14724	27.4	24.06	31.09			
2 times per day	527	31730	29.5	26.15	33.13	232	15494	28.8	24.13	34.07	294	16190	30.2	25.64	35.12			
3 times per day	263	16155	15.0	13.36	16.87	127	8436	15.7	11.91	20.43	135	7655	14.3	12.90	15.75			
4 times per day	76	4785	4.5	3.38	5.84	40	2722	5.1	3.55	7.19	36	2063	3.8	2.67	5.51			
5 or more times per day	135	8308	7.7	4.67	12.53	63	4196	7.8	3.28	17.50	72	4111	7.7	5.64	10.32			

Table 3.6.1: Prevalence of vegetable intake of at least three times daily in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	Unweighted Count	Estimated Population	95% CI	
			Lower	Upper						Lower	Upper						Lower	Upper
Yes	474	29248	27.2	22.12	32.98	230	15354	28.6	20.45	38.40	243	13830	25.8	22.94	28.82	22.94	25.8	28.82
No	1294	78238	72.8	67.02	77.88	567	38356	71.4	61.60	79.55	726	39836	74.2	71.18	77.06	71.18	74.2	77.06

Table 3.6.2: Prevalence of fruits and vegetable intake of at least five times daily in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	Unweighted Count	Estimated Population	95% CI	
			Lower	Upper						Lower	Upper						Lower	Upper
Yes	453	27888	26.0	21.28	31.38	223	14852	27.7	20.05	37.04	230	13037	24.3	21.98	26.88	21.98	24.3	26.88
No	1310	79303	74.0	68.62	78.72	571	38675	72.3	62.96	79.95	737	40517	75.7	73.12	78.02	73.12	75.7	78.02

Table 3.7: Daily frequency for consumption of carbonated soft drinks in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	Unweighted Count	Estimated Population	95% CI	
			Lower	Upper						Lower	Upper						Lower	Upper
Did not drink carbonated soft drink in past 30 days	366	22203	20.7	18.56	23.09	147	10088	18.9	16.26	21.86	218	12051	22.5	19.35	25.98	19.35	22.5	25.98
Less than 1 time per day	877	52706	49.2	43.91	54.56	387	25786	48.3	41.64	55.05	490	26920	50.2	44.35	56.13	44.35	50.2	56.13
1 time per day	280	16962	15.8	13.35	18.69	134	9098	17.0	14.16	20.38	145	7818	14.6	10.59	19.77	10.59	14.6	19.77
2 times per day	121	7710	7.2	5.39	9.56	57	3916	7.3	5.22	10.22	64	3794	7.1	4.63	10.69	4.63	7.1	10.69
3 times per day	64	3983	3.7	2.27	6.04	37	2443	4.6	2.53	8.14	27	2.9	1.67	4.90	4.90	1.67	2.9	
4 times per day	24	-	-	-	-	11	-	-	-	-	13	-	-	-	-	-	-	-
5 or more times per day	30	1962	1.8	1.11	3.01	19	1290	2.4	1.36	4.27	11	672	1.3	0.56	2.81	0.56	1.3	2.81

Note:

- Fewer than 30 cases

Table 3.7.1: Prevalence of at least once a day consumption of carbonated soft drinks in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	519	32159	30.0	24.84	35.80	258	17502	32.8	27.05	39.09	260	14611	27.3	20.38	35.44			
No	1243	74908	70.0	64.20	75.16	534	35874	67.2	60.91	72.95	708	38971	72.7	64.56	79.62			

Table 3.8: Frequency of consuming food from a fast food restaurant in the past seven days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
0 day	802	48884	45.5	42.14	48.86	379	25574	47.6	41.32	53.97	421	23200	43.2	38.57	48.02			
1 day	646	38984	36.3	34.16	38.43	275	18405	34.3	31.82	36.78	371	20579	38.4	34.75	42.08			
2 days	191	11867	11.0	9.88	12.32	82	5679	10.6	8.53	13.03	109	6188	11.5	9.72	13.63			
3 days	72	4281	4.0	3.31	4.78	29	1898	3.5	2.69	4.62	43	2383	4.4	3.13	6.27			
4 days	24	-	-	-	-	12	-	-	-	-	12	-	-	-	-			
5 days	11	-	-	-	-	7	-	-	-	-	4	-	-	-	-			
6 days	5	-	-	-	-	3	-	-	-	-	2	-	-	-	-			
7 days	17	-	-	-	-	10	-	-	-	-	7	-	-	-	-			

Table 3.8.1: Prevalence of consuming of food from a fast food restaurant of at least three days in the past seven days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	129	7754	7.2	5.37	9.63	61	4064	7.6	4.56	12.30	68	3691	6.9	4.84	9.68			
No	1639	99736	92.8	90.37	94.63	736	49658	92.4	87.70	95.44	901	49967	93.1	90.32	95.16			

Note: — Fewer than 30 cases

Table 3.9: Daily frequency of plain water intake in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Did not drink plain water in past 30 days	8	-	-	-	-	4	-	-	-	-	-	4	-	-	-	-	-	
Less than 1 time per day	43	2626	2.5	1.57	3.83	15	1033	1.9	1.04	3.57	28	1593	3.0	1.92	4.61	1.92	4.61	
1 time per day	58	3573	3.3	2.28	4.87	25	1738	3.3	2.30	4.60	33	1835	3.4	2.01	5.82	2.01	5.82	
2 times per day	102	6256	5.9	4.82	7.11	52	3438	6.4	5.06	8.17	50	2818	5.3	4.11	6.76	4.11	6.76	
3 times per day	226	13842	13.0	11.38	14.73	95	6613	12.4	9.64	15.80	131	7229	13.6	12.15	15.09	12.15	15.09	
4 times per day	272	16741	15.7	13.89	17.65	126	8635	16.2	13.43	19.38	145	8042	15.1	12.92	17.53	12.92	17.53	
5 or more times per day	1049	63235	59.2	57.24	61.15	475	31603	59.2	56.78	61.63	573	31587	59.2	55.36	62.99	55.36	62.99	

Table 3.10: Prevalence of breakfast intake in the past seven days, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
0 day	506	30630	28.6	24.52	33.00	225	15067	28.2	23.70	33.08	280	15517	29.0	23.68	34.88	23.68	34.88	
1 day	215	13268	12.4	9.71	15.64	104	7090	13.2	9.98	17.38	111	6179	11.5	8.46	15.53	8.46	15.53	
2 days	251	15324	14.3	11.78	17.23	109	7303	13.6	9.78	18.71	142	8021	15.0	12.78	17.46	12.78	17.46	
3 days	175	10944	10.2	8.94	11.63	84	5765	10.8	9.27	12.48	91	5179	9.7	7.78	11.96	7.78	11.96	
4 days	86	5547	5.2	3.87	6.89	40	2901	5.4	3.55	8.18	46	2646	4.9	3.50	6.93	3.50	6.93	
5 days	213	12302	11.5	9.57	13.70	82	5401	10.1	7.70	13.12	130	6837	12.8	10.70	15.16	10.70	15.16	
6 days	63	3715	3.5	2.37	5.04	34	2232	4.2	2.51	6.84	29	1483	2.8	1.79	4.27	1.79	4.27	
7 days	255	15478	14.4	12.02	17.24	117	7762	14.5	12.70	16.51	138	7715	14.4	10.69	19.12	10.69	19.12	

Table 3.11: Perception of body weight, students Form 1-5, W.P. Kuala Lumpur, 2012

Perception	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Very underweight	147	9316	8.9	7.24	10.94	83	5615	10.8	9.67	12.12	64	3700	7.0	4.93	9.95	4.93	9.95	
Slightly underweight	238	15229	14.6	12.86	16.49	152	10470	20.2	16.20	24.90	86	4759	9.1	7.46	10.94	7.46	10.94	
Right weight	636	38468	36.8	33.95	39.81	288	19277	37.2	33.34	41.22	347	19144	36.4	30.99	42.21	30.99	42.21	
Slightly overweight	557	33254	31.8	29.48	34.29	199	13482	26.0	22.70	29.63	358	19772	37.6	33.34	42.08	33.34	42.08	
Very overweight	139	8174	7.8	6.25	9.76	46	2979	5.7	3.98	8.24	93	5195	9.9	7.53	12.86	7.53	12.86	

Note: — Fewer than 30 cases

Table 3.11.1: Prevalence for perception of being slight or very overweight, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
			Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	696	41428	39.7	36.23	43.21	245	16462	31.8	27.06	36.87	451	24967	47.5	41.26	53.80				
No	1021	63012	0.6	56.8	63.8	523	35363	68.2	63.13	72.94	497	27603	52.5	46.20	58.74				

Table 3.12: Action taken based on perceived weight, students Form 1-5, W.P. Kuala Lumpur, 2012

Action Taken	Total						Male						Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
			Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Not trying to do anything	435	26428	25.0	20.32	30.26	194	13106	24.8	18.76	31.99	241	13322	25.2	20.37	30.7				
Tried to lose weight	680	40654	38.4	34.91	42.01	249	16728	31.6	24.61	39.61	430	23880	45.2	41.81	48.55				
Tried to gain weight	271	17269	16.3	11.66	22.35	167	11399	21.6	12.76	34.06	103	5806	11.0	7.94	14.99				
Tried to maintain the same weight	356	21517	20.3	16.70	24.50	174	11646	22.0	17.62	27.16	182	9872	18.7	15.14	22.79				

Table 3.12.1: Prevalence of attempting to lose weight, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
			Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	680	40654	38.4	34.91	42.01	249	16728	31.6	24.61	39.61	430	23880	45.2	41.81	48.55				
No	1062	65215	61.6	57.99	65.09	535	36151	68.4	60.39	75.39	526	29000	54.8	51.45	58.19				

Table 3.12.2: Prevalence of attempting either to lose, gain or maintain their weight, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female						
	Unweighted Count	Estimated Population	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
			Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	1307	79440	75.0	69.74	79.68	590	39773	75.2	68.01	81.24	715	39557	74.8	69.29	79.63				
No	435	26428	25.0	20.32	30.26	194	13106	24.8	18.76	31.99	241	13322	25.2	20.37	30.71				

4.0 Drug Use

Table 4.1: Frequency of ever used drug, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
0 time	1748	106092	98.6	97.47	99.23	98.3	52783	98.3	95.22	99.40	98.9	53199	98.9	98.34	99.29			
1 or 2 times	13	-	-	-	-	-	7	-	-	-	-	6	-	-	-			
3 to 9 times	5	-	-	-	-	-	2	-	-	-	-	3	-	-	-			
10 to 19 times	1	-	-	-	-	-	0	-	-	-	-	1	-	-	-			
20 or more times	3	-	-	-	-	-	3	-	-	-	-	0	-	-	-			

Table 4.1.1: Prevalence of ever used drugs, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Yes	22	-	-	-	-	-	12	-	-	-	-	10	-	-	-	-		
No	1748	106092	98.6	97.47	99.23	98.3	52783	98.3	95.22	99.40	98.9	53199	98.9	98.34	99.29			

Table 4.2 : Age when first need drugs Form 1-5, W.P. Kuala Lumpur, 2012

Age	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		%	Unweighted Count	Estimated Population	%	95% CI		
				Lower	Upper					Lower	Upper					Lower	Upper	
Never used drug	1719	104218	98.3	97.09	99.07	97.8	51407	97.8	94.91	99.06	98.9	52701	98.9	98.13	99.35			
7 years or younger	5	-	-	-	-	-	4	-	-	-	-	1	-	-	-			
8 or 9 years	4	-	-	-	-	-	4	-	-	-	-	0	-	-	-			
10 or 11 years	2	-	-	-	-	-	0	-	-	-	-	2	-	-	-			
12 or 13 years	3	-	-	-	-	-	2	-	-	-	-	1	-	-	-			
14 or 15 years	6	-	-	-	-	-	2	-	-	-	-	4	-	-	-			
16 years or older	5	-	-	-	-	-	3	-	-	-	-	2	-	-	-			

Note:

— Fewer than 30 cases

Table 4.2.1: Prevalence of first use of drug before age of 14 years, among ever used drugs, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	14	-	-	-	-	10	-	-	-	-	4	-	-	-				
No	11	-	-	-	-	5	-	-	-	-	6	-	-	-				

Table 4.3: Frequency of drug use among current drug users, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1758	106753	99.2	97.21	99.75	788	53013	98.6	96.05	99.50	968	53629	99.7	98.10	99.96			
1 or 2 times	10	-	-	-	-	9	-	-	-	-	1	-	-	-				
3 to 9 times	3	-	-	-	-	1	-	-	-	-	2	-	-	-				
10 to 19 times	0	-	-	-	-	0	-	-	-	-	0	-	-	-				
20 or more times	0	-	-	-	-	0	-	-	-	-	0	-	-	-				

Table 4.3.1: Prevalence of current drug users, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	13	-	-	-	-	10	-	-	-	-	3	-	-	-				
No	1758	106753	99.2	97.21	99.75	788	53013	98.6	96.05	99.50	968	53629	99.7	98.10	99.96			

Note:

- Fewer than 30 cases

Table 4.4: Usual sources of obtaining drugs in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Source	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Did not use drug in the past 30 days	1751	106313	98.9	97.55	99.47	784	52744	98.3	96.19	99.26	965	53458	99.4	98.74	99.72			
* Bought from someone	3	-	-	-	-	1	-	-	-	-	2	-	-	-	-			
Gave someone else money to buy it	4	-	-	-	-	4	-	-	-	-	0	-	-	-	-			
Stole/got without permission	3	-	-	-	-	3	-	-	-	-	0	-	-	-	-			
Friends	7	-	-	-	-	3	-	-	-	-	4	-	-	-	-			
Family	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-			
Some other way	1	-	-	-	-	1	-	-	-	-	0	-	-	-	-			

Table 4.4.1: Prevalence of purchasing drug from someone in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	3	-	-	-	-	1	-	-	-	-	2	-	-	-	-			
No	15	-	-	-	-	11	-	-	-	-	4	-	-	-	-			

Table 4.5: Frequency of ever used marijuana, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1754	106413	99.2	98.83	99.44	786	52848	99.0	98.49	99.32	966	53455	99.4	99.00	99.63			
1 or 2 times	7	-	-	-	-	3	-	-	-	-	4	-	-	-	-			
3 to 9 times	2	-	-	-	-	1	-	-	-	-	1	-	-	-	-			
10 to 19 times	2	-	-	-	-	2	-	-	-	-	0	-	-	-	-			
20 or more times	1	-	-	-	-	1	-	-	-	-	0	-	-	-	-			

Note: - Fewer than 30 cases

Table 4.5.1: Prevalence of ever used marijuana, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	12	-	-	-	-	7	-	-	-	-	5	-	-	-				
No	1754	106413	99.2	98.83	99.44	786	52848	99.0	98.49	99.32	966	53455	99.4	99.00	99.63			

Table 4.6: Frequency of marijuana use in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1757	106701	99.3	97.98	99.78	787	52961	98.9	96.95	99.57	968	53629	99.8	98.89	99.97			
1 or 2 times	6	-	-	-	-	5	-	-	-	-	1	-	-	-				
3 to 9 times	3	-	-	-	-	2	-	-	-	-	1	-	-	-				
10 to 19 times	1	-	-	-	-	1	-	-	-	-	0	-	-	-				
20 or more times	0	-	-	-	-	0	-	-	-	-	0	-	-	-				

Table 4.6.1: Prevalence of current marijuana use, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	10	-	-	-	-	8	-	-	-	-	2	-	-	-				
No	1757	106701	99.3	97.98	99.78	787	52961	98.9	96.95	99.57	968	53629	99.8	98.89	99.97			

Note:

— Fewer than 30 cases

Table 4.7: Frequency of ever used amphetamines or metamphetamines, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1745	105943	99.4	98.05	99.81	781	52540	99.0	96.39	99.73	962	53293	99.8	98.65	99.96			
1 or 2 times	6	-	-	-	-	6	-	-	-	-	0	-	-	-	-			
3 to 9 times	3	-	-	-	-	1	-	-	-	-	2	-	-	-	-			
10 to 19 times	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-			
20 or more times	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-			

Table 4.7.1: Prevalence of ever used amphetamines or metamphetamines, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	9	-	-	-	-	7	-	-	-	-	2	-	-	-	-			
No	1745	105943	99.4	98.05	99.81	781	52540	99.0	96.39	99.73	962	53293	99.8	98.65	99.96			

Note:
 - Fewer than 30 cases

5.0 Hygiene (Including Oral Hygiene)

Table 5.1 : Daily frequency of tooth brushing in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Did not clean or brush teeth in past 30 days	5	-	-	-	-	4	-	-	-	-	1	-	-	-	-			
Less than 1 time per day	28	-	-	-	-	20	-	-	-	8	-	-	-	-	-			
1 time	231	14051	13.1	10.69	15.92	112	7562	14.1	11.98	16.51	119	6489	12.1	9.31	15.56			
2 times	887	53790	50.1	45.31	54.85	388	26174	48.8	42.96	54.65	497	27506	51.3	43.95	58.54			
3 times	476	28851	26.9	23.03	31.08	195	13257	24.7	20.95	28.91	281	15593	29.1	22.49	36.65			
4 or more times	140	8620	8.0	5.86	10.90	77	5059	9.4	6.26	13.96	63	3561	6.6	5.06	8.66			

Table 5.1.1 : Prevalence* of brushing teeth at least twice daily in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Did not clean or clean less than 1 time	33	2096	2.0	1.17	3.24	24	1595	3.0	2.01	4.38	9	501	0.9	0.37	2.35			
one or more per day	1734	105312	98.0	96.76	98.83	772	52052	97.0	95.62	97.99	960	53149	99.1	97.65	99.63			
2 or more per day	1503	91261	85.0	81.21	88.08	660	44490	82.9	79.41	85.96	841	46660	87.0	82.78	90.26			

Table 5.2: Prevalence of use of fluoridated toothpaste, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	1052	63893	59.6	53.88	65.01	484	32523	60.6	54.74	66.22	567	31324	58.5	50.88	65.83			
No	172	10565	9.9	6.81	14.05	86	5785	10.8	7.81	14.72	86	4780	8.9	5.22	14.89			
Don't know	540	32799	30.6	27.04	34.37	226	15339	28.6	24.84	32.66	313	17396	32.5	27.30	38.20			

Note:

— Fewer than 30 cases

Table 5.3: Prevalence of having missed class due to toothache in the past 12 months, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		%	Estimated Population	Unweighted Count	Estimated Population	95% CI		%	Estimated Population	Unweighted Count	Estimated Population	95% CI			
			Lower	Upper					Lower	Upper					Lower	Upper		
Yes	92	5926	5.5	4.38	6.99	55	3949	7.4	5.69	9.54	37	1977	3.7	3.03	4.52			
No	1667	101035	94.5	93.01	95.62	738	49488	92.6	90.46	94.31	927	51437	96.3	95.48	96.97			

Table 5.4: Timing of last visit to a dentist or dental nurse, students Form 1-5, WP. Kuala Lumpur, 2012

Timing	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		%	Estimated Population	Unweighted Count	Estimated Population	95% CI		%	Estimated Population	Unweighted Count	Estimated Population	95% CI			
			Lower	Upper					Lower	Upper					Lower	Upper		
In the past 12 months	796	47347	44.1	37.51	50.87	320	21450	40.0	31.81	48.76	475	25850	48.2	43.11	53.31			
Between 12-24 months ago	176	10681	9.9	8.20	12.02	79	5144	9.6	6.25	14.45	97	5537	10.3	8.06	13.12			
More than 24 months ago	122	7534	7.0	4.74	10.26	72	4819	9.0	6.32	12.63	50	2715	5.1	2.80	8.98			
Never	269	16960	15.8	10.84	22.44	156	10624	19.8	13.30	28.45	113	6336	11.8	8.00	17.11			
Don't know	404	24873	23.2	19.75	26.96	169	11606	21.6	17.19	26.86	234	13203	24.6	19.53	30.52			

Table 5.5: Prevalence of avoidance of smiling or laughing due to the appearance of their teeth, students Form 1-5, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	95% CI		%	Estimated Population	Unweighted Count	Estimated Population	95% CI		%	Estimated Population	Unweighted Count	Estimated Population	95% CI			
			Lower	Upper					Lower	Upper					Lower	Upper		
Yes	274	16719	15.6	12.90	18.70	122	8276	15.5	11.70	20.30	150	8333	15.5	13.60	17.70			
No	1490	90483	84.4	81.30	87.10	670	45118	84.5	79.70	88.30	820	45365	84.5	82.30	86.40			

Table 5.6: Prevalence* of never or rarely wash hands before eating in the past 30 days, students Form 1-5, WP, Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	30	1942	1.8	0.94	3.42	18	1314	2.4	1.06	5.52	12	627	1.2	0.55	2.44			
Rarely	63	3730	3.5	2.52	4.75	32	2116	3.9	2.52	6.10	31	1614	3.0	1.48	6.01			
Sometimes	211	12687	11.8	9.89	13.99	91	6094	11.3	8.49	14.97	119	6529	12.1	9.93	14.77			
Most of the time	293	17773	16.5	13.53	19.99	143	9475	17.6	12.54	24.19	150	8299	15.4	13.27	17.87			
Always	1174	71534	66.4	61.90	70.70	514	34776	64.7	56.11	72.38	659	36712	68.3	63.38	72.77			
*Never or rarely	93	5672	5.3	3.46	7.95	50	3430	6.4	3.75	10.64	43	2241	4.2	2.14	7.96			

Table 5.7: Prevalence* of never or rarely wash hands after using the toilet in the past 30 days, students Form 1-5, WP, Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	21	-	-	-	-	13	-	-	-	-	8	-	-	-	-			
Rarely	45	2726	2.5	1.78	3.58	22	1499	2.8	1.60	4.81	23	1227	2.3	1.32	3.90			
Sometimes	123	7793	7.2	5.51	9.45	48	3347	6.2	4.22	9.09	75	4445	8.3	6.32	10.75			
Most of the time	259	15524	14.4	12.96	16.01	117	7612	14.2	11.68	17.05	142	7912	14.7	12.73	16.94			
Always	1323	80389	74.7	71.75	77.38	598	40461	75.2	70.70	79.29	723	39818	74.0	69.50	78.11			
*Never or rarely	66	3961	3.7	2.74	4.92	35	2355	4.4	3.13	6.09	31	1606	3.0	1.87	4.73			

Table 5.8: Prevalence* of never or rarely use soap during hand washing in the past 30 days, students Form 1-5, WP, Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	42	2655	2.5	1.76	3.47	22	1568	2.9	2.14	3.99	19	1023	1.9	0.80	4.50			
Rarely	174	10517	9.8	6.55	14.41	83	5580	10.4	5.62	18.48	91	4937	9.2	7.38	11.43			
Sometimes	514	32019	29.8	23.71	36.77	261	17767	33.1	22.96	45.20	253	14252	26.6	22.92	30.59			
Most of the time	419	24777	23.1	19.06	27.67	161	10589	19.8	14.58	26.20	258	14188	26.5	22.16	31.27			
Always	616	37363	34.8	27.84	42.49	268	18100	33.8	22.53	47.19	347	19217	35.8	31.76	40.14			
* Never or rarely	216	13172	12.3	8.86	16.75	105	7148	13.3	8.29	20.76	110	5961	11.1	8.46	14.48			

Note:

— Fewer than 30 cases

6.0 Mental Health Problems

Table 6.1: Prevalence* of loneliness in the past 12 months, students Form 1-5, WP. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	546	33970	31.7	26.90	36.92	286	19430	36.3	32.02	40.73	259	14475	27.1	21.26	33.79			
Rarely	549	33436	31.2	26.91	35.84	262	17496	32.6	26.89	38.99	287	15940	29.8	25.15	34.94			
Sometimes	492	29497	27.5	23.01	32.55	186	12502	23.3	18.70	28.71	306	16994	31.8	25.89	38.32			
Most of the time	120	6813	6.4	4.38	9.14	42	2831	5.3	3.39	8.15	77	3936	7.4	5.24	10.26			
Always	55	3449	3.2	2.70	3.83	19	1328	2.5	1.76	3.48	36	2122	4.0	2.91	5.38			
* Most of the time or always	175	10262	9.6	7.32	12.43	61	4159	7.8	5.47	10.89	113	6057	11.3	8.70	14.63			

Table 6.2: Prevalence* of inability to sleep due to worry in the past 12 months, students Form 1-5, WP. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	618	38085	35.5	31.12	40.05	341	22618	42.2	38.71	45.70	276	15421	28.7	21.91	36.69			
Rarely	620	37597	35.0	31.75	38.40	248	16852	31.4	26.05	37.34	371	20680	38.5	34.76	42.45			
Sometimes	424	25213	23.5	20.25	27.03	156	10683	19.9	16.94	23.26	268	14531	27.1	21.78	33.11			
Most of the time	76	4663	4.3	2.80	6.68	36	2391	4.5	2.49	7.86	40	2271	4.2	2.52	7.02			
Always	29	-	-	-	-	15	-	-	-	-	14	-	-	-	-			
* Most of the time or always	105	6520	6.1	4.02	9.06	51	3486	6.5	3.51	11.71	54	3035	5.7	3.71	8.52			

Table 6.3: Prevalence of suicidal ideation in the past 12 months, students Form 1-5, WP. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	181	10989	10.3	7.35	14.14	70	4878	9.1	5.48	14.83	111	6111	11.4	8.34	15.39			
No	1582	96161	89.7	85.86	92.65	723	48530	90.9	85.17	94.52	857	47521	88.6	84.61	91.66			

Note:
 - Fewer than 30 cases

Table 6.4: Prevalence of suicidal plan in the past 12 months, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	135	8131	7.6	5.65	10.18	50	3427	6.4	3.21	12.49	85	4704	8.8	7.03	10.95			
No	1623	98703	92.4	89.82	94.35	740	49810	93.6	87.51	96.79	881	48783	91.2	89.05	92.97			

Table 6.5: Prevalence* of suicidal attempt in the past 12 months, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Times	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1647	100356	93.4	90.04	95.65	751	50620	94.4	90.35	96.76	894	49626	92.4	87.87	95.30			
1 time	78	4623	4.3	2.79	6.57	29	1988	3.7	2.46	5.55	49	2636	4.9	2.72	8.68			
2 to 3 times	34	1956	1.8	1.08	3.05	12	782	1.5	0.50	4.20	22	1174	2.2	1.40	3.39			
4 to 5 times	6	-	-	-	-	2	-	-	-	-	4	-	-	-	-			
6 or more times	3	-	-	-	-	2	-	-	-	-	1	-	-	-	-			
* 1 or more times	121	7118	6.6	4.35	9.96	45	3025	5.6	3.24	9.65	76	4093	7.6	4.70	12.13			

Table 6.6: Prevalence* of not having any close friend, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Friends	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
* 0 friend	60	3688	3.4	2.61	4.51	28	1974	3.7	2.57	5.25	32	1714	3.2	2.48	4.11			
1 friend	106	6342	5.9	4.50	7.71	46	3008	5.6	3.80	8.22	60	3333	6.2	4.70	8.16			
2 friends	155	9441	8.8	7.63	10.10	58	3791	7.1	5.10	9.72	96	5603	10.4	8.24	13.14			
3 or more friends	1445	87928	81.9	79.94	83.65	663	44829	83.6	80.98	85.98	781	43035	80.2	76.33	83.50			

Note:

— Fewer than 30 cases

7.0 Physical Activity

Table 7.1: Number of days of being physically active for at least 60 minutes daily in the past seven days, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 day	287	17229	16.1	12.03	21.16	121	8226	15.4	10.52	22.08	166	9003	16.8	12.75	21.70			
1 day	370	22305	20.8	18.44	23.41	142	9758	18.3	15.63	21.33	227	12484	23.2	20.21	26.55			
2 days	299	18158	16.9	12.98	21.82	124	8173	15.3	10.86	21.22	175	9985	18.6	14.12	24.06			
3 days	243	15071	14.1	12.70	15.55	97	6770	12.7	10.04	15.95	146	8302	15.4	13.76	17.30			
4 days	115	7054	6.6	5.36	8.07	58	3919	7.4	5.63	9.55	57	3136	5.8	4.57	7.43			
5 days	157	9435	8.8	7.02	10.98	75	4868	9.1	6.72	12.30	82	4568	8.5	6.81	10.56			
6 days	39	2427	2.3	1.57	3.27	22	1520	2.9	1.73	4.65	17	907	1.7	0.82	3.46			
* All 7 days	253	15471	14.4	10.67	19.26	152	10068	18.9	12.03	28.40	100	5357	10.0	7.53	13.08			

Table 7.1.1: Prevalence of being physically active at least 60 minutes daily for five days or more in the past seven days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	449	27334	25.5	19.67	32.38	249	16456	30.9	21.48	42.16	199	10832	20.2	15.45	25.85			
No	1,314	79,818	74.5	67.62	80.33	542	36,844	69.1	57.84	78.52	771	42,910	79.8	74.15	84.55			

Table 7.2: Number of days student had walked or rode a bicycle to or from school in the past seven days, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 day	575	35460	33.0	25.18	41.92	243	16506	30.7	20.58	43.18	332	18954	35.4	28.26	43.17			
1 day	118	7213	6.7	4.43	10.05	50	3423	6.4	3.56	11.15	68	3790	7.1	4.03	12.13			
2 days	94	5784	5.4	3.90	7.39	48	3249	6.0	3.79	9.52	46	2535	4.7	3.18	6.97			
3 days	79	4917	4.6	3.45	6.05	32	2231	4.2	2.61	6.55	47	2686	5.0	3.49	7.14			
4 days	46	2867	2.7	2.23	3.20	21	1492	2.8	2.20	3.50	25	1376	2.6	1.90	3.46			
5 days	278	16448	15.3	12.37	18.80	109	7361	13.7	9.81	18.83	168	9022	16.8	12.68	22.00			
6 days	57	3385	3.2	1.71	5.73	28	1854	3.5	1.69	6.93	29	1531	2.9	1.41	5.71			
All 7 days	520	31344	29.2	17.68	44.15	266	17594	32.8	16.56	54.46	253	13704	25.6	17.37	35.95			

Table 7.3: Duration of time spent on sedentary activities in a typical or usual day, students Form 1-5, WP. Kuala Lumpur, 2012

Duration	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Less than 1 hour	188	11567	10.8	8.12	14.23	97	6408	12.0	8.16	17.31	91	5159	9.6	6.49	14.06			
1 to 2 hours	519	32347	30.2	26.95	33.66	257	17473	32.7	27.11	38.86	261	14828	27.7	23.41	32.38			
3 to 4 hours	558	33324	31.1	27.06	35.48	238	15938	29.8	24.04	36.36	319	17322	32.3	27.78	37.24			
5 to 6 hours	257	15670	14.6	12.64	16.88	109	7353	13.8	11.14	16.89	148	8318	15.5	12.66	18.89			
7 to 8 hours	81	4770	4.5	3.34	5.92	31	2062	3.9	2.41	6.14	50	2708	5.1	4.31	5.91			
More than 8 hours	159	9424	8.8	6.48	11.84	60	4178	7.8	5.25	11.50	99	5246	9.8	7.38	12.89			

Table 7.3.1: Prevalence of spending at least three hours in a typical or usual day on sedentary activities, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	1055	63189	59.0	52.84	64.88	438	29530	55.3	45.72	64.48	616	33594	62.7	56.41	68.58			
No	707	43,914	41.0	35.12	47.16	354	23,881	44.7	35.52	54.28	352	19,987	37.3	31.42	43.59			

8.0 Protective Factors

Table 8.1: Prevalence* of truancy in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Days	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 day	1308	78496	73.0	63.89	80.57	578	38309	71.3	59.44	80.84	728	40077	74.7	66.49	81.47			
1 to 2 days	331	20618	19.2	14.45	25.01	156	10858	20.2	13.42	29.27	175	9760	18.2	14.12	23.13			
3 to 5 days	103	6567	6.1	3.46	10.57	45	3251	6.1	3.32	10.80	58	3316	6.2	3.54	10.57			
6 to 9 days	15	-	-	-	-	11	-	-	-	-	4	-	-	-	-			
10 or more days	11	-	-	-	-	7	-	-	-	-	4	-	-	-	-			
* 1 or more days	460	28978	27.0	19.43	36.11	219	15407	28.7	19.16	40.56	241	13571	25.3	18.53	33.51			

Table 8.2: Prevalence* of peer support in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	71	4687	4.4	2.76	6.84	49	3426	6.4	4.12	9.77	22	1261	2.4	1.47	3.73			
Rarely	275	17152	16.0	12.19	20.65	140	9400	17.5	13.12	23.02	134	7688	14.3	10.55	19.18			
Sometimes	614	37806	35.2	32.45	38.06	305	20801	38.8	35.45	42.22	309	17005	31.7	28.47	35.11			
Most of the time	403	24026	22.4	17.16	28.61	160	10754	20.0	13.98	27.90	243	13272	24.7	19.63	30.66			
Always	404	23727	22.1	19.13	25.37	142	9255	17.3	14.90	19.90	261	14425	26.9	22.74	31.48			
* Most of the times or always	807	47753	44.5	37.00	52.18	302	20009	37.3	29.28	46.10	504	27697	51.6	44.37	58.81			

Table 8.3: Prevalence* of parental or guardian supervision in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	790	47474	44.2	38.77	49.87	309	21100	39.3	32.26	46.88	480	26310	49.1	44.24	54.05			
Rarely	436	26725	24.9	21.03	29.24	208	14091	26.3	22.38	30.57	228	12634	23.6	18.24	29.94			
Sometimes	331	20160	18.8	16.13	21.77	162	10913	20.3	16.18	25.25	169	9247	17.3	13.44	21.91			
Most of the time	106	6445	6.0	4.42	8.11	61	3803	7.1	4.46	11.10	44	2595	4.8	3.59	6.51			
Always	102	6495	6.1	4.71	7.74	56	3735	7.0	5.22	9.24	46	2760	5.2	3.47	7.59			
* Most of the time or always	208	12939	12.1	9.57	15.09	117	7538	14.1	10.58	18.43	90	5355	10.0	7.95	12.51			

Note:
 - Fewer than 30 cases

Table 8.4: Prevalence* of parental or guardian connectedness in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	404	24430	22.7	19.62	26.09	167	11374	21.2	17.06	25.92	237	13056	24.3	19.27	30.10			
Rarely	390	23794	22.1	19.82	24.56	161	10936	20.3	15.80	25.77	229	12858	23.9	19.76	28.61			
Sometimes	394	23846	22.1	19.49	25.05	194	13066	24.3	20.93	28.02	199	10715	19.9	16.42	23.96			
Most of the time	244	14935	13.9	10.53	18.05	119	8043	15.0	11.63	19.03	124	6847	12.7	8.64	18.36			
Always	339	20661	19.2	15.45	23.59	157	10356	19.3	14.30	25.42	182	10306	19.2	14.95	24.23			
* Most of the time or always	583	35596	33.1	26.30	40.60	276	18398	34.2	25.69	43.90	306	17152	31.9	25.05	39.61			

Table 8.5: Prevalence* of parental or guardian bonding in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	203	12428	11.6	8.96	14.82	96	6479	12.1	8.44	16.98	107	5950	11.1	8.15	14.92			
Rarely	290	17786	16.6	14.65	18.66	135	9294	17.3	14.12	21.08	154	8428	15.7	13.53	18.16			
Sometimes	399	24536	22.8	20.38	25.51	194	13148	24.5	20.25	29.32	205	11388	21.2	18.40	24.36			
Most of the time	398	23900	22.2	19.24	25.58	179	11978	22.3	18.72	26.39	218	11876	22.1	19.04	25.57			
Always	477	28768	26.8	22.93	31.02	192	12761	23.8	17.95	30.80	285	16006	29.8	26.16	33.80			
* Most of the time or always	875	52667	49.0	44.79	53.28	371	24739	46.1	41.79	50.48	503	27882	52.0	46.14	57.75			

Table 8.6: Prevalence* of parental or guardian respect for privacy in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never	923	56050	52.4	49.05	55.73	401	27206	51.0	46.50	55.51	520	28734	53.7	50.72	56.62			
Rarely	439	26323	24.6	21.76	27.70	187	12466	23.4	19.19	28.15	252	13857	25.9	23.78	28.12			
Sometimes	256	15829	14.8	11.95	18.18	128	8698	16.3	12.88	20.44	128	7132	13.3	10.55	16.69			
Most of the time	69	4257	4.0	3.43	4.62	32	2142	4.0	2.94	5.46	37	2115	4.0	3.03	5.13			
Always	73	4506	4.2	3.42	5.17	43	2817	5.3	4.20	6.63	30	1689	3.2	2.40	4.14			
* Never or rarely	1362	74391	77.0	73.49	80.19	588	39672	74.4	71.48	77.10	772	42591	79.6	74.92	83.55			

9.0 Sexual Behaviours that Contribute to HIV Infection, Other STIs, and Unintended Pregnancy

Table 9.1: Prevalence of ever had sex, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Yes	144	9045	8.9	7.13 - 11.03	73	4961	9.9	7.09 - 13.78	71	4084	7.9	6.43 - 9.65
No	1537	92729	91.1	88.97 - 92.87	669	44939	90.1	86.22 - 92.91	866	47680	92.1	90.35 - 93.57

Table 9.2: Age when had first sex, students Form 1-5, WP. Kuala Lumpur, 2012

Age	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Never had sexual intercourse	1720	104131	97.8	96.62 - 98.62	765	51279	96.9	95.50 - 97.81	953	52742	98.8	97.29 - 99.48
11 years or younger	7	-	-	- - -	5	-	-	- - -	2	-	-	- - -
12 years	4	-	-	- - -	3	-	-	- - -	1	-	-	- - -
13 years	6	-	-	- - -	4	-	-	- - -	2	-	-	- - -
14 years	3	-	-	- - -	2	-	-	- - -	1	-	-	- - -
15 years	5	-	-	- - -	3	-	-	- - -	2	-	-	- - -
16 years or older	8	-	-	- - -	5	-	-	- - -	3	-	-	- - -

Table 9.2.1: Prevalence of first sex before the age of 14 years among those who ever had sex, students Form 1-5, WP. Kuala Lumpur, 2012

Behaviour	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Yes	17	-	-	- - -	12	-	-	- - -	5	-	-	- - -
No	16	-	-	- - -	10	-	-	- - -	6	-	-	- - -

Note:
- Fewer than 30 cases

Table 9.3: Number of sexual partners among those who ever had sex, students Form 1-5, WP. Kuala Lumpur, 2012

Number of Partners	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Never had sexual intercourse	1711	103628	97.5	96.45	98.30	756	50771	96.3	95.35	97.08	953	52746	98.7	96.92	99.49			
1 Partner	13	-	-	-	-	9	-	-	-	-	4	-	-	-	-			
2 Partners	9	-	-	-	-	4	-	-	-	-	5	-	-	-	-			
3 Partners	4	-	-	-	-	4	-	-	-	-	0	-	-	-	-			
4 Partners	6	-	-	-	-	5	-	-	-	-	1	-	-	-	-			
5 Partners	3	-	-	-	-	2	-	-	-	-	1	-	-	-	-			

Table 9.3.1: Prevalence of having at least two sexual partners among those who ever had sex, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	25	-	-	-	-	17	-	-	-	-	8	-	-	-	-			
No	1724	104548	98.4	97.09	99.13	765	51458	97.6	96.26	98.49	957	52980	99.2	97.40	99.74			

Table 9.4: Prevalence of condom use during the last sexual intercourse among those who ever had sex, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	15	-	-	-	-	10	-	-	-	-	5	-	-	-	-			
No	19	-	-	-	-	13	-	-	-	-	6	-	-	-	-			

Table 9.5: Prevalence of use of "other birth control methods" during the last sexual intercourse among those who ever had sex, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	19	-	-	-	-	11	-	-	-	-	8	-	-	-	-			
No	14	-	-	-	-	10	-	-	-	-	4	-	-	-	-			

Note:

— Fewer than 30 cases

10.0 Tobacco Use

Table 10.1: Number of days students had smoked cigarettes in the past 30 days, students Form 1-5, WP. Kuala Lumpur, 2012

Number of Days	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
0 day	1649	98953	92.1	88.51	94.64	693	45994	85.8	80.95	89.55	954	52848	98.4	97.54	98.96					
1 or 2 days	38	2399	2.2	1.73	2.88	27	1824	3.4	2.82	4.11	11	575	1.1	0.75	1.53					
3 to 5 days	15	-	-	-	-	14	-	-	-	-	1	-	-	-	-					
6 to 9 days	10	-	-	-	-	10	-	-	-	-	0	-	-	-	-					
10 to 19 days	12	-	-	-	-	11	-	-	-	-	1	-	-	-	-					
20 to 29 days	11	-	-	-	-	9	-	-	-	-	2	-	-	-	-					
All 30 days	33	2591	2.4	1.22	4.72	32	2544	4.7	2.44	9.01	1	0.1	0.01	0.96	0.1					

Table 10.1.1: Prevalence of current cigarette smokers, students Form 1-5, WP. Kuala Lumpur, 2012

Behaviour	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	119	8484	7.9	5.36	11.49	103	7623	14.2	10.45	19.05	16	862	1.6	1.04	2.46					
No	1649	98953	92.1	88.51	94.64	693	45994	85.8	80.95	89.55	954	52848	98.4	97.54	98.96					

Table 10.2: Age when first tried a cigarette, students Form 1-5, WP. Kuala Lumpur, 2012

Age	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Never smoke	1463	86881	83.1	78.21	87.05	569	37555	72.9	68.32	76.96	892	49215	93.0	89.59	95.37					
7 years or younger	29	-	-	-	-	21	-	-	-	-	8	-	-	-	-					
8 to 9 years	22	-	-	-	-	20	-	-	-	-	2	-	-	-	-					
10 or 11 years	36	2374	2.3	1.09	4.67	26	1796	3.5	1.46	8.08	10	578	1.1	0.54	2.22					
12 or 13 years	92	6172	5.9	4.10	8.43	67	4780	9.3	6.99	12.20	25	1391	2.6	1.42	4.80					
14 or 15 years	67	4543	4.3	3.13	6.00	50	3568	6.9	5.52	8.65	17	975	1.8	0.81	4.15					
16 years or older	16	-	-	-	-	13	-	-	-	-	3	-	-	-	-					

Table 10.2.1: Prevalence of having tried a cigarette before the age of 14 years, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	179	12004	67.9	60.00	74.82	134	9443	67.5	58.80	75.12	45	2561	69.3	49.92	83.60					
No	101	247	25.3	20.79	30.31	93	213	25.3	20.67	30.59	8	34	24.9	12.2	44.2					

Note:

— Fewer than 30 cases

Table 10.3: Number of days students had used other tobacco products in the past 30 days, students Form 1-5, WP, Kuala Lumpur, 2012

Numbers of Days	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
0 days	1682	101521	94.4	91.74 - 96.17	734	49089	91.3	87.58 - 93.96	946	52321	97.4	95.91 - 98.37
1 or 2 days	52	3409	3.2	1.91 - 5.21	34	2313	4.3	2.34 - 7.79	18	1096	2.0	1.11 - 3.73
3 to 5 days	15	-	-	- -	11	-	-	- -	4	-	-	- -
6 to 9 days	5	-	-	- -	4	-	-	- -	1	-	-	- -
10 to 19 days	5	-	-	- -	5	-	-	- -	0	-	-	- -
20 to 29 days	3	-	-	- -	3	-	-	- -	0	-	-	- -
All 30 days	8	-	-	- -	7	-	-	- -	1	-	-	- -

Table 10.3.1: Prevalence of current smokers of other tobacco products, students Form 1-5, WP, Kuala Lumpur, 2012

Behaviour	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Yes	88	6079	5.6	3.83 - 8.26	64	4686	8.7	6.04 - 12.42	24	1393	2.6	1.63 - 4.09
No	1682	101521	94.4	91.74 - 96.17	734	49089	91.3	87.58 - 93.96	946	52321	97.4	95.91 - 98.37

Table 10.4: Other commonly used tobacco products in the past 30 days, students Form 1-5, WP, Kuala Lumpur, 2012

Tobacco Product	Total				Male				Female			
	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI	Unweighted Count	Estimated Population	%	95% CI
Did not smoke any tobacco product in past 30 days	1666	100336	93.3	90.59 - 95.30	719	47943	89.3	85.49 - 92.18	945	52283	97.3	95.69 - 98.38
Shisha/hookah	62	4212	3.9	2.48 - 6.15	40	2938	5.5	3.22 - 9.14	22	1274	2.4	1.44 - 3.89
Electronic cigarettes	12	-	-	- -	9	-	-	- -	3	-	-	- -
Snuff or chewing tobacco	13	-	-	- -	13	-	-	- -	0	-	-	- -
Pipes	1	-	-	- -	1	-	-	- -	0	-	-	- -
Curut, cigar or cigarillos	2	-	-	- -	2	-	-	- -	0	-	-	- -
Bidis	13	-	-	- -	0	-	-	- -	0	-	-	- -
Others	0	-	-	- -	13	-	-	- -	0	-	-	- -

Table 10.5: Prevalence of quit smoking attempts in the past 12 months among those who ever smoked cigarettes, students Form 1-5, WP, Kuala Lumpur, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	128	9031	89.2	82.35	93.55	108	7824	88.6	80.57	93.60	20	1206	92.9	67.88	98.78	-	-	-	-	
No	15	-	-	-	-	13	-	-	-	-	2	-	-	-	-	-	-	-	-	

Note:
 - Fewer than 30 cases

Table 10.6: Number of days where people had smoked in their presence in the past seven days, students Form 1-5, WP, Kuala Lumpur, 2012

	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
0 day	1005	60601	56.3	51.79	60.68	427	28270	52.6	47.51	57.58	578	32331	60.1	53.47	66.41	-	-	-	-	
1 or 2 days	306	18803	17.5	14.80	20.50	149	10029	18.6	16.01	21.62	156	8728	16.2	11.35	22.67	-	-	-	-	
3 or 4 days	132	8014	7.4	5.79	9.53	67	4425	8.2	5.51	12.12	65	3589	6.7	4.54	9.71	-	-	-	-	
5 or 6 days	60	3685	3.4	2.30	5.06	33	2313	4.3	2.14	8.45	27	1372	2.6	1.71	3.78	-	-	-	-	
All 7 days	268	16562	15.4	12.94	18.19	122	8738	16.2	12.57	20.76	145	7760	14.4	11.80	17.53	-	-	-	-	

Table 10.6.1: Prevalence of having been exposed to people smoking in their presence for at least one day in the past seven days, students Form 1-5, WP, Kuala Lumpur, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	766	47065	43.7	39.32	48.21	371	25505	47.4	42.42	52.49	393	21450	39.9	33.59	46.53	-	-	-	-	
No	1005	60601	56.3	51.79	60.68	427	28270	52.6	47.51	57.58	578	32331	60.1	53.47	66.41	-	-	-	-	

Table 10.7: Prevalence of having parents or guardians who used any form of tobacco, students Form 1-5, WP, Kuala Lumpur, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	749	45406	42.3	38.53	46.24	309	21049	39.4	33.56	45.48	439	24311	45.3	43.16	47.47	-	-	-	-	
No	1015	61837	57.7	53.76	61.47	484	32423	60.6	54.52	66.44	530	29350	54.7	52.53	56.84	-	-	-	-	

Table 10.8: Prevalence of contemplating to smoke a cigarette at any time in the next 12 months, students Form 1-5, W.P. Kuala Lumpur, 2012

Response	Male						Female									
	Total		95% CI		Unweighted Count	Estimated Population	%		95% CI		Unweighted Count	Estimated Population	%		95% CI	
	Unweighted Count	Estimated Population	Lower	Upper			Lower	Upper	Lower	Upper			Lower	Upper		
Definitely not	1568	93813	87.2	83.27	90.28	644	42753	79.5	75.39	83.09	922	50950	94.8	92.41	96.50	
Probably not	107	6983	6.5	4.93	8.50	76	5181	9.6	7.94	11.65	31	1802	3.4	1.98	5.61	
Maybe yes	70	5022	4.7	3.06	7.07	55	4142	7.7	5.42	10.83	15	881	1.6	0.60	4.43	
Definitely yes	25	-	-	-	-	23	-	-	-	-	2	-	-	-	-	

Table 10.9: Decision on smoking if offered a cigarette by one of their best friends, students Form 1-5, W.P. Kuala Lumpur, 2012

Response	Male						Female									
	Total		95% CI		Unweighted Count	Estimated Population	%		95% CI		Unweighted Count	Estimated Population	%		95% CI	
	Unweighted Count	Estimated Population	Lower	Upper			Lower	Upper	Lower	Upper			Lower	Upper		
Definitely not	1562	93448	86.9	83.49	89.62	640	42564	79.3	76.15	82.07	920	50774	94.4	90.47	96.78	
Probably not	104	6768	6.3	4.53	8.68	70	4681	8.7	6.81	11.09	34	2087	3.9	1.74	8.41	
Maybe yes	72	5004	4.7	2.84	7.52	58	4257	7.9	5.26	11.79	14	747	1.4	0.45	4.17	
Definitely yes	32	2369	2.2	1.53	3.16	29	2196	4.1	2.72	6.11	3	172	0.3	0.09	1.18	

Table 10.10: Prevalence of susceptibility to smoking among non-smokers, students Form 1-5, W.P. Kuala Lumpur, 2012

Response	Male						Female									
	Total		95% CI		Unweighted Count	Estimated Population	%		95% CI		Unweighted Count	Estimated Population	%		95% CI	
	Unweighted Count	Estimated Population	Lower	Upper			Lower	Upper	Lower	Upper			Lower	Upper		
Yes	151	9563	9.7	7.71	12.05	92	6146	13.4	11.29	15.74	59	3417	6.5	4.14	9.95	
No	1498	89390	90.3	87.95	92.29	601	39849	86.6	84.26	88.71	895	49431	93.5	90.05	95.86	

Note:
 - Fewer than 30 cases

11.0 Violence and Unintentional Injury

Table 11.1: Number of times students were physically attacked in the past 12 months, students Form 1-5, WP, Kuala Lumpur, 2012

Number of Times	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
0 time	1330	80166	74.7	70.56	78.39	36214	537	67.5	60.68	73.73	43842	791	81.8	77.37	85.45	3740	69	7.0	4.85	9.93
1 time	164	10190	9.5	7.37	12.15	6450	95	12.0	9.01	15.88	3740	69	7.0	4.85	9.93	3740	69	7.0	4.85	9.93
2 to 3 times	143	8576	8.0	6.75	9.43	5204	81	9.7	7.37	12.69	3372	62	6.3	5.52	7.15	3372	62	6.3	5.52	7.15
4 to 5 times	44	2732	2.5	1.85	3.49	1757	26	3.3	2.02	5.26	975	18	1.8	1.01	3.26	975	18	1.8	1.01	3.26
6 to 7 times	32	2093	1.9	1.25	3.04	1429	21	2.7	1.90	3.72	664	11	1.2	0.45	3.39	664	11	1.2	0.45	3.39
8 to 9 times	16	-	-	-	-	-	10	-	-	-	-	6	-	-	-	-	-	-	-	-
10 to 11 times	7	-	-	-	-	-	3	-	-	-	-	4	-	-	-	-	-	-	-	-
12 or more times	30	2039	1.9	1.09	3.29	1558	23	2.9	1.46	5.72	480	7	0.9	0.29	2.75	480	7	0.9	0.29	2.75

Table 11.1.1: Prevalence of having had a physical attack in the past 12 months, students Form 1-5, WP, Kuala Lumpur, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	436	27185	25.3	21.61	29.44	17402	259	32.5	26.27	39.32	9783	177	18.2	14.55	22.63	177	18.2	14.55	22.63	
No	1330	80166	74.7	70.56	78.39	36214	537	67.5	60.68	73.73	43842	791	81.8	77.37	85.45	3740	69	7.0	4.85	9.93

Table 11.2: Number of times students were involved in a physical fight in the past 12 months, students Form 1-5, WP, Kuala Lumpur, 2012

Number of Times	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
0 time	1324	79289	73.7	69.90	77.18	35312	523	65.8	61.36	69.92	43867	799	81.6	77.87	84.76	3740	69	7.0	4.85	9.93
1 time	203	12592	11.7	9.25	14.71	7459	114	13.9	10.98	17.43	5133	89	9.5	6.24	14.33	5133	89	9.5	6.24	14.33
2 to 3 times	137	8875	8.2	6.69	10.14	6137	90	11.4	8.99	14.43	2737	47	5.1	4.27	6.05	2737	47	5.1	4.27	6.05
4 to 5 times	55	3500	3.3	2.55	4.14	2554	38	4.8	3.68	6.13	946	17	1.8	1.02	3.01	946	17	1.8	1.02	3.01
6 to 7 times	12	-	-	-	-	-	8	-	-	-	-	4	-	-	-	-	-	-	-	-
8 to 9 times	9	-	-	-	-	-	4	-	-	-	-	5	-	-	-	-	-	-	-	-
10 to 11 times	3	-	-	-	-	-	1	-	-	-	-	2	-	-	-	-	-	-	-	-
12 or more times	27	-	-	-	-	-	19	-	-	-	-	8	-	-	-	-	-	-	-	-

Table 11.2.1: Prevalence of involvement in a physical fight in the past 12 months, students Form 1-5, WP, Kuala Lumpur, 2012

Prevalence	Total						Male						Female							
	Unweighted Count	Estimated Population	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI		Estimated Population	Unweighted Count	%	95% CI	
				Lower	Upper				Lower	Upper				Lower	Upper				Lower	Upper
Yes	446	28294	26.3	22.82	30.10	18380	274	34.2	30.08	38.64	9914	172	18.4	15.24	22.13	172	18.4	15.24	22.13	
No	1324	79289	73.7	69.90	77.18	35312	523	65.8	61.36	69.92	43867	799	81.6	77.87	84.76	3740	69	7.0	4.85	9.93

Note: - Fewer than 30 cases

Table 11.3: Number of times students had been seriously injured in the past 12 months, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Times	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1048	62299	67.5	63.57	71.25	411	27217	60.8	54.49	66.83	635	34972	73.8	68.71	78.28			
1 time	268	16880	18.3	16.62	20.11	144	9818	21.9	18.97	25.24	124	7062	14.9	12.87	17.18			
2 to 3 times	152	9602	10.4	7.51	14.25	82	5624	12.6	8.42	18.36	70	3978	8.4	5.27	13.10			
4 to 5 times	28	-	-	-	-	17	-	-	-	-	11	-	-	-	-			
6 to 7 times	14	-	-	-	-	7	-	-	-	-	7	-	-	-	-			
8 to 9 times	4	-	-	-	-	1	-	-	-	-	3	-	-	-	-			
10 to 11 times	0	-	-	-	-	0	-	-	-	-	0	-	-	-	-			
12 or more times	9	-	-	-	-	4	-	-	-	-	5	-	-	-	-			

Table 11.3.1: Prevalence of having had a serious injury at least once in the past 12 months, students Form 1-5, W.P. Kuala Lumpur, 2012

	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	475	29955	32.5	28.75	36.43	255	17524	39.2	33.17	45.51	220	12431	26.2	21.72	31.29			
No	1048	62299	67.5	63.57	71.25	411	27217	60.8	54.49	66.83	635	34972	73.8	68.71	78.28			

Table 11.4: Type of most serious injury sustained in the past 12 months among those who were injured, students Form 1-5, W.P. Kuala Lumpur, 2012

Type of Injury	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Broken bone/dislocated joint	71	4573	21.4	18.03	25.22	50	3390	25.9	19.61	33.27	21	1184	14.3	8.92	22.24			
A cut or stab wound	93	5635	26.4	20.13	33.73	50	3228	24.6	16.80	34.57	43	2407	29.1	22.21	37.22			
Concussion/head or neck injury, knocked out or could not breathe	43	2704	12.7	8.79	17.89	25	1709	13.0	9.07	18.38	18	995	12.1	7.55	18.71			
Gunshot wound	3	-	-	-	-	1	-	-	-	-	2	-	-	-	-			
Bad burn	3	-	-	-	-	2	-	-	-	-	1	-	-	-	-			
Poisoned	3	-	-	-	-	0	-	-	-	-	3	-	-	-	-			
Something else happened to me	127	7905	37.0	32.03	42.26	65	4612	35.2	26.49	44.98	62	3293	39.9	29.20	51.63			

Note:

- Fewer than 30 cases

Table 11.5: Major cause of the most serious injury sustained in the past 12 months among those who were injured, students Form 1-5, W.P. Kuala Lumpur 2012

Cause	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Estimated Population	%	95% CI							
				Lower	Upper			Lower	Upper						
In a motor vehicle accident or hit by a motor vehicle	59	3967	17.4	10.14	28.28	43	3106	23.3	12.49	39.19	16	861	9.1	5.82	14.05
Fall	127	7919	34.8	28.24	41.93	63	4223	31.6	26.10	37.76	64	3696	39.2	28.50	51.05
Something fell on me or hit me	46	3002	13.2	8.86	19.17	21	1521	11.4	6.87	18.32	25	1481	15.7	9.98	23.85
Was attacked or abused or was fighting with someone	22	-	-	-	-	12	-	-	-	-	10	-	-	-	-
Was in a fire or too near a flame or something hot	1	-	-	-	-	1	-	-	-	-	0	-	-	-	-
Inhaled or swallowed something bad	7	-	-	-	-	2	-	-	-	-	5	-	-	-	-
Something else caused the injury	102	6006	26.4	18.90	35.50	52	3485	26.1	16.78	38.26	50	2521	26.7	18.97	36.26

Table 11.6: Number of days students had been bullied in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Number of Days	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Estimated Population	%	95% CI							
				Lower	Upper			Lower	Upper						
0 day	1398	84964	84.4	81.97	86.48	627	42437	83.5	79.83	86.64	770	42463	85.3	81.68	88.27
1 to 2 days	168	10504	10.4	8.87	12.23	76	5194	10.2	8.56	12.16	92	5310	10.7	8.09	13.93
3 to 5 days	29	-	-	-	-	17	-	-	-	-	11	-	-	-	-
6 to 9 days	16	-	-	-	-	7	-	-	-	-	9	-	-	-	-
10 to 19 days	10	-	-	-	-	4	-	-	-	-	6	-	-	-	-
20 to 29 days	8	-	-	-	-	5	-	-	-	-	3	-	-	-	-
all 30 days	24	-	-	-	-	16	-	-	-	-	8	-	-	-	-

Table 11.6.1: Prevalence of having been bullied on at least one day in the past 30 days, students Form 1-5, W.P. Kuala Lumpur, 2012

Prevalence	Total			Male			Female								
	Unweighted Count	Estimated Population	%	95% CI		Estimated Population	%	95% CI							
				Lower	Upper			Lower	Upper						
Yes	255	15754	15.6	13.52	18.03	125	8375	16.5	13.36	20.17	129	7332	14.7	11.73	18.32
No	1398	84964	84.4	81.97	86.48	627	42437	83.5	79.83	86.64	770	42463	85.3	81.68	88.27

Note: - Fewer than 30 cases

Table 11.7: Most common ways of being bullied in the past 30 days, students Form 1-5, WP. Kuala Lumpur, 2012

Ways of Being Bullied	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Hit, kicked, pushed, shoved around or locked indoor	23	-	-	-	-	14	-	-	-	-	9	-	-	-				
Made fun of because of race, nationality or color	24	-	-	-	-	14	-	-	-	-	9	-	-	-				
Made fun of because of religion	3	-	-	-	-	2	-	-	-	-	1	-	-	-				
Made fun of with sexual jokes, comments, or gestures	33	2097	16.9	12.79	21.88	17	1111	17.1	8.90	30.19	16	985	16.8	8.98	29.15			
Left out of activities on purpose or completely ignored	12	-	-	-	-	1	-	-	-	-	11	-	-	-				
Made fun of because of how body or face looks	46	2784	22.4	15.95	30.46	20	1326	20.4	13.20	30.05	26	1457	24.8	14.07	39.91			
Bullied in some other way	59	3722	29.9	20.28	41.75	29	1970	30.2	16.56	48.60	30	1753	29.8	23.39	37.16			

Table 11.8: Frequency of physical abuse at home in the past 30 days, students Form 1-5, WP. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	1589	96600	89.7	86.23	92.40	722	48652	90.5	84.57	94.27	865	47838	88.9	86.61	90.92			
1 time	122	7460	6.9	5.10	9.34	52	3541	6.6	4.01	10.62	70	3918	7.3	5.74	9.21			
2 to 3 times	36	2107	2.0	1.12	3.39	14	907	1.7	0.77	3.64	22	1201	2.2	1.31	3.79			
4 to 5 times	12	-	-	-	-	5	-	-	-	-	7	-	-	-	-			
6 to 7 times	4	-	-	-	-	2	-	-	-	-	2	-	-	-	-			
8 to 9 times	2	-	-	-	-	0	-	-	-	-	2	-	-	-	-			
10 to 11 times	2	-	-	-	-	1	-	-	-	-	1	-	-	-	-			
12 or more times	4	-	-	-	-	2	-	-	-	-	2	-	-	-	-			

Table 11.8.1: Prevalence of physical abuse at home on at least once in the past 30 days, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	182	11066	10.3	7.60	13.77	76	5123	9.5	5.73	15.43	106	5943	11.1	9.08	13.39			
No	1589	96600	89.7	86.23	92.40	722	48652	90.5	84.57	94.27	865	47838	88.9	86.61	90.92			

Note:

- Fewer than 30 cases

Table 11.9: Frequency of verbal abuse at home in the past 30 days, students Form 1-5, WP. Kuala Lumpur, 2012

Frequency	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
0 time	971	60231	56.0	51.30	60.61	518	34831	64.8	59.85	69.39	452	25336	47.2	42.37	52.12			
1 time	262	15784	14.7	13.22	16.27	117	7986	14.9	12.43	17.64	145	7798	14.5	12.94	16.29			
2 to 3 times	299	17513	16.3	13.65	19.32	93	6265	11.7	8.43	15.88	205	11202	20.9	18.70	23.23			
4 to 5 times	73	4352	4.0	2.73	5.96	20	1374	2.6	1.55	4.17	53	2978	5.6	3.62	8.41			
6 to 7 times	41	2367	2.2	1.66	2.92	17	1082	2.0	1.49	2.71	24	1286	2.4	1.43	4.00			
8 to 9 times	24	-	-	-	-	8	-	-	-	-	16	-	-	-	-			
10 to 11 times	12	-	-	-	-	4	-	-	-	-	8	-	-	-	-			
12 or more times	87	5109	4.8	3.36	6.68	21	1419	2.6	1.24	5.51	66	3691	6.9	4.94	9.51			

Table 11.9.1: Prevalence of verbal abuse on at least once at home in the past 30 days, students Form 1-5, WP. Kuala Lumpur, 2012

Prevalence	Total						Male						Female					
	Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI		Unweighted Count	Estimated Population	%	95% CI				
				Lower	Upper				Lower	Upper				Lower	Upper			
Yes	798	47308	44.0	39.39	48.70	280	18944	35.2	30.61	40.15	517	28317	52.8	47.88	57.63			
No	971	60231	56.0	51.30	60.61	518	34831	64.8	59.85	69.39	452	25336	47.2	42.37	52.12			

Note:
 - Fewer than 30 cases

APPENDIX 2 : MEMBERS OF STEERING COMMITTEE NHMS 2011-2014

1. Director General of Health
2. Deputy Director General of Health (Public Health)
3. Deputy Director General of Health (Medical)
4. Deputy Director General of Health (Research & Technical Support)
5. Senior Director Pharmacy
6. Principal Director, Oral Health
7. Director, Planning & Development Division
8. Director, Disease Control Division
9. Director, Medical Development Division
10. Director, Health Education Division
11. State Health Department; YB. Dato' Dr Hajah Nordiyannah Haji Hassan
12. Director, Institute for Public Health
13. Dean of Medical Faculty, University of Malaya
14. Dean of Medical Faculty, National University of Malaysia
15. Principle Investigator, NHMS

APPENDIX 3 : TERMS OF REFERENCE OF STEERING COMMITTEE

1. To approve the objectives and scopes of NHMS 2011-2014.
2. To facilitate inter and intra sectoral collaboration.
3. To monitor the implementation of the NHMS 2011-2014.
4. To review recommendations of the Advisory Committee.
5. To facilitate the utilisation of the NHMS 2011-2014 findings.

APPENDIX 4 : MEMBERS OF ADVISORY COMMITTEE NHMS 2012

1. Dr Zainal Ariffin Omar
Deputy Director
Disease Control Division
2. Puan Rokiah Don
Director
Food Division
3. Dr Yaw Siew Lian
Deputy Director
Oral Health Division
4. Dr Nordin Salleh
Deputy Director
Health Policy and Planning Unit
5. Dr Kamaliah Mohd Noh
Deputy Director (Primer)
Family Health Development Division
6. Dr Anita Sulaiman
Senior Principal Assistant Director
Disease Control Division
7. Dr Rosnah Ramly
Senior Principal Assistant Director
Violence & Injury Prevention Unit
Disease Control Division
8. Dr Sheila Marimuthu
Paediatrician
Hospital Kuala Lumpur
9. Dr Parameswaran Ramasamy
Psychology & Addiction Specialist
Hospital Tuanku Ja'afar
10. Datin Dr Hajah Fauzi Ismail
Child and Adolescent Psychiatrist
Hospital Kuala Lumpur
11. Associate Professor Mohamad Haniki Nik Mohamed
Head of Department
Pharmaceutical Practice
International Islamic University of Malaysia
12. Associate Professor Khor Geok Lin
Lecturer
Faculty of Medicine and Health
International Medical University

APPENDIX 5 : TERMS OF REFERENCE OF ADVISORY COMMITTEE

The Advisory Committee will advise in:

1. Identification of the scope of National Health and Morbidity Survey (NHMS 2012).
2. Determination of approach/ methodologies for obtaining information.
3. The recommendations of the NHMS 2012 findings made by the research groups.
4. Suggesting the mechanism to facilitate monitoring and documentation (including publications) of the findings and utilization of NHMS 2012 findings.

APPENDIX 6 : MEMBERS OF CENTRAL COORDINATING COMMITTEE

1. Dr Hj Tahir Aris, Director of Institute for Public Health
2. Dr Jasvinder Kaur Pritam Singh, Deputy Director (Research and Technical)
3. Dr Noor Ani Ahmad, NHMS Coordinator cum Central Supervisor for W.P. Kuala Lumpur/
W.P. Putrajaya/ Selangor
4. Dr Hj Mohd Azahadi Omar, Head of Data Processing Section
5. Dr Muhammad Fadhli Mohd Yusoff, Head of Data Management Section
6. Dr Nalachakravathy Odhaya Kumar, Central Supervisor for Southern Region
7. Mr Mohammad Zabri Johari, Principal Investigator
8. Mr Ridhuan Mhd Dan, Central Supervisor for Northern Region
9. Mr Abdul Aziz Che Man
10. Mr Hj Rosnani Abd Hamid, Central Supervisor for East Coast Region
11. Ms Suhaila Abd Ghaffar
12. Ms Norazlina Muhamad
13. Mr Muhamad Firdaus Ali @ Ghazali
14. Mr Haszreen Shariff
15. Mr Bahtiar Effendy Khasdir

APPENDIX 7 : MEMBERS OF RESEARCH TEAMS NHMS 2012

Dietary Behaviours

1. Mr Ahmad Ali Zainuddin
2. Ms Rashidah Ambak
3. Mr Azli Baharudin @ Shahrudin
4. Ms Syafinaz Mohd Sallehuddin
5. Ms Suhaila Abd Ghaffar
6. Mr Muhamad Firdaus Ali @ Ghazali

Hygiene (Including Oral Hygiene)

1. Dr Yaw Siew Lian
2. Dr Nurrul Ashikin Abdullah
3. Dr Khairiyah Abd Muttalib
4. Ms Riyanti Saari
5. Ms Balkish Mahadir Naidu
6. Ms Yeo Pei Sien

Physical Activity

1. Mr Lim Kuang Kuay
2. Dr Hj Mohd Azahadi Omar
3. Ms Teh Chien Huey
4. Dr Nalachakravathy Odhaya Kumar
5. Dr Ong Shiau Ying
6. Mr Abu Bakar Rahman
7. Mr Hasnol Hadi Asim
8. Mr Haszreen Shariff

Protective Factors

1. Ms Norzawati Yoep
2. Dr Nik Rubiah Nik Abd Rashid
3. Ms Nor Safiza Mohamad Nor
4. Ms Faizah Paiwai
5. Ms Leni Tupang
6. Mr Afiq Awang

Tobacco Use

1. Ms Helen Tee Guat Hiong
2. Dr Ahmad Shahrul Nizam Isha
3. Dr Gurpreet Kaur
4. Dr Zariah Md Zain
5. Mr Lim Kuang Hock
6. Ms Chan Ying Ying
7. Mr Mohd Amirudin Razali

Mental Health Problems

1. Dr Noor Ani Ahmad
2. Dr Azriman Rosman
3. Dr Lai Wai Yee
4. Ms Cheong Siew Man
5. Dr Nurashikin Ibrahim
6. Datin Dr Fauziah Mohamed
7. Dr Jasvinder Kaur Pritam Singh
8. Dr Siti Zuraidah Mahmud

Drug Use

1. Dr Muhammad Fadhli Mohd Yusof
2. Ms Norhafizah Sahril
3. Mr Mohamad Naim Mohd Rasidi
4. Dr Rozanim Kamarudin
5. Ms Norazlina Muhamad

Violence and Unintentional Injury

1. Dr Rosnah Ramly
2. Dr Diana Mahat
3. Mr Mohd Hazrin Hasim @ Hashim
4. Ms Nor Shahidah Abd Aziz
5. Dr Siti Fatimah Mat Hussin

Alcohol Consumption

1. Mr Mohd Hatta Abd Mutalip
2. Dr Rozanim Kamarudin
3. Ms Hamizatul Akmal Abd Hamid
4. Mr Mohd Hazrin Hasim @ Hashim
5. Dr Mala A. Manickam

Sexual Behaviours that Contribute to HIV Infection, Other STIs, and Unintended Pregnancy

1. Dr Noor Ani Ahmad
2. Dr Nik Rubiah Nik Abd Rashid
3. Dr Anita Sulaiman
4. Ms Norazilah Mohd Roslan
5. Ms Ummi Nadiah Bt Yusoff
6. Ms Hasimah Ismail
7. Mr Bahtiar Effendy Khasdir

APPENDIX 8 : MEMBERS OF DATA COLLECTION TEAMS

PERLIS

Liaison Officer

Ms Sharifah Salbiah Sareh Hashim

Field Supervisor

Mr Abu Bakar Rahman

Nutritionist

1. Mr Nurbairi Adha Yusof
2. Ms Nurhazwani Roslan

Drivers

1. Mr Azfarizul Abdul Majid
2. Mr Wan Mohd Hafizan Che Mat
3. Mr Zaili Zainal Ariffin

Research Assistants

1. Ms Norawanis Abdul Razak
2. Ms Nor Fatehah Razain
3. Ms Wan Mastura Megat
4. Ms Faezah Azmi
5. Mr Mohd Firdaus Ramli
6. Ms Nur Shazlin Sharuddin
7. Ms Aznita Shuaib
8. Ms Mastura Dahalan
9. Ms Nurul Fitriah Che Lah
10. Ms Nur Hazwani Mohd Fadzil

KEDAH

Liaison Officer

Ms Rohida Sallehuddin

Field Supervisor

Mr Azli Baharudin

Nutritionist

1. Ms Nor Hasniza Yaacob
2. Mr Khairul Azhar Abdullah
3. Ms Nur Wahidda Azmi
4. Tan Yen Nee
5. Ms Suriana Johari
6. Ms Norzaity Emeeza Zahid
7. Ms Norazlina Mohd Noh
8. Ms Sulhariza Husni Zain
9. Ms Nur Ilhami Mat Isa

Drivers

1. Mr Amir Md Noor
2. Mr Ahmad Aminuddin Abdullah
3. Mr Mohd Zalani Ishak
4. Mr Mohd Irwan Mohd Daud
5. Mr Zaini Ramli
6. Mr Ridzuan Ahmad
7. Mr Pathuddin Mohamad
8. Mr Mat Isa Zakaria

Research Assistants

1. Ms Anis Syafiqah Man
2. Ms Nurul Izzati Yahya
3. Ms Zamilah Hasniah Ab Hamid
4. Ms Siti Nurhayati Ismail
5. Ms Ku Nur Eina Shaheeda Ku Abdul Rahman
6. Mr Abdullah Hadi Ibni Akil
7. Ms Norlelawati Hashim
8. Ms Noor Kartini Ahmad
9. Ms Mr Muhammad Shahir M. Ali
10. Ms Armiza Shuaib

PULAU PINANG**Liaison Officer**

Ms Marshita Mohamed

Field Supervisor

Ms Norhafizah Sahril

Nutritionist

1. Mr Mohd Faizal Ibrahim
2. Foo Ming Ming
3. Ms Umi Kalsom Abd. Majid
4. Mr Shahrulnaz Norhazli Nazri
5. Ms Siti Norazlin Mohd Ngadikin
6. Mr Mohd Yusri Noordin
7. Ms Jamaatul Firdaus Halim

Drivers

1. Mr Mohd Jamil Bidin
2. Mr Jefre Ahmad

Research Assistants

1. Mr Muhammad Hakim Abdul Jalil
2. Mr Mohd Rezuan Hamzah
3. Ms Siti Nuraina Mat Salam
4. Ms Norafsiah Yusof
5. Ms Nor Fadzilah Ahmad Sukhari
6. Mr Mohammad Hamizi Mohammad Muzamil

7. Mr Muhammad Hilmi Abdul Razak
8. Ms Wan Nur Ain Wan Anuar
9. Mr Mohd Firdaus Wahid
10. Ms Ummu Hanik Abdul Hamid

PERAK

Liaison Officer

Mr Yahya Ahmad

Field Supervisor

Ms Norzawati Yoep

Nutritionist

1. Ms Azira Abdullah
2. Mr Edmund Ross William Hunt
3. Sin Yong Wai
4. Ms Aniza Omar
5. Ms Nurul Husna Mohd Patel
6. Ms Zuwariah Abd Talib
7. Ms Rosa Erainie Baldura Baharudin

Drivers

1. Mr Fazli Mahdi
2. Mr Samsuddin Abdul Karim

Research Assistants

1. Ms Zaiton Ahmad
2. Mr Muhamad Mursyid Ismail
3. Ms Hadira Othman
4. Ms Puteri Faida Alya Zainuddin
5. Mr Firdaus Alias
6. Ms Dian Diyana Mohamad Asroun
7. Ms Noor Fazzilah Saidon
8. Mr Abdul Rashid Ali Kamal
9. Ms Noor Fadhilah Nordin
10. Mr Mohd Hakimi Hj Hussain

SELANGOR

Liaison Officer

Ms Jamilah Ahmad

Field Supervisor

Ms Chan Ying Ying

Nutritionist

1. Ms Norazaidah Yusof

2. Ms Acmarina Nur Salwani Muhammad Dalib
3. Mr Azhar Mohd Yusuf
4. Ms Wan Ema Marliza Wan Ismail
5. Ms Venodhini Cha Chu
6. Mr Norhisham Abdul Rahman
7. Ms Nor Hasyimah Khalid
8. Ms Zanafiza Abu Bakar
9. Ms Fitri Nurdiana Mahmud

Drivers

1. Mr Nuramali Fakrullah Abd. Malik
2. Mr Faizal Safiee

Research Assistants

1. Ms Nurul Diana Aminuddin
2. Ms Nurul Ain Othman
3. Mr Mohd Syahriman Abu Bakar
4. Ms Norhayati Mat
5. Ms Asmida Ismail
6. Ms Farah Dawana Ahmad
7. Mr Mohd Noor Shuhadaq Mohd Sakirin
8. Mr Mohamad Akram Abdul Aziz
9. Mr Mohd Fakri Mohamad
10. Mr Ganeswaran Gunasekaran

W.P. KUALA LUMPUR**Liaison Officer**

Ms Norazah Ahmad

Field Supervisor

Ms Syafinaz Mohd Sallehuddin

Nutritionist

1. Nur Dayana Shaari
2. Nurul Zaiza Zainuddin
3. Premila Sughita Retnasingam

Drivers

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6. Mr Masrazman Mohd Diah
7. Mr Wan Hashim Wan Ja'afar
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9. Ms Nurul Hidayah Rosli
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2. Ms Suzy Edawaty Ahmad Nordin
3. Ms Nor Idayu Idris
4. Ms Siti Sa'ra Yaacob
5. Ms Norliza Zainal Abidin
6. Mr Suhaidi Sudin
7. Ms Nurliana Abd Latiff
8. Ms Asvini Vasthavan
9. Ms Nor Fariza Jaafar

Drivers

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2. Mr Mohd Faizul Zainal Abidin
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4. Mr Rozali Yaakob
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3. Ms Nor Aidawati Ramli
4. Mr Gopi Sundrarajoo
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6. Mr Fauzi Ahmad Zamri
7. Mr Mohamad Aimi Iqwan Mohd Roslan
8. Mr Mohammad Rasul A. Razak
9. Mr Syafie Selamat
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3. Mr Muhamad Farhan Baharudin
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3. Ms Noraini Jamaludin
4. Ms Rafidah Abdullah
5. Mr Shahir Shamsuddin
6. Ms Chin Poh Ling
7. Ms Maslina Othman
8. Ms Normeiza Kamilan
9. Ms Noraini Kosnon
10. Ms Hamida Ab Hamid
11. Ms Quek Sue Lyn
12. Ms Aida Azna Abu Hasan
13. Ms Goh Hwee Teng

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3. Mr Mohd Faizal Md Jazi
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4. Goh Hon Chien
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6. Mr Mohd Fauzi Asim
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4. Ms Sam Azura Ahmad
5. Ms Hanis Bazilla Abu Hasan
6. Ms Wan Suria Wan Yussof
7. Ms Norwati Sakiram
8. Ms Khalidah Mat Husin
9. Ms Nor Hasliza Ibrahim
10. Ms Suriati Zakaria
11. Ms Nurul Asyikin Osman
12. Ms Har Rasyidah Mohd Irani
13. Ms Halimatus Saadiah Md Jabir
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4. Ms Norfadzila Jusoh
5. Ms Siti Nor Syarma Mohd Sharif
6. Ms Nor Ratna Mustaffa
7. Mr Shuhanim Md Shukeri
8. Ms Fasihah Wahad
9. Ms Tuan Nor Baizura Tuan Bidin
10. Ms Nurul Aida Embong
11. Mr Wan Abdul Aziz Wan Mamat

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3. Ms Faridah Ahmad
4. Ms Nonaimah Mat Hussin
5. Ms Noranasuha Abd Rahman
6. Mr Mohd Yusri Mohd Yunos
7. Ms Siti Norlailly Mohamed Nor
8. Ms Nazihah Mohd Yusof
9. Ms Nor Shahida Salleh
10. Mr Mohd Zaidi Mat Yazid

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2. Ms Salmie Ibrahim
3. Ms Norita Mat Rasid

4. Mr Wan Fauzi Wan Yusoff
5. Ms Fadwa Ali
6. Ms Noriza Hussein
7. Ms Junaidah Mustapha
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7. Ms Ajlaa Abdul Rashid
8. Mr Razali Makhtar
9. Ms Mohd Azwal Idrus
10. Ms Chua Boon Kee
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13. Ms Yeo Siang Ing
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7. Ms Amanda Blazes
8. Ms Nurul Syafawani Rosmadi
9. Ms Georgina Linda Anak John Ringkai
10. Ms Suharti Nyut
11. Mr Foong Wai Loon
12. Ms Noris Anak Pantar
13. Mr Razlan Abdullah
14. Ms Mandy Anak Abim
15. Mr Mazridhwan Yahya
16. Ms Noraziana Dorani
17. Ms Noni Anak Fenno
18. Mr Syed Khairulhisham Syed Yusuf
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18. Mr Mohd Iskandar Shah Maitin
19. Mr Awangku Mohd Shahfarol Pg Kamal
20. Ms Dayang Badariah Osman

APPENDIX 9 : QUESTIONNAIRE

<p>KEMENTERIAN KESIHATAN MALAYSIA & KEMENTERIAN PELAJARAN MALAYSIA</p>			
			
<p>TINJAUAN KEBANGSAAN KESIHATAN & MORBIDITI (NHMS)</p> <p><i>THE NATIONAL HEALTH MORBIDITY SURVEY (NHMS)</i></p>			
	<p>2012</p>		
<p>MODUL SURVEI KESIHATAN PELAJAR SEKOLAH GLOBAL (GSHS) MALAYSIA</p> <p><i>GLOBAL SCHOOL-BASED STUDENT HEALTH SURVEY MODULE (GSHS) MALAYSIA</i></p>			
<p>Jln. Rumah Sakit Bangsar, 59000 Kuala Lumpur</p>			

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PENGENALAN

INTRODUCTION

Kementerian Kesihatan Malaysia dengan kerjasama Kementerian Pelajaran Malaysia dan Pertubuhan Kesihatan Sedunia (WHO) sedang menjalankan tinjauan yang berkaitan kesihatan remaja. Survei ini adalah berkenaan dengan kesihatan anda dan tindakan yang anda ambil yang memberi kesan kepada kesihatan anda.

The Ministry of Health Malaysia with the cooperation of the Ministry of Education Malaysia and the World Health Organization (WHO) is conducting a survey on adolescent health. This survey is about your health and the things that you do that may affect your health.

Terima kasih kerana bersetuju untuk menyertai tinjauan ini. Tiada jawapan yang **BETUL** atau **SALAH**. **Markah peperiksaan anda tidak akan terjejas** sekiranya anda menjawab atau tidak menjawab soalan dalam survei ini. Setiap jawapan yang anda berikan boleh membantu memantapkan program kesihatan untuk remaja. Oleh itu, sila jawab dengan ikhlas dan tepat.

Thank you for agreeing to participate in this survey. There are no CORRECT or WRONG answers. None of your grades or marks will be affected whether or not you answer the questions. Each answer that you provide will help in the improvisation of health programs for adolescents. Therefore, please answer as honestly and accurately as possible.

Segala maklumat individu yang diberikan adalah **RAHSIA** kerana **TIADA MAKLUMAT PENGENALAN DIRI DIAMBIL** dan **TIDAK AKAN DIDEHAHKAN**. Tiada siapa akan tahu bagaimana anda menjawab. Sila jawab berdasarkan apa yang anda tahu.

All individual information given will be kept SECRET because NO IDENTIFIERS ARE TAKEN nor WILL BE EXPOSED. No one will know how you answer. Answer the questions based on your best of knowledge.

PANDUAN MENGISI BORANG (SILA BACA DENGAN TELITI)

GUIDE ON FILING THE QUESTIONNAIRE (PLEASE READ CAREFULLY)

- JANGAN** tulis **NAMA ANDA** pada kertas soalan mahupun kertas jawapan.
DO NOT write YOUR NAME on the questionnaire or the answer sheet.
- Sila **BACA PERNYATAAN** untuk soalan yang memberikan pernyataan atau definisi sebelum menjawab soalan.
Please READ STATEMENT for questions with a preceding statement or definition before answering.
- Sila **HITAMKAN** jawapan yang bersamaan jawapan anda pada kertas jawapan yang disediakan. Hanya hitamkan **SATU JAWAPAN** bagi setiap soalan. Sila gunakan pensel 2B yang disediakan. Sekiranya lengkap, ikut arahan pegawai yang melakukan survei di sekolah/kelas anda

Please FILL IN THE CIRCLES on your answer sheet that matches your answer. There can be ONLY ONE ANSWER for each question. Use only the provided 2B pencil. When you are done, follow the instructions of the person conducting the survey in your school/class.

BERIKUT ADALAH CONTOH BAGAIMANA MENGISI JAWAPAN

HERE IS AN EXAMPLE OF HOW TO FILL IN THE CIRCLES:

ISIKAN BULATAN SEPERTI INI

FILL IN THE CIRCLES LIKE THIS

SURVEI/SURVEY



BUKAN SEPERTI INI
NOT LIKE THIS



ATAU
OR



1. Adakah ikan tinggal dalam air?

- ya
- Tidak

Borang jawapan
Answer sheet

1.



B

C

D

E

F

G

H

1. Do fish live in water?

- Yes
- No



BAHAGIAN 1

PART 1

1. Berapakah umur anda?

How old are you?

- a. 11 tahun atau ke bawah
11 years old or younger
- b. 12 tahun
12 years old
- c. 13 tahun
13 years old
- d. 14 tahun
14 years old
- e. 15 tahun
15 years old
- f. 16 tahun
16 years old
- g. 17 tahun
17 years old
- h. 18 tahun atau ke atas
18 years old or older

2. Apakah jantina anda?

What is your sex?

- a. Lelaki
Male
- b. Perempuan
Female

3. Anda belajar di tingkatan/kelas apa?

In what form/class are you?

- a. Kelas peralihan
Remove class
- b. Tingkatan 1
Form 1
- c. Tingkatan 2
Form 2
- d. Tingkatan 3
Form 3
- e. Tingkatan 4
Form 4
- f. Tingkatan 5
Form 5

4. Apakah etnik anda?

What is your ethnicity?

- a. Melayu
Malay
- b. Cina
Chinese
- c. India
Indian
- d. Bumiputera Sabah
Bumiputera Sabah
- e. Bumiputera Sarawak
Bumiputera Sarawak
- f. Lain-lain etnik
Some other ethnicity

5. Apakah status perkahwinan ibu bapa anda?

What is the marital status of your parents?

- a. Berkahwin dan tinggal bersama
Married and living together
- b. Berkahwin tapi tidak tinggal bersama atas dasar bekerja di tempat lain
Married but living apart due to working in another place
- c. Bercerai
Divorced
- d. Balu (ayah atau ibu telah meninggal)
Widower (my mother or father has died)
- e. Berpisah (ibu bapa tidak tinggal serumah)
Separated (my parents do not live together)
- f. Tidak tahu
I do not know

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BAHAGIAN 2

PART 2

SILA BACA PERNYATAAN DIBAWAH:

5 soalan seterusnya adalah berkenaan dengan ketinggian, berat dan berkaitan dengan kelaparan.

PLEASE READ THE STATEMENT BELOW:

The next 5 questions ask about your height, weight, and going hungry.

6. Berapa tinggi anda tanpa memakai kasut? SILA TULIS TINGGI ANDA DI KERTAS JAWAPAN DALAM KOTAK BERLAKAR DI BAHAGIAN ATAS GRID DAN HITAMKAN SETIAP NOMBOR DALAM BULATAN YANG SAMA DENGAN JAWAPAN TADI. TULIS JAWAPAN ANDA SETELAH TINGGI ANDA DIUKUR SEPERTI YANG DIARAHKAN OLEH PEGAWAI YANG MENJALANKAN SURVEI.

How tall are you without your shoes on? ON THE ANSWER SHEET, WRITE YOUR HEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER. ONLY WRITE YOUR ANSWER AFTER YOUR HEIGHT HAVE BEEN MEASURED AS PER INSTRUCTED BY THE PERSON WHO IS CONDUCTING YOUR SURVEY.

Contoh:

Example:

Tinggi/Height (cm)		
1	5	3
0	0	0
1	1	1
2	2	2
	3	
	4	4
		5
	6	6
	7	7
	8	8
	9	9

7. Berapa berat anda dalam pakaian ringan dan tanpa memakai kasut? SILA TULIS BERAT ANDA DI KERTAS JAWAPAN DALAM KOTAK BERLAKAR DI BAHAGIAN ATAS GRID DAN HITAMKAN SETIAP NOMBOR DALAM BULATAN YANG SAMA DENGAN JAWAPAN TADI. TULIS JAWAPAN ANDA SETELAH BERAT ANDA DIUKUR SEPERTI YANG DIARAHKAN OLEH PEGAWAI YANG MENJALANKAN SURVEI.

How much do you weigh in light clothing and without your shoes on? ON THE ANSWER SHEET, WRITE YOUR WEIGHT IN THE SHADED BOXES AT THE TOP OF THE GRID. THEN FILL IN THE OVAL BELOW EACH NUMBER. ONLY WRITE YOUR ANSWER AFTER YOUR WEIGHT HAVE BEEN MEASURED AS PER INSTRUCTED BY THE PERSON WHO IS CONDUCTING YOUR SURVEY.

Contoh:

Example:

Berat/Weight (kg)		
0	5	2
0	0	0
1	1	1
2	2	
	3	3
	4	4
		5
	6	6
	7	7
	8	8
	9	9

8. Apakah pandangan anda tentang berat diri anda?

How do you describe your weight?

- a. Kurang berat badan
Very underweight
- b. Sedikit kurang berat badan
Slightly underweight
- c. Berat badan yang sesuai
About the right weight
- d. Sedikit berlebihan berat badan
Slightly overweight
- e. Berat badan berlebihan
Very overweight

9. Apakah yang telah anda lakukan tentang berat anda?

Which of the following are you trying to do about your weight?

- a. Saya tidak berbuat apa-apa tentang berat badan saya
I am not trying to do anything about my weight
- b. Kurangkan berat badan
Lose weight
- c. Tingkatkan berat badan
Gain weight
- d. Kekalkan berat badan
Stay the same weight

10. Dalam tempoh 30 hari yang lepas, berapa kerap anda kelaparan kerana tidak cukup makanan di rumah?

During the past 30 days, how often did you go hungry because there was not enough food in your home?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Sentiasa
Always

7 soalan berikutnya adalah berkenaan apa yang anda mungkin makan atau minum.

*The next 7 questions ask about what you might eat and drink.*11. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** makan buah?*During the past 30 days, how many times per day did you usually eat fruit?*

- a. Saya tidak makan buah dalam 30 hari yang lepas
I did not eat fruit during the past 30 days
- b. Kurang dari 1 kali dalam sehari
Less than 1 time per day
- c. 1 kali sehari
1 time per day
- d. 2 kali sehari
2 times per day
- e. 3 kali sehari
3 times per day
- f. 4 kali sehari
4 times per day
- g. 5 kali atau lebih sehari
5 or more times per day

12. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** makan sayur?*During the past 30 days, how many times per day did you usually eat vegetables?*

- a. Saya tidak makan sayur dalam 30 hari yang lepas
I did not eat vegetables during the past 30 days
- b. Kurang dari 1 kali dalam sehari
Less than 1 time per day
- c. 1 kali sehari
1 time per day
- d. 2 kali sehari
2 times per day
- e. 3 kali sehari
3 times per day
- f. 4 kali sehari
4 times per day
- g. 5 kali atau lebih sehari
5 or more times per day

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13. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** minum air berkarbonat seperti Coca Cola, Sprite, Pepsi dan lain-lain? (Air berkarbonat diet **tidak termasuk** dalam kumpulan ini)
During the past 30 days, how many times per day did you usually drink carbonated soft drinks such as Coca Cola, Sprite, and Pepsi? (Do not include diet soft drinks)
- Saya tidak minum air berkarbonat dalam 30 hari yang lepas
I did not drink carbonated soft drinks during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali sehari
4 times per day
 - 5 kali atau lebih sehari
5 or more times per day
14. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** minum air kosong seperti air mineral, air masak, atau air paip?
During the past 30 days, how many times per day did you usually drink plain water such as mineral water, boiled water, or tap water?
- Saya tidak minum air kosong dalam 30 hari yang lepas
I did not drink plain water during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali sehari
4 times per day
 - 5 kali atau lebih sehari
5 or more times per day
15. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda **biasanya** minum susu atau makan produk tenusu seperti susu, keju, yogurt dan lain-lain? (Ini tidak termasuk susu pekat manis)
During the past 30 days, how many times per day did you usually drink milk or eat milk products, such as milk, cheese, and yogurt? (This does not include sweetened condensed milk)
- Saya tidak minum susu atau makan produk tenusu dalam tempoh 30 hari yang lepas
I did not drink milk or eat milk products during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali sehari
4 times per day
 - 5 kali atau lebih sehari
5 or more times per day
16. Dalam tempoh 7 hari yang lepas, berapa hari anda makan makanan segera dari **restoran makanan segera** seperti McDonalds, KFC, dan Pizza Hut?
During the past 7 days, on how many days did you eat food from a fast food restaurant, such as McDonalds, KFC, and Pizza Hut?
- 0 hari
0 days
 - 1 hari
1 day
 - 2 hari
2 days
 - 3 hari
3 days
 - 4 hari
4 days
 - 5 hari
5 days
 - 6 hari
6 days
 - 7 hari
7 days

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17. Dalam tempoh 7 hari yang lepas, berapa hari anda makan sebelum pukul 9:00 pagi?
During the past 7 days, on how many days did you eat a meal before 9:00 am?
- a. 0 hari
0 days
 - b. 1 hari
1 day
 - c. 2 hari
2 days
 - d. 3 hari
3 days
 - e. 4 hari
4 days
 - f. 5 hari
5 days
 - g. 6 hari
6 days
 - h. 7 hari
7 days

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BAHAGIAN 3

PART 3

5 soalan seterusnya adalah berkenaan amalan pembersihan gigi.

The next 5 questions ask about cleaning your teeth.

18. Dalam tempoh 30 hari yang lepas, berapa kali dalam sehari anda membersih atau memberus gigi anda?
During the past 30 days, how many times per day did you usually clean or brush your teeth?
- Saya tidak membersih atau memberus gigi dalam 30 hari yang lepas
I did not clean or brush my teeth during the past 30 days
 - Kurang dari 1 kali dalam sehari
Less than 1 time per day
 - 1 kali sehari
1 time per day
 - 2 kali sehari
2 times per day
 - 3 kali sehari
3 times per day
 - 4 kali atau lebih sehari
4 or more times per day
19. Dalam tempoh 12 bulan yang lepas, adakah sakit gigi menyebabkan anda tidak hadir ke kelas atau sekolah?
During the past 12 months, did a tooth ache cause you to miss classes or school?
- Ya
Yes
 - Tidak
No
20. Adakah anda menggunakan ubat gigi berflourida?
Do you use toothpaste that contains fluoride?
- Ya
Yes
 - Tidak
No
 - Tidak tahu
I do not know
21. Bilakah kali terakhir anda berjumpa doktor gigi atau jururawat pergigian untuk pemeriksaan, pembersihan gigi atau rawatan pergigian yang lain?
When was the last time you saw a dentist or dental nurse for a check-up, teeth cleaning, or other dental treatment?
- Dalam tempoh 12 bulan yang lepas
During the past 12 months
 - Di antara 12 hingga 24 bulan yang lepas
Between 12 and 24 months ago
 - Lebih daripada 24 bulan yang lepas
More than 24 months ago
 - Tidak pernah
Never
 - Tidak tahu
I do not know
22. Adakah anda mengelak untuk senyum atau ketawa kerana risau dengan rupa gigi anda?
Do you avoid smiling or laughing because of how your teeth look?
- Ya
Yes
 - Tidak
No

3 soalan seterusnya adalah berkenaan amalan membasuh tangan.

The next 3 questions ask you about washing your hands.

23. Dalam tempoh 30 hari yang lepas, berapa kerap anda membasuh tangan sebelum makan?

During the past 30 days, how often did you wash your hands before eating?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-Kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Setiap kali
Always

24. Dalam tempoh 30 hari yang lepas, berapa kerap anda membasuh tangan selepas menggunakan tandas?

During the past 30 days, how often did you wash your hands after using the toilet or latrine?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-Kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Setiap kali
Always

25. Dalam tempoh 30 hari yang lepas, berapa kerap anda menggunakan sabun semasa membasuh tangan anda?

During the past 30 days, how often did you use soap when washing your hands?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-Kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Setiap kali
Always

BAHAGIAN 4
PART 4**SILA BACA PERNYATAAN DI BAWAH:**

Soalan berikutnya adalah berkenaan serangan fizikal. Serangan fizikal berlaku apabila seorang atau lebih ramai orang menyerang individu lain dengan anggota badan atau senjata seperti kayu, pisau atau senjata api. Serangan fizikal tidak diambil kira jika dua individu atau pelajar yang sama saiz atau kekuatan bersetuju untuk bergaduh secara fizikal.

PLEASE READ THE STATEMENT BELOW:

The next question asks about physical attacks. A physical attack occurs when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as a stick, knife, or gun). It is not a physical attack when two individuals or students of about the same strength or power choose to fight each other.

26. Dalam tempoh 12 bulan yang lepas, berapa kali anda telah diserang secara fizikal?
During the past 12 months, how many times were you physically attacked?
- 0 kali
0 times
 - 1 kali
1 time
 - 2 atau 3 kali
2 or 3 times
 - 4 atau 5 kali
4 or 5 times
 - 6 atau 7 kali
6 or 7 times
 - 8 atau 9 kali
8 or 9 times
 - 10 atau 11 kali
10 or 11 times
 - 12 kali atau lebih
12 or more times

SILA BACA PERNYATAAN DI BAWAH:

Soalan seterusnya adalah berkaitan dengan pergaduhan fizikal. Pergaduhan fizikal berlaku apabila dua individu atau pelajar yang sama saiz atau kekuatan bersetuju untuk bergaduh secara fizikal.

PLEASE READ THE STATEMENT BELOW:

The next question asks about physical fights. A physical fight occurs when two individuals or students of about the same strength or power choose to fight each other.

27. Dalam tempoh 12 bulan yang lepas, berapa kali anda terlibat dalam pergaduhan secara fizikal?
During the past 12 months, how many times were you in a physical fight?
- 0 kali
0 times
 - 1 kali
1 time
 - 2 atau 3 kali
2 or 3 times
 - 4 atau 5 kali
4 or 5 times
 - 6 atau 7 kali
6 or 7 times
 - 8 atau 9 kali
8 or 9 times
 - 10 atau 11 kali
10 or 11 times
 - 12 kali atau lebih
12 or more times

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SILA BACA PERNYATAAN DI BAWAH:

3 soalan seterusnya adalah berkenaan kecederaan serius yang pernah anda alami. Kecederaan serius berlaku apabila anda tidak hadir sekurang-kurangnya satu hari aktiviti biasa yang dilakukan (termasuk sekolah, sukan atau kerja) atau kecederaan yang memerlukan rawatan daripada doktor atau anggota kesihatan.

PLEASE READ THE STATEMENT BELOW:

The next 3 questions ask about serious injuries that happened to you. An injury is serious when it makes you miss at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or medical personnel.

28. Dalam tempoh 12 bulan yang lepas, berapa kali anda mengalami kecederaan serius?

During the past 12 months, how many times were you seriously injured?

- a. 0 kali
0 times
- b. 1 kali
1 time
- c. 2 atau 3 kali
2 or 3 times
- d. 4 atau 5 kali
4 or 5 times
- e. 6 atau 7 kali
6 or 7 times
- f. 8 atau 9 kali
8 or 9 times
- g. 10 atau 11 kali
10 or 11 times
- h. 12 kali atau lebih
12 or more times

29. Dalam tempoh 12 bulan yang lepas, apakah kecederaan yang paling serius yang anda pernah alami?

During the past 12 months, what was the most serious injury that happened to you?

- a. Saya tidak mengalami kecederaan dalam tempoh 12 bulan yang lepas
I was not seriously injured during the past 12 months
- b. Patah tulang atau sendi terkehel/terkeluar
I had a broken bone or a dislocated joint
- c. Luka atau tikaman
I had a cut or stab wound
- d. Gegaran (konkusi) kepala atau kecederaan leher, pengsan, atau tidak boleh bernafas
I had a concussion or other head or neck injury, was knocked out, or could not breathe
- e. Kecederaan senjata api
I had a gunshot wound
- f. Kebakaran kulit yang serius
I had a bad burn
- g. Diracun atau mengambil ubat berlebihan
I was poisoned or took too much of a drug
- h. Sesuatu yang lain berlaku kepada saya
Something else happened to me

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30. Dalam tempoh 12 bulan yang lepas, apakah **penyebab utama** terhadap kecederaan **serius** yang anda alami?
*During the past 12 months, what was the major cause of the most **serious** injury that happened to you?*
- Saya tidak mengalami kecederaan dalam 12 bulan yang lepas
I was not seriously injured during the past 12 months
 - Saya terlibat dalam kemalangan kenderaan
I was in a motor vehicle accident or hit by a motor vehicle
 - Saya terjatuh
I fell
 - Sesuatu telah jatuh atau terkena saya
Something fell on me or hit me
 - Saya telah diserang atau didera atau bergaduh dengan orang lain
I was attacked or abused or was fighting with someone
 - Saya terlibat dalam kebakaran atau berada terlalu dekat dengan api atau sesuatu yang panas
I was in a fire or too near a flame or something hot
 - Saya sedut atau telan sesuatu yang membahayakan saya
I inhaled or swallowed something bad for me
 - Sesuatu yang lain menyebabkan kecederaan saya
Something else caused my injury

SILA BACA PERNYATAAN DI BAWAH:

2 soalan seterusnya adalah berkenaan buli. Buli berlaku apabila seorang atau sekumpulan pelajar mengata atau melakukan sesuatu yang tidak menyenangkan pelajar lain. Seseorang juga boleh dikatakan dibuli apabila dia diejek secara berterusan atau dipulaukan dengan sengaja. Buli tidak diambil kira apabila dua pelajar yang sama saiz atau kekuatan bergaduh atau ejekan dilakukan secara bergurau atau berseronok bagi kedua-dua pihak.

PLEASE READ THE STATEMENT BELOW:

The next 2 questions ask about bullying. Bullying occurs when a student or group of students say or do bad or unpleasant things to another student. It is also bullying when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. It is not bullying when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way.

31. Dalam tempoh 30 hari yang lepas, berapa hari anda telah dibuli?
During the past 30 days, on how many days were you bullied?
- 0 hari
0 days
 - 1 atau 2 hari
1 or 2 days
 - 3 hingga 5 hari
3 to 5 days
 - 6 hingga 9 hari
6 to 9 days
 - 10 hingga 19 hari
10 to 19 days
 - 20 hingga 29 hari
20 to 29 days
 - Kesemua 30 hari
All 30 days

32. Dalam 30 hari yang lepas, apakah perlakuan buli **paling kerap** anda alami?

During the past 30 days, how were you bullied most often?

- a. Saya tidak dibuli dalam 30 hari yang lepas
I was not bullied during the past 30 days
- b. Saya telah dipukul, ditendang, ditolak atau dikunci dalam suatu tempat
I was hit, kicked, pushed, shoved around, or locked indoors
- c. Saya telah diejek kerana bangsa, kerakyatan atau warna kulit saya
I was made fun of because of my race, nationality, or color
- d. Saya telah diejek kerana agama saya
I was made fun of because of my religion
- e. Saya telah diejek dengan ejekan seksual seperti secara komen, perilaku atau gurauan
I was made fun of with sexual jokes, comments, or gestures
- f. Saya telah dipulau dari apa-apa aktiviti secara sengaja atau langsung tidak dipedulikan
I was left out of activities on purpose or completely ignored
- g. Saya diejek kerana bentuk badan atau paras rupa saya
I was made fun of because of how my body or face looks
- h. Saya telah dibuli dengan cara lain
I was bullied in some other way

SILA BACA PERNYATAAN DI BAWAH:

2 soalan berikutnya adalah berkenaan deraan fizikal dan lisan di rumah. Apabila seseorang memukul atau mengatakan ayat yang menyakitkan hati ianya diambil kita sebagai deraan fizikal dan lisan.

PLEASE READ THE STATEMENT BELOW:

The next 2 questions ask about physical and verbal abuse at home. When someone hits you or says hurtful or insulting things to you it is called physical abuse or verbal abuse.

33. Dalam tempoh 30 hari yang lepas, adakah anda telah dipukul di rumah sehingga meninggalkan kesan atau mengalami kecederaan?

During the past 30 days, how many times did someone at home hit you so hard that they left a mark or caused an injury?

- a. 0 kali
0 times
- b. 1 kali
1 time
- c. 2 atau 3 kali
2 or 3 times
- d. 4 atau 5 kali
4 or 5 times
- e. 6 atau 7 kali
6 or 7 times
- f. 8 atau 9 kali
8 or 9 times
- g. 10 atau 11 kali
10 or 11 times
- h. 12 kali atau lebih
12 or more times

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34. Dalam tempoh 30 hari yang lepas, berapa kali seseorang di rumah menyatakan sesuatu yang menyakitkan hati atau menghina anda?

During the past 30 days, how many times has someone at home said hurtful or insulting things to you?

- a. 0 kali
0 times
- b. 1 kali
1 time
- c. 2 atau 3 kali
2 or 3 times
- d. 4 atau 5 kali
4 or 5 times
- e. 6 atau 7 kali
6 or 7 times
- f. 8 atau 9 kali
8 or 9 times
- g. 10 atau 11 kali
10 or 11 times
- h. 12 kali atau lebih
12 or more times

BAHAGIAN 5
PART 5

6 soalan seterusnya adalah berkenaan perasaan dan persahabatan anda.
The next 6 questions ask about your feelings and friendships.

35. Dalam tempoh 12 bulan yang lepas, berapa kerap anda merasa kesunyian?
During the past 12 months, how often have you felt lonely?
- Tidak pernah
Never
 - Jarang-jarang
Rarely
 - Kadang-Kadang
Sometimes
 - Kebanyakan masa
Most of the time
 - Setiap kali
Always
36. Dalam tempoh 12 bulan yang lepas, berapa kerap anda merasa terlalu risau tentang sesuatu perkara sehingga anda tidak dapat tidur di waktu malam?
During the past 12 months, how often have you been so worried about something that you could not sleep at night?
- Tidak pernah
Never
 - Jarang-jarang
Rarely
 - Kadang-Kadang
Sometimes
 - Kebanyakan masa
Most of the time
 - Setiap kali
Always
37. Dalam tempoh 12 bulan yang lepas, pernahkah anda terfikir **secara serius** untuk membunuh diri?
During the past 12 months, did you ever seriously consider attempting suicide?
- Ya
Yes
 - Tidak
No
38. Dalam tempoh 12 bulan yang lepas, adakah anda membuat perancangan untuk membunuh diri?
During the past 12 months, did you make a plan about how you would attempt suicide?
- Ya
Yes
 - Tidak
No
39. Dalam tempoh 12 bulan yang lepas, berapa kali anda telah **cuba** untuk membunuh diri?
During the past 12 months, how many times did you actually attempt suicide?
- 0 kali
0 kali
 - 1 kali
1 time
 - 2 atau 3 kali
2 or 3 times
 - 4 hingga 5 kali
4 or 5 times
 - 6 kali atau lebih
6 or more times
40. Berapa ramai kawan rapat yang anda ada?
How many close friends do you have?
- 0 kawan
0 friends
 - 1 kawan
1 friend
 - 2 kawan
2 friends
 - 3 atau lebih
3 or more

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BAHAGIAN 6

PART 6

9 soalan seterusnya adalah berkenaan rokok dan produk tembakau yang lain.

The next 9 questions ask about cigarettes and other tobacco products.

41. Berapakah umur anda ketika kali pertama menghisap rokok?
How old were you when you first tried a cigarette?
- Saya tidak pernah merokok
I have never smoked cigarettes
 - 7 tahun atau ke bawah
7 years old or younger
 - 8 atau 9 tahun
8 or 9 years old
 - 10 atau 11 tahun
10 or 11 years old
 - 12 atau 13 tahun
12 or 13 years old
 - 14 atau 15 tahun
14 or 15 years old
 - 16 tahun atau ke atas
16 years old or older
42. Dalam tempoh 30 hari yang lepas, berapa hari anda merokok?
During the past 30 days, on how many days did you smoke cigarettes?
- 0 hari
0 days
 - 1 atau 2 hari
1 or 2 days
 - 3 hingga 5 hari
3 to 5 days
 - 6 hingga 9 hari
6 to 9 days
 - 10 hingga 19 hari
10 to 19 days
 - 20 hingga 29 hari
20 to 29 days
 - Kesemua 30 hari
All 30 days
43. Dalam tempoh 30 hari yang lepas, berapa hari anda menggunakan produk tembakau lain selain rokok seperti shisha/hookah, rokok elektronik, tembakau sedut, tembakau kunyah, paip, curut, cigar, cigarillo atau bidis?
During the past 30 days, on how many days did you use tobacco products other than cigarettes such as shisha/hookah, electronic cigarettes, snuff, chewing tobacco, pipes, curut, cigars, cigarillos or bidis?
- 0 hari
0 days
 - 1 atau 2 hari
1 or 2 days
 - 3 hingga 5 hari
3 to 5 days
 - 6 hingga 9 hari
6 to 9 days
 - 10 hingga 19 hari
10 to 19 days
 - 20 hingga 29 hari
20 to 29 days
 - Kesemua 30 hari
All 30 days

44. Dalam tempoh 30 hari yang lepas, produk tembakau manakah selain daripada rokok yang anda **paling kerap** gunakan?
During the past 30 days, which of the following tobacco product other than cigarettes did you use most often?
- Saya tidak merokok mana-mana produk tembakau di atas dalam tempoh 30 hari yang lepas
I did not smoke any of the following tobacco products during the past 30 days
 - Shisha/Hookah
Shisha/Hookah
 - Rokok elektronik
Electronic cigarettes
 - Tembakau sedut atau tembakau kunyah
Snuff or chewing tobacco
 - Paip
Pipes
 - Curut, cigar or cigarillo
Curut, cigars atau cigarillos
 - Bidis
Bidis
 - Produk tembakau lain
Some other tobacco product
45. Dalam tempoh 12 bulan yang lepas, adakah anda cuba untuk berhenti merokok?
During the past 12 months, have you ever tried to stop smoking cigarettes?
- Saya tidak pernah merokok
I have never smoked cigarettes
 - Saya tidak pernah merokok dalam tempoh 12 bulan yang lepas
I did not smoke cigarettes during the past 12 months
 - Ya
Yes
 - Tidak
No
46. Dalam tempoh 7 hari yang lepas, berapa hari anda bersama dengan perokok yang sedang merokok?
During the past 7 days, on how many days have people smoked in your presence?
- 0 hari
0 days
 - 1 atau 2 hari
1 or 2 days
 - 3 atau 4 hari
3 or 4 days
 - 5 atau 6 hari
5 or 6 days
 - Kesemua 7 hari
All 7 days
47. Antara bapa, ibu atau penjaga, siapa ada mengguna produk tembakau termasuk rokok?
Which of your parents or guardians use any form of tobacco including cigarettes?
- Kedua-duanya tidak merokok
Neither
 - Ayah atau penjaga lelaki
My father or male guardian
 - Ibu atau penjaga perempuan
My mother or female guardian
 - Kedua-duanya
Both
 - Tidak tahu
I do not know
48. Dalam tempoh 12 bulan adakah anda akan merokok?
At any time during the next 12 months, do you think you will smoke a cigarette?
- Tidak akan
Definitely not
 - Mungkin tidak
Probably not
 - Mungkin ya
Maybe yes
 - Memang ya
Definitely yes

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49. Jika kawan rapat anda menghulurkan rokok, adakah anda akan menghisapnya?

If one of your best friends offered you a cigarette would you smoke it?

- a. Tidak akan
Definitely not
- b. Mungkin tidak
Probably not
- c. Mungkin ya
Maybe yes
- d. Memang ya
Definitely yes

BAHAGIAN 7
PART 7

SILA BACA PERNYATAAN DI BAWAH:

6 soalan berikutnya adalah berkenaan meminum minuman beralkohol. Satu "minuman" merujuk kepada satu gelas wain tuak, lihing, bahar, ijuk atau tody; sebotol bir; segelas kecil arak, langkau, montoku; atau minuman campuran. Minuman beralkohol tidak termasuk beberapa hirup wain untuk tujuan keagamaan.

PLEASE READ THE STATEMENT BELOW:

The next 6 questions ask about drinking alcohol. A "drink" is a glass of wine, tuak, lihing, bahar, ijuk or toddy; a bottle of beer; a small glass of liquor; or a mixed drink. Drinking alcohol does not include drinking a few sips of wine for religious purposes.

50. Berapakah umur anda ketika kali pertama anda minum minuman beralkohol?

How old were you when you had your first drink of alcohol?

- a. Saya tidak pernah minum minuman beralkohol
I have never had a drink of alcohol
- b. 7 tahun atau ke bawah
7 years old or younger
- c. 8 atau 9 tahun
8 or 9 years old
- d. 10 atau 11 tahun
10 or 11 years old
- e. 12 atau 13 tahun
12 or 13 years old
- f. 14 atau 15 tahun
14 or 15 years old
- g. 16 tahun atau ke atas
16 years old or older

51. Dalam tempoh 30 hari yang lepas, berapa hari anda mengambil sekurang-kurangnya satu minuman mengandungi alkohol?

During the past 30 days, on how many days did you have at least one drink containing alcohol?

- a. 0 hari
0 days
- b. 1 atau 2 hari
1 or 2 days
- c. 3 hingga 5 hari
3 to 5 days
- d. 6 hingga 9 hari
6 to 9 days
- e. 10 hingga 19 hari
10 to 19 days
- f. 20 hingga 29 hari
20 to 29 days
- g. Kesemua 30 hari
All 30 days

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52. Dalam tempoh 30 hari yang lepas, pada hari anda minum minuman beralkohol; berapa banyak minuman yang anda **biasa** ambil dalam sehari?
During the past 30 days, on the days you drank alcohol; how many drinks did you usually drink per day?
- Saya tidak minum minuman beralkohol dalam 30 hari yang lepas
I did not drink alcohol during the past 30 days
 - Kurang dari satu minuman
Less than one drink
 - 1 minuman
1 drink
 - 2 minuman
2 drinks
 - 3 minuman
3 drinks
 - 4 minuman
4 drinks
 - 5 minuman atau lebih
5 or more drinks

53. Dalam tempoh 30 hari yang lepas, **biasanya** bagaimana anda mendapatkan minuman beralkohol? **SILA PILIH SATU JAWAPAN SAHAJA**
During the past 30 days, how did you usually get the alcohol you drank? SELECT ONLY ONE RESPONSE
- Saya tidak minum minuman beralkohol dalam 30 hari yang lepas
I did not drink alcohol during the past 30 days
 - Saya beli dari kedai atau gerai
I bought it in a store, shop, or from a street vendor
 - Saya beri duit kepada orang lain untuk membeli
I gave someone else money to buy it for me
 - Kawan saya yang beri kepada saya
I got it from my friends
 - Keluarga saya beri kepada saya
I got it from my family
 - Saya curi atau ambil tanpa kebenaran
I stole it or got it without permission
 - Saya memperolehi dari cara lain
I got it some other way

SILA BACA PERNYATAAN DI BAWAH:

Terhuyung-hayang semasa berjalan, tidak mampu bercakap dengan betul, dan muntah adalah tanda seseorang itu terlalu mabuk.

PLEASE READ THE STATEMENT BELOW:

Staggering when walking, not being able to speak right, and throwing up are some signs of being really drunk.

54. Sepanjang hidup anda, berapa kali anda minum minuman alkohol berlebihan sehingga betul-betul mabuk?
During your life, how many times did you drink so much alcohol that you were really drunk?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 kali atau lebih
10 or more times

55. Sepanjang hidup anda, berapa kali anda mendapat kesusahan dengan ahli keluarga atau kawan, tidak ke sekolah, atau bertumbuk, akibat daripada minum minuman beralkohol?
During your life, how many times have you got into trouble with your family or friends, missed school, or got into fights, as a result of drinking alcohol?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 kali atau lebih
10 or more times

BAHAGIAN 8
PART 8

SILA BACA PERNYATAAN DI BAWAH:

4 soalan berikutnya adalah berkenaan penggunaan dadah termasuk heroin, morfin, gam, amfetamin, ecstasy, syabu, ice dan ganja. Ini tidak termasuk ubat-ubatan preskripsi.

PLEASE READ THE STATEMENT BELOW:

The next 4 questions ask about drug use. This includes heroin, morphine, glue, amphetamine, ecstasy, syabu, ice, ganja. This does not include prescribed medicine.

56. Berapa umur anda ketika **pertama kali** anda menggunakan dadah?
How old were you when you first used drugs?
- Saya tidak pernah menggunakan dadah
I have never used drugs
 - 7 tahun atau ke bawah
7 years old or younger
 - 8 atau 9 tahun
8 or 9 years old
 - 10 atau 11 tahun
10 or 11 years old
 - 12 atau 13 tahun
12 or 13 years old
 - 14 atau 15 tahun
14 or 15 years old
 - 16 tahun atau ke atas
16 years old or older
57. Sepanjang hidup anda, berapa kali anda telah menggunakan dadah?
During your life, how many times have you used drugs?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 hingga 19 kali
10 to 19 times
 - 20 kali atau lebih
20 or more times
58. Dalam tempoh 30 hari yang lepas, berapa kali anda menggunakan dadah?
During the past 30 days, how many times have you used drugs?
- 0 kali
0 times
 - 1 atau 2 kali
1 or 2 times
 - 3 hingga 9 kali
3 to 9 times
 - 10 hingga 19 kali
10 to 19 times
 - 20 kali atau lebih
20 or more times
59. Dalam tempoh 30 hari yang lepas, bagaimana biasanya anda mendapatkan dadah yang anda gunakan? **SILA PILIH SATU JAWAPAN SAHAJA**
During the past 30 days, how did you usually get the drugs you used? SELECT ONLY ONE RESPONSE
- Saya tidak menggunakan dadah dalam 30 hari yang lepas
I did not use drugs during the past 30 days
 - Saya beli dari orang lain
I bought them from someone
 - Saya beri duit kepada orang lain untuk membeli
I gave someone else money to buy it for me
 - Saya mencuri atau mengambil tanpa kebenaran
I stole it or got it without permission
 - Kawan saya yang beri kepada saya
I got it from my friends
 - Keluarga saya beri kepada saya
I got it from my family
 - Saya memperolehi dari cara lain
I got it some other way

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60. Sepanjang hidup anda, berapa kali anda telah menggunakan ganja?

During your life, how many times have you used marijuana?

- a. 0 kali
0 times
- b. 1 atau 2 kali
1 or 2 times
- c. 3 hingga 9 kali
3 to 9 times
- d. 10 hingga 19 kali
10 to 19 times
- e. 20 kali atau lebih
20 or more times

61. Dalam tempoh 30 hari yang lepas, berapa kali anda menggunakan ganja?

During the past 30 days, how many times have you used marijuana?

- a. 0 kali
0 times
- b. 1 atau 2 kali
1 or 2 times
- c. 3 hingga 9 kali
3 to 9 times
- d. 10 hingga 19 kali
10 to 19 times
- e. 20 kali atau lebih
20 or more times

62. Sepanjang hidup anda, berapa kali anda telah menggunakan amfetamin atau metamfetamin?

During your life, how many times have you used amphetamines or metamphetamines?

- a. 0 kali
0 times
- b. 1 atau 2 kali
1 or 2 times
- c. 3 hingga 9 kali
3 to 9 times
- d. 10 hingga 19 kali
10 to 19 times
- e. 20 kali atau lebih
20 or more times

BAHAGIAN 9
PART 9

SILA BACA PERNYATAAN DI BAWAH:

5 soalan berikutnya adalah berkenaan hubungan seksual. Hubungan seksual adalah perlakuan seks yang melibatkan memasukkan zakar ke dalam faraj atau dubur.

PLEASE READ THE STATEMENT BELOW:

The next 5 questions ask about sexual intercourse. Sexual intercourse is defined as sexual acts of penetration of penis into vagina or anus.

- | | |
|--|---|
| <p>63. Pernahkah anda melakukan hubungan seksual/persetubuhan?
<i>Have you ever had sexual intercourse?</i></p> <p>a. Ya
<i>Yes</i></p> <p>b. Tidak
<i>No</i></p> <p>64. Berapa umur anda ketika kali pertama melakukan hubungan seksual/persetubuhan?
<i>How old were you when you had sexual intercourse for the first time?</i></p> <p>a. Saya tidak pernah melakukan hubungan seksual/persetubuhan
<i>I have never had sexual intercourse</i></p> <p>b. 11 tahun atau ke bawah
<i>11 years old or younger</i></p> <p>c. 12 tahun
<i>12 years old</i></p> <p>d. 13 tahun
<i>13 years old</i></p> <p>e. 14 tahun
<i>14 years old</i></p> <p>f. 15 tahun
<i>15 years old</i></p> <p>g. 16 tahun atau ke atas
<i>16 years old or older</i></p> | <p>65. Sepanjang hidup anda, berapa ramai orang yang anda telah lakukan hubungan seksual/persetubuhan?
<i>During your life, with how many people have you had sexual intercourse?</i></p> <p>a. Saya tidak pernah melakukan hubungan seksual/persetubuhan
<i>I have never had sexual intercourse</i></p> <p>b. 1 orang
<i>1 person</i></p> <p>c. 2 orang
<i>2 people</i></p> <p>d. 3 orang
<i>3 people</i></p> <p>e. 4 orang
<i>4 people</i></p> <p>f. 5 orang
<i>5 people</i></p> <p>g. 6 orang atau lebih
<i>6 or more people</i></p> <p>66. Kali terakhir anda melakukan hubungan seksual/persetubuhan; adakah anda atau pasangan anda menggunakan kondom?
<i>The last time you had sexual intercourse; did you or your partner use a condom?</i></p> <p>a. Saya tidak pernah melakukan hubungan seksual/persetubuhan
<i>I have never had sexual intercourse</i></p> <p>b. Ya
<i>Yes</i></p> <p>c. Tidak
<i>No</i></p> |
|--|---|

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67. Kali terakhir anda melakukan hubungan seksual/persetubuhan, adakah anda atau pasangan anda menggunakan kaedah pencegahan kehamilan lain seperti teknik pancutan luar, masa selamat, pil pencegah kehamilan, ataupun kaedah lain?

The last time you had sexual intercourse, did you or your partner use any other method of birth control, such as withdrawal, safe time, birth control pills, or any other method to prevent pregnancy?

a. Saya tidak pernah melakukan hubungan seksual/persetubuhan

I have never had sexual intercourse

b. Ya

Yes

c. Tidak

No

d. Tidak tahu

I do not know

BAHAGIAN 10
PART 10**SILA BACA PERNYATAAN DIBAWAH:**

4 soalan seterusnya adalah berkenaan aktiviti fizikal. Aktiviti fizikal adalah apa-apa aktiviti yang meningkatkan kadar denyutan jantung dan menyebabkan kita bernafas dengan kuat. Aktiviti fizikal boleh dilakukan dalam sukan, bermain dengan kawan, atau berjalan ke sekolah. Contoh aktiviti fizikal termasuklah berlari, berjalan pantas, berbasikal, menari, dan bola sepak.

PLEASE READ THE STATEMENT BELOW:

The next 4 questions ask about physical activity. Physical activity is any activity that increases your heart rate and makes you breathe hard. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, and football.

68. Dalam tempoh 7 hari yang lepas, berapa hari anda melakukan aktiviti fizikal untuk sekurang-kurangnya 60 minit setiap hari? **JUMLAHKAN MASA ANDA MELAKUKAN APA-APA AKTIVITI FIZIKAL SETIAP HARI**
During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? ADD UP ALL THE TIME YOU SPENT IN ANY KIND OF PHYSICAL ACTIVITY EACH DAY

- a. 0 hari
0 days
- b. 1 hari
1 day
- c. 2 hari
2 days
- d. 3 hari
3 days
- e. 4 hari
4 days
- f. 5 hari
5 days
- g. 6 hari
6 days
- h. 7 hari
7 days

69. Dalam tempoh 7 hari yang lepas, berapa hari anda berjalan kaki atau berbasikal ke sekolah atau balik ke rumah?

During the past 7 days, on how many days did you walk or ride a bicycle to or from school?

- a. 0 hari
0 days
- b. 1 hari
1 day
- c. 2 hari
2 days
- d. 3 hari
3 days
- e. 4 hari
4 days
- f. 5 hari
5 days
- g. 6 hari
6 days
- h. 7 hari
7 days

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70. Sepanjang tahun persekolahan tahun ini, berapa kali anda mengikuti kelas pendidikan jasmani dan kesihatan (PJK) setiap minggu?

During this school year, on how many days did you go to physical education class (PE) each week?

- a. 0 hari
0 days
- b. 1 hari
1 day
- c. 2 hari
2 days
- d. 3 hari
3 days
- e. 4 hari
4 days
- f. 5 hari atau lebih
5 or more days

SILA BACA PERNYATAAN DIBAWAH:

Soalan berikutnya adalah berkenaan masa yang anda habiskan dengan duduk semasa tidak di sekolah atau semasa membuat kerja rumah.

PLEASE READ THE STATEMENT BELOW:

The next question asks about the time you spend mostly sitting when you are not in school or doing homework.

71. Biasanya berapa masa yang anda habiskan untuk duduk sama ada untuk menonton televisyen, bermain permainan computer, berbual dengan kawan atau apa-apa aktiviti yang memerlukan anda duduk?

How much time do you spend during a typical or usual day sitting and watching television, playing computer games, talking with friends, or doing other sitting activities?

- a. Kurang dari 1 jam sehari
Less than 1 hour per day
- b. 1 hingga 2 jam sehari
1 to 2 hours per day
- c. 3 hingga 4 jam sehari
3 to 4 hours per day
- d. 5 hingga 6 jam sehari
5 to 6 hours per day
- e. 7 hingga 8 jam sehari
7 to 8 hours per day
- f. Lebih dari 8 jam sehari
More than 8 hours per day

BAHAGIAN 11
PART 11

6 soalan seterusnya adalah berkenaan pengalaman anda di sekolah dan di rumah.
The next 6 questions ask about your experiences at school and at home.

- | | |
|--|--|
| <p>72. Dalam tempoh 30 hari yang lepas, berapa hari anda tidak hadir ke kelas atau sekolah tanpa kebenaran?
<i>During the past 30 days, on how many days did you miss classes or school without permission?</i></p> <ol style="list-style-type: none"> a. 0 hari
<i>0 days</i> b. 1 atau 2 hari
<i>1 or 2 days</i> c. 3 hingga 5 hari
<i>3 to 5 days</i> d. 6 hingga 9 hari
<i>6 to 9 days</i> e. 10 hari atau lebih
<i>10 or more days</i> <p>73. Dalam tempoh 30 hari yang lepas, berapa kerap rakan sekolah anda bersikap baik hati dan suka membantu?
<i>During the past 30 days, how often were most of the students in your school kind and helpful?</i></p> <ol style="list-style-type: none"> a. Tidak pernah
<i>Never</i> b. Jarang-jarang
<i>Rarely</i> c. Kadang-kadang
<i>Sometimes</i> d. Kebanyakan masa
<i>Most of the time</i> e. Sentiasa
<i>Always</i> | <p>74. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda menyemak kerja sekolah anda?
<i>During the past 30 days, how often did your parents or guardians check to see if your homework was done?</i></p> <ol style="list-style-type: none"> a. Tidak pernah
<i>Never</i> b. Jarang-jarang
<i>Rarely</i> c. Kadang-kadang
<i>Sometimes</i> d. Kebanyakan masa
<i>Most of the time</i> e. Sentiasa
<i>Always</i> <p>75. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda cuba memahami masalah dan kebimbangan anda?
<i>During the past 30 days, how often did your parents or guardians understand your problems and worries?</i></p> <ol style="list-style-type: none"> a. Tidak pernah
<i>Never</i> b. Jarang-jarang
<i>Rarely</i> c. Kadang-kadang
<i>Sometimes</i> d. Kebanyakan masa
<i>Most of the time</i> e. Sentiasa
<i>Always</i> |
|--|--|

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76. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda benar-benar tahu apa yang anda lakukan pada masa lapang?

During the past 30 days, how often did your parents or guardians really know what you were doing with your free time?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Sentiasa
Always

77. Dalam tempoh 30 hari yang lepas, berapa kerap ibu bapa atau penjaga anda memeriksa barangan anda tanpa kebenaran?

During the past 30 days, how often did your parents or guardians go through your things without your approval?

- a. Tidak pernah
Never
- b. Jarang-jarang
Rarely
- c. Kadang-kadang
Sometimes
- d. Kebanyakan masa
Most of the time
- e. Sentiasa
Always

APPENDIX 10 : OPERATIONAL DEFINITION OF VARIABLES

Alcohol Consumption

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age first drink alcohol	Q34	Weight	Age started to drink alcohol	1 = "I have never drank alcohol" 2 = "7 years old or younger" 3 = "8 or 9 years old" 4 = "10 or 11 years old" 5 = "12 or 13 years old" 6 = "14 or 15 years old" 7 = "16 years old or older"
Days one drink or more past 30 days	Q35	Weight	Number of days of consuming alcohol in the past 30 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Number of drinks past 30 days	Q36	Weight	Number of alcohol drinks in the past 30 days A drink: a glass of wine, tuak, liling, bahar, ijuk or toddy; a bottle of beer; a small glass of liquor; or a mixed drink. Drinking alcohol does not include drinking a few sips of wine for religious purposes.	1 = "Did not drink in past 30 days" 2 = "Less than one drink" 3 = "1 drink" 4 = "2 drinks" 5 = "3 drinks" 6 = "4 drinks" 7 = "5 or more drinks"
How got drinks past 30 days	Q37	Weight	Ways of accessing alcohol drinks in the past 30 days	1 = "Did not drink in past 30 days" 2 = "I bought in a store" 3 = "I gave someone money to buy" 4 = "I got it from my friends" 5 = "I got it from my family" 6 = "I stole it" 7 = "I got it some other way"

Times drunk during life	Q38	Weight	Frequency of getting drunk during lifetime	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 or more times"
Number of troubles as result of drinking	Q39	Weight	Number of troubles as result of drinking	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 or more times"

Alcohol Consumption among Current Drinkers

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age started to drink alcohol	Q34_new2	Weight	Age started to drink alcohol	RECODE Q34 (1=SYSMIS)(2=1) (3=2) (4=3) (5=4) (6=5) (7=6)(ELSE=SYSMIS) INTO Q34_new2. VARIABLE LABELS Q34_new2 'Age started to drink'. EXECUTE. VALUE LABELS Q34_new2 1 '<7 years' 2 '8 or 9 years' 3 '10 or 11 years' 4 '12 or 13 years' 5 '14 or 15 years' 6 '16 years and above'.

<p>Number of days of consuming alcohol in the past 30 days</p>	<p>Q35_new2</p>	<p>Weight</p>	<p>Number of days of consuming alcohol in the past 30 days</p>	<p>RECODE Q35 (1=SYSMIS)(2=1)(3=2)(4=3)(5=4)(6=5)(7=6)(ELSE=SYSMIS) INTO Q35_new2. VARIABLE LABELS Q35_new2 'Drink at least 1 days for past 30 days'. EXECUTE. VALUE LABELS Q35_new2 1 '1 or 2 days' 2 '3 to 5 days' 3 '6 to 9 days' 4 '10 to 19 days' 5 '20 to 29 days' 6 'all 30 days'.</p>
<p>Number of alcohol drinks in the past 30 days</p>	<p>Q36_new2</p>	<p>Weight</p>	<p>Number of alcohol drinks in the past 30 days</p>	<p>RECODE Q36 (1=SYSMIS)(2=1)(3=2)(4=3)(5=4)(6=5)(7=6)(ELSE=SYSMIS) INTO Q36_new2. VARIABLE LABELS Q36_new2 'Frequency drinks for the past 30 days'. EXECUTE. VALUE LABELS Q36_new2 1 'less than 1 drink' 2 '1 drink' 3 '2 drinks' 4 '3 drinks' 5 '4 drinks' 6 '5 or more drinks'.</p>

Ways of accessing alcohol drinks in the past 30 days	Q37_new2	Weight	Ways of accessing alcohol drinks in the past 30 days	RECODE Q37 (1=SYSMIS)(2=1)(3=2)(4=3)(5=4)(6=5)(7=6)(ELSE=SYSMIS) INTO Q37_new2. VARIABLE LABELS Q37_new2 'Got drinks from friends'. EXECUTE. VALUE LABELS Q37_new2 1 'Store, shop/street vendor' 2 'Gave someone else money' 3 'Friends' 4 'Family' 5 'Stole/got without permission' 6 'Some other way'.
Age first alcohol before 14	QN34	Weight	Age started to drink alcohol before 14 years old among current drinker	1 = "Yes" 2 = "No"
Drank 1+ days past 30 days	QN35	Weight	Drank for more than one days for the past 30 days among current drinker	1 = "Yes" 2 = "No"
Of current drinkers, drank 2+ drinks/day 30 days	QN36	Weight	Among current drinkers who drank for more than 2 days for the past 30 days	1 = "Yes" 2 = "No"
Of current drinkers, got alcohol from friends	QN37	Weight	Among current drinkers who got alcohol from their friends	1 = "Yes" 2 = "No"
1+ times drunk in lifetime	QN38	Weight	More than one times drunk in lifetime among who drink alcohol	1 = "Yes" 2 = "No"
Alcohol trouble 1+ times in lifetime	QN39	Weight	Among who did trouble for more than one times drunk in lifetime	1 = "Yes" 2 = "No"

Dietary Behaviours

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
How tall are you	Q4	Weight	Height without shoes to the nearest cm	
How much do you weigh	Q5	Weight	Weight without shoes to the nearest kg	
How do you describe your weight	Q61	Weight	Perception on own body weight	1 = "Very underweight" 2 = "Slightly underweight" 3 = "About the right weight" 4 = "Slightly overweight" 5 = "Very overweight"
Underweight	qnunwtg	Weight	<-2SD from median for BMI by age and sex	1 = "Yes" 2 = "No"
Overweight	qnowtg	Weight	<-2SD from median for BMI by age and sex	1 = "Yes" 2 = "No"
Obese	qnobeseg	Weight	>+1SD from median for BMI by age and sex	1 = "Yes" 2 = "No"
Went hungry past 30 days	Q6	Weight	Reported hungry because there was not enough food at home	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Went hungry most of time/always past 30 days	QN6	Weight	Reported hungry most of the time or always because there was not enough food at home	1 = "Yes" 2 = "No"

Eat fruit per day past 30 days	Q7	Weight	Frequency of usually consume fruit per day in past 30 days	1 = "Did not eat fruit" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"
Ate fruit 2+ times per day past 30 days	QN7	Weight	Usually ate fruits more than twice per day in past 30 days	1 = "Yes" 2 = "No"
Eat vegetables past 30 days	Q8	Weight	Frequency of usually consume vegetables per day in past 30 days	1 = "Did not eat vegetables" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"
Ate vegetables 3+ times per day past 30 day	QN8	Weight	Usually ate vegetables more than three times per day in past 30 days	1 = "Yes" 2 = "No"
Drink soft drinks past 30 days	Q9	Weight	Frequency per day usually drink carbonated soft drinks such as Coca Cola, Sprite, and Pepsi in the past 30 days	1 = "Did not drink soft drinks" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"

Drank soft drinks 1+ times per day past 30 day	QN9	Weight	Usually consume soft drinks at least once daily in past 30 days	1 = "Yes" 2 = "No"
Drank water per day 30 days	Q63	Weight	Frequency per day usually consume plain water such as mineral water, boiled water, or tap water in the past 30 days	1 = "Did not drink plain water" 2 = "Less than one time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 times per day" 7 = "5 or more times per day"
Ate fast food past 7 days	Q10	Weight	Frequency per day usually consume food from a fast food restaurant, such as McDonalds, KFC, and Pizza Hut in the past 7 days	1 = "0 days" 2 = "1 day" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "4 days" 7 = "6 days" 8 = "7 days"
Ate fast food 3+ days past 7 day	QN10	Weight	Usually consume fast food at least three days in past 7 days	1 = "Yes" 2 = "No"
Ate before 9 AM	Q65	Weight	Number of days eat a meal before 9 a.m in past 7 days (Breakfast)	1 = "0 days" 2 = "1 day" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "4 days" 7 = "6 days" 8 = "7 days"

Drug Use

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age first drugs	Q40	Weight	Age when first used drugs Drug: include heroin, morphine, glue, amphetamine, ecstasy, syabu, ice, ganja (does not include prescribed medicine)	1 = "I have never use drugs" 2 = "7 years old or younger" 3 = "8 or 9 years old" 4 = "10 or 11 years old" 5 = "12 or 13 years old" 6 = "14 or 15 years old" 7 = "16 years old or older"
Used drugs lifetime	Q75	Weight	Frequency of used drugs in lifetime (Ever used drug)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
Used drugs past 30 days	Q76	Weight	Frequency of used drug in the past 30 days (current drug user)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
How got drugs usually	Q77	Weight	Sources of usually getting drugs in the past 30 days	1 = "I did not use drugs" 2 = "I bought them from someone" 3 = "I gave someone money to buy" 4 = "I stole it" 5 = "I got it from my friends" 6 = "I got it from my family" 7 = "I got it some other way"
Times used marijuana lifetime	Q41	Weight	Frequency of used marijuana in lifetime (Ever used marijuana)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"

Times used marijuana past 30 days	Q42	Weight	Frequency of used marijuana in the past 30 days (current marijuana user)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
Times used amphetamines lifetime	Q43	Weight	Frequency of used amphetamines in lifetime (Ever used amphetamines)	1 = "0 times" 2 = "1 or 2 times" 3 = "3 to 9 times" 4 = "10 to 19 times" 5 = "20 or more times"
Age first drugs before 14	QN40	Weight	Age when first tried before age 14	1 = "Yes" 2 = "No"
Marijuana 1+ times in lifetime	QN41	Weight	Used marijuana for more than one times for lifetime	1 = "Yes" 2 = "No"
Marijuana 1+ times p 30 days	QN42	Weight	Used marijuana for more than one times for the past 30 days	1 = "Yes" 2 = "No"
Amphetamines 1+ times lifetime	QN43	Weight	Used amphetamines more than one times for lifetime	1 = "Yes" 2 = "No"

Hygiene (Including Oral Hygiene)

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
How many times per day brush teeth	Q11	Weight	Frequency per day clean or brush teeth in past 30 days	1 = "Did not brush my teeth" 2 = "Less than 1 time per day" 3 = "1 time per day" 4 = "2 times per day" 5 = "3 times per day" 6 = "4 or more times per day"
Cleaned/brushed teeth <1 time/day past 30 days	QN11	Weight	Clean or brush teeth less than 1 time past 30 days	1 = "Yes" 2 = "No"
Tooth ache missed class	Q66	Weight	Tooth ache causing student to miss classes or school in past 12 months	1 = "Yes" 2 = "No"
Used toothpaste with fluoride	Q67	Weight	Use toothpaste that contain fluoride	1 = "Yes" 2 = "No" 3 = "I do not know"
Last seen dentist	Q68	Weight	See a dentist or dental nurse for checkup, teeth cleaning, or other dental treatment	1 = "During the past 12 months" 2 = "Between 12 and 24 months ago" 3 = "More than 24 months ago" 4 = "Never" 5 = "I do not know"
Avoid smiling due to teeth	Q69	Weight	Avoid smiling or laughing because of teeth appearance	1 = "Yes" 2 = "No"
Wash hands before eating past 30 days	Q12	Weight	Wash hands before eating in past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"

Never/rarely wash hands before eating past 30 days	QN 12	Weight	Never/rarely wash hand before eating in past 30 days	1 = "Yes" 2 = "No"
Wash hands after toilet past 30 day	Q13	Weight	Wash hands after using toilet in past 30 day	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Never/rarely wash hands after toilet past 30 days	QN13	Weight	Never/rarely wash hand after using toilet in past 30 days	1 = "Yes" 2 = "No"
Used soap on hands past 30 days	Q14	Weight	Used soap when washing hands in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Never/rarely use soap on hands past 30 days	QN14	Weight	Never/rarely use soap when washing hands in the past 30 days	1 = "Yes" 2 = "No"

Mental Health Problems

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Times felt lonely past 12 mo.	Q22	Weight	Felt lonely in the past 12 months	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Lonely most times/always past 12 months	QN22	Weight	Felt lonely most of the times/always in the past 12 months	1 = "Yes" 2 = "No"
Worry prevented sleep most time/always past 12 mos	Q23	Weight	Worried about something that could not sleep at night in the past 12 months	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Worry prevented sleep most time/always past 12 months	QN23	Weight	Felt worry that prevented sleep most of the time/always for the past 12 months	1 = "Yes" 2 = "No"
Ever considered suicide 12 mos	Q24	Weight	Ever seriously considered attempting suicide in the past 12 months (suicidal ideation)	1 = "Yes" 2 = "No"
Ever make suicide plan 12 mos	Q25	Weight	Ever make a plan about ways to attempt suicide in the past 12 months (suicidal plan)	1 = "Yes" 2 = "No"

Times attempted suicide 12 mos.	Q26	Weight	Times actually attempted suicide in the 12 months (suicide attempt)	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or more times"
1+ times attempt suicide 12 mos.	QN26	Weight	Attempted suicide more than one times in the past 12 months	1 = "Yes" 2 = "No"
Number close friends	Q27	Weight	Number close friends	1 = "0" 2 = "1" 3 = "2" 4 = "3 or more"

Physical Activity

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Days active 60 min plus past 7 days	Q49	Weight	Number of days were physically active for a total of at least 60 minutes per day in the past 7 days Physical activity is any activity that increases the heart rate and makes he/she breath hard. Physical activity can be done in sports, playing with friends, or walking to school. Some examples of physical activity are running, fast walking, biking, dancing, and football.	1 = "0 days" 2 = "1 days" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "5 day" 7 = "6 day" 8 = "7 day"
Walk or bike to school past 7 days	Q50	Weight	Walk or ride a bicycle to or from school in the past 7 days	1 = "0 days" 2 = "1 days" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "5 day" 7 = "6 day" 8 = "7 day"
Time spent sitting on usual day	Q52	Weight	Time usually spend during a typical or usual day sitting and watching television, playing computer games, talking with friends or doing other sitting activities.	1 = "0 days" 2 = "1 days" 3 = "2 days" 4 = "3 days" 5 = "4 days" 6 = "5 or more day"

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Active 60+ mins/day for 5+ of past 7 days	QN49	Weight	Physically active for total of at least 60 minutes in 5 days out of 7 days	1 =" Yes" 2 =" No"
Walk/Bike to/from school 0 of past 7 days	QN50	Weight	Did not walk or ride a bicycle back or from school in the past 7 days	1 =" Yes" 2 =" No"
Sitting activities 3+ hours/day of usual day	QN52	Weight	Spent 3 hours or more in a typical or usual day sitting and watching television, playing computer games, talking with friends or doing other sitting activities	1 =" Yes" 2 =" No"

Protective Factors

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Miss school no permission past 30 days	Q53	Weight	Number of days missed classes or school without permission in the past 30 days (truancy)	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 or more days"
Miss school no permission 1+ of past 30 days	QN53	Weight	Missed classes or school without permission for more than 1 day in the past 30 days	1 = "Yes" 2 = "No"
Others helpful in school past 30 days	Q54	Weight	Frequency other students in school kind and helpful in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Students most/always kind 30 days	QN54	Weight	Students in school kind and helpful most of the time or always in the past 30 days	1 = "Yes" 2 = "No"
Parents check homework past 30 days	Q55	Weight	Frequency parents or guardians ensure completed homework in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Parents most/always check homework	QN55	Weight	Parents or guardians most of the time or always ensure completed homework in the past 30 days	1 = "Yes" 2 = "No"
Parent understand troubles past 30 days	Q56	Weight	Frequency parents or guardians understand their problems and worries in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"

Parents most/always understand problems	QN56	Weight	Parents or guardians most of the time or always understand their problems and worries in the past 30 days	1 = "Yes" 2 = "No"
Parent know what you do past 30 days	Q57	Weight	Frequency parents or guardians really know what they were doing in free time in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Parents most/always know about free time	QN57	Weight	Parents or guardians most of the time or always really know what they were doing in free time in the past 30 days	1 = "Yes" 2 = "No"
Parent go through things past 30 days	Q58	Weight	Frequency parents or guardians went through their things in the past 30 days	1 = "Never" 2 = "Rarely" 3 = "Sometimes" 4 = "Most of the time" 5 = "Always"
Parents never/rarely go thru things	QN58	Weight	Parents or guardians never/rarely went through their things in the past 30 days	1 = "Yes" 2 = "No"

Sexual Behaviours that Contribute to HIV Infection, Other STIs, and Unintended Pregnancy

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Ever had sex	Q44	Weight	Ever had sexual intercourse Sexual intercourse: sexual acts of penetration of penis into vagina or anus	1 = "Yes" 2 = "No"
Age first sexual intercourse	Q45	Weight	Age when had sexual intercourse for the first time	1 = "Never had sex" 2 = "11 years old or younger" 3 = "12 years old" 4 = "13 years old" 5 = "14 years old" 6 = "15 years old" 7 = "16 years old or older"
Age first sexual intercourse before 14	QN45	Weight	Had first time sexual intercourse before the age of 14 years	1 = "Yes" 2 = "No"
How many sex partners	Q46	Weight	Number of people had sexual intercourse with in \their lifetime	1 = "Never had sex" 2 = "11 years old or younger" 3 = "12 years old" 4 = "13 years old" 5 = "14 years old" 6 = "15 years old" 7 = "16 years old or older"
2+ sex partners lifetime	QN46	Weight	Had more than two sex partners in their lifetime among those who ever had sexual intercourse	1 = "Yes" 2 = "No"

Used condom at last intercourse	Q47	Weight	Used condom during last time sexual intercourse	1 = "Never had sex" 2 = "1 person" 3 = "2 people" 4 = "3 people" 5 = "4 people" 6 = "5 people" 7 = "6 or more people"
Used condom at last sex	QN47	Weight	Used condom during last time had sexual intercourse	1 = "Yes" 2 = "No"
Used birth control last intercourse	Q48	Weight	Respondents or their partner used any other method of birth control such as withdrawal, safe time, birth control pills, or any other method to prevent pregnancy during the last sexual intercourse	1 = "Never had sex" 2 = "Yes" 3 = "No"
Used birth control at last sex	QN48	Weight	Use any other methods to prevent pregnancy at the last sexual intercourse	1 = "Yes" 2 = "No"

Tobacco Use

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Age first tried cigarette	Q28	Weight	Age when first tried a cigarette	1 = "I have never smoked cigarettes" 2 = "7 years old or younger" 3 = "8 or 9 years old" 4 = "10 or 11 years old" 5 = "12 or 13 years old" 6 = "14 or 15 years old" 7 = "16 years old or older"
How many days smoked 30 days	Q29	Weight	Number of days smoke cigarettes during past 30 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Other tobacco past 30 days	Q30	Weight	Number of days use tobacco products other than cigarettes such as shisha/hookah, electronic cigarettes, snuff, chewing tobacco, pipes, curut, cigars, cigarillos or bidis during past 30 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Did not use other tobacco products	Q72	Weight	Type of tobacco products other than cigarettes used most often in past 30 days	1 = "Did not smoke tobacco products" 2 = "Shisha/Hookah" 3 = "Electronic cigarettes" 4 = "Snuff or chewing tobacco" 5 = "Pipes" 6 = "Curut, cigars or cigarillos" 7 = "Bidis" 8 = "Some other tobacco product"

Try stop smoking past 12 mo.	Q31	Weight	Tried to stop smoking cigarettes in the past 12 months	1 = "Yes" 2 = "No"
Others present smoking past 7 days	Q32	Weight	Number of days other people smoked in their present in past 7 days	1 = "0 days" 2 = "1 or 2 days" 3 = "3 or 4 days" 4 = "5 or 6 days" 5 = "All 7 days"
Parents who use tobacco	Q33	Weight	Parents or guardians who use any form of tobacco including cigarettes	1 = "Neither" 2 = "My father or male guardian" 3 = "My mother or female guardian" 4 = "Both" 5 = "I do not know"
Won't smoke next 12 months	Q73	Weight	Thinking of smoke a cigarette in the next 12 months	1 = "Definitely not" 2 = "Probably not" 3 = "Maybe yes" 4 = "Definitely yes"
Won't smoke if friend offered	Q74	Weight	Possibility of smoke if best friend offered a cigarette	1 = "Definitely not" 2 = "Probably not" 3 = "Maybe yes" 4 = "Definitely yes"
Age first cigarette before 14	QN28	Weight	Aged below 14 when first tried cigarette, among smokers	1 = "Yes" 2 = "No"
Smoked cigarettes 1+ of past 30 days	QN29	Weight	Smoked a cigarettes more than one times for the past 30 days	1 = "Yes" 2 = "No"
Used other tobacco 1+ of past 30 days	QN30	Weight	Used other tobacco more than one times for the past 30 days	1 = "Yes" 2 = "No"
Others present smoking 1+ of past 7 days	QN32	Weight	Other people smoke in their presence more than one day in the past 7 days	1 = "Yes" 2 = "No"
Won't smoke next 12 months	QN73	Weight	Won't smoke for the next 12 months among who had smoke	1 = "Yes" 2 = "No"

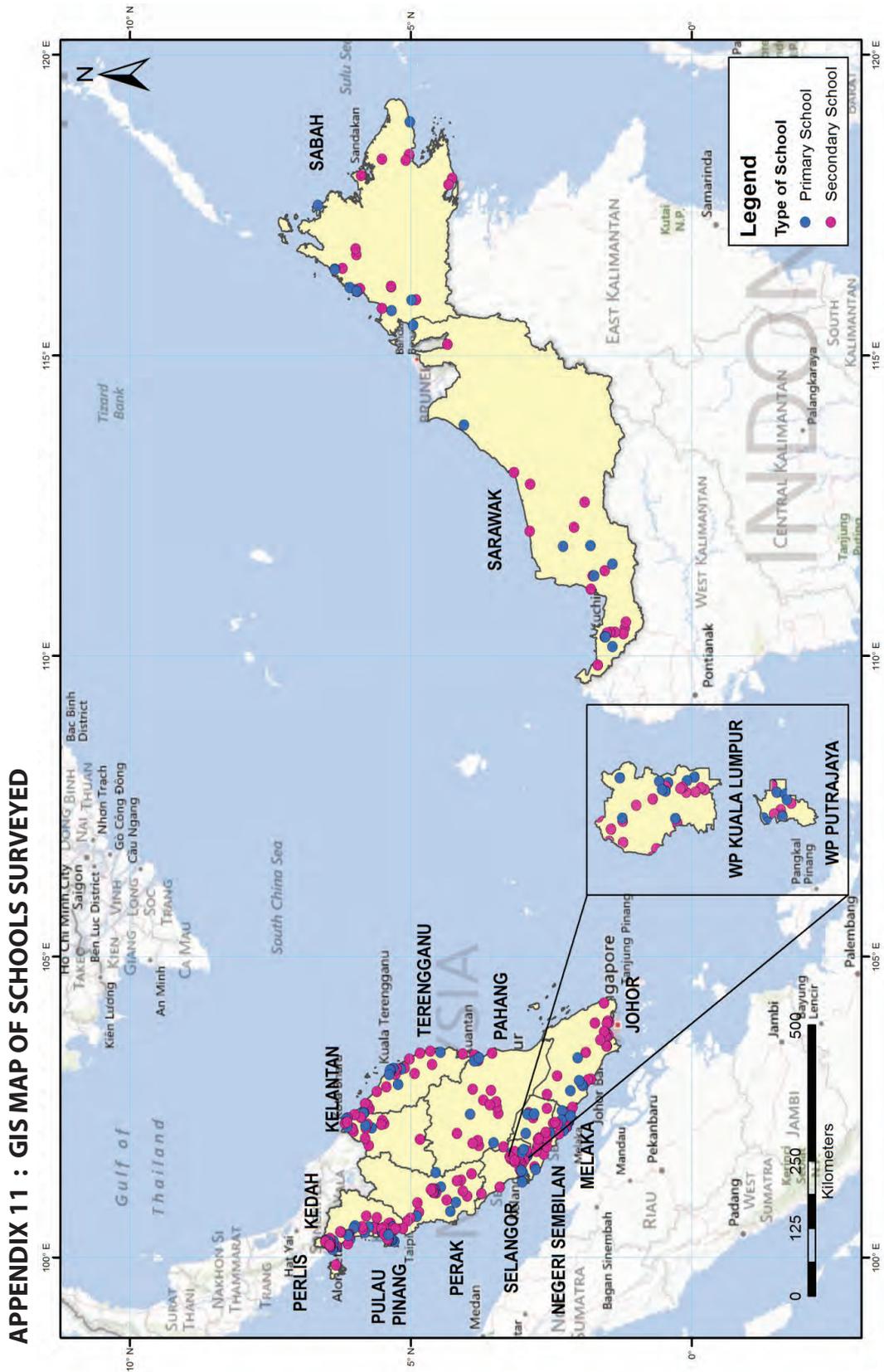
Violence and Unintentional Injury

Variable Name	Variable In SPSS	Weight	Definition	SPSS Variable Definition
Times attacked past 12 mo.	Q15	Weight	Number of times were physically attacked in the past 12 months. Physical attack: when one or more people hit or strike someone, or when one or more people hurt another person with a weapon (such as stick, knife, or gun). It is not a physical attack when two individuals or students of about the same strength or power choose to fight each other.	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
Attacked 1+ times past 12 months	QN15	Weight	Physically attacked at least one time in the past 12 months	1 = "Yes" 2 = "No"
How many times in fight 12 mos	Q16	Weight	Number of times in a physical fight in the past 12 months Physical fight: when two individuals or students of about the same strength or power choose to fight each other	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
In fight 1+ times past 12 months	QN16	Weight	In a physical fight for one time or more in the past 12 months	1 = "Yes" 2 = "No"

How many times injured past 12 months	Q17	Weight	Number of times seriously injured in the past 12 months Serious injury: makes he/she missed at least one full day of usual activities (such as school, sports, or a job) or requires treatment by a doctor or medical personnel	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
Seriously injured 1+ times past 12 months	QN17	Weight	Seriously injured at least once in the past 12 months	1 = "Yes" 2 = "No"
What was serious injury past 12 mo.	Q18	Weight	Type of the most serious injury sustained in the past 12 months.	1 = "Not seriously injured" 2 = "Broken bone/dislocated joint" 3 = "I had a cut or stab wound" 4 = "Concussion/head injury" 5 = "I had a gunshot wound" 6 = "I had a bad burn" 7 = "I was poisoned" 8 = "Something else happened to me"
Broken bone as most serious injury	QN18	Weight	Broken bone as most serious injury	1 = "Yes" 2 = "No"
Cause of injury past 12 mo.	Q19	Weight	Major cause of the most serious injury sustained in the past 12 months.	1 = "Not seriously injured" 2 = "Broken bone/dislocated joint" 3 = "I had a cut or stab wound" 4 = "Concussion/head injury" 5 = "I had a gunshot wound" 6 = "I had a bad burn" 7 = "I was poisoned" 8 = "Something else happened to me"
Motor vehicle caused most serious injury	QN19	Weight	Motor vehicle caused the most serious injury	1 = "Yes" 2 = "No"

How many days bullied past 30 days	Q20	Weight	Number of days bullied in the past 30 days Bullying: a student or group of students say or do bad or unpleasant things to another students. Or when a student is teased a lot in an unpleasant way or when a student is left out of things on purpose. Not considered bully when two students of about the same strength or power argue or fight or when teasing is done in a friendly and fun way	1 = "0 days" 2 = "1 or 2 days" 3 = "3 to 5 days" 4 = "6 to 9 days" 5 = "10 to 19 days" 6 = "20 to 29 days" 7 = "All 30 days"
Bullied 1+ of past 30 days	QN20	Weight	Bullied at least one day in the past 30 days	1 = "Yes" 2 = "No"
How bullied past 30 days	Q21	Weight	Ways of bullied most often in the past 30 days	1 = "Not bullied" 2 = "Kicked, pushed, or shoved" 3 = "Made fun of race" 4 = "Made fun because of religion" 5 = "Made fun of about sex" 6 = "Left out of activities" 7 = "Made fun of about body" 8 = "Some other way"
Of students bullied, most often hit, kicked, etc	QN21	Weight	Bullied most often by hit, kicked, pushed, shoved around, or locked indoor	1 = "Yes" 2 = "No"
Someone hit them hard	Q70	Weight	Frequency someone at home hit them hard until left a mark or caused an injury in the past 12 months Physical abuse: someone hits he/she	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"

Someone hit them hard	QN70	Weight	Someone at home hit them hard until left a mark or caused an injury at least once in the past 12 months	1 = "Yes" 2 = "No"
Say hurtful things at home	Q 71	Weight	Frequency someone at home say hurtful or insulting things to them in the past 12 months	1 = "0 times" 2 = "1 times" 3 = "2 or 3 times" 4 = "4 or 5 times" 5 = "6 or 7 times" 6 = "8 or 9 times" 7 = "10 or 11 times" 8 = "12 or more times"
Say hurtful things at home	QN71	Weight	Someone at home say hurtful or insulting things to them at least once in the past 12 months	1 = "Yes" 2 = "No"





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